

HOBBY LOBBY OUTING – Monday, October 1: Take a look at Walla Walla's brand new Hobby Lobby store at the Walla Walla Towne Center. Bus loads at 9:45 a.m. This is drop off only. Must be able to shop on own. Please sign up on the bulletin board.

ART GALLERY VISIT – Tuesday, October 2: Whitman College's Sheehan Art Gallery has an awesome textile exhibit on right now! Jump on the bus and take a look. Bus leaves at 9:45 a.m. Coffee and donuts provided at the gallery. Please sign up on the bulletin board.

WOMEN TO WESTON – Friday, October 5: Calling all women!! Join us on an outing to Long Branch Café for a delicious lunch. Bus leaves at 10 a.m.; a sign-up sheet can be found on the board in the lobby. Everyone receives \$10 to spend towards lunch. Please bring your own money to supplement.

FLU SHOTS – Tuesday, October 9: Flu shots for Assisted Living and apartment residents will take place in the Auditorium from 10:00 a.m. to Noon. Please bring your insurance card, both medicare and supplemental.

TIE-DYE PARTY – Wednesday, October 17: Come tie-dye a t-shirt for the Oddstock Celebration! Bring your own white t-shirt or we will have t-shirts to purchase, \$3 each. Stop by the Auditorium sometime between 9:30 a.m. and 11:30 a.m. to tie-dye a shirt!!

ODDSTOCK! – Tuesday, October 23: Woodstock meets Oddfellows at our annual Oddstock celebration! Come enjoy some live music and treats outside by the fountain, weather depending. Will take place in Auditorium if too cold or raining. Festivities begin at 1:00 p.m.

COLUMBIA CENTER SHOPPING TRIP – Wednesday, October 24: Get your holiday shopping done early! Join us on a trip to Columbia Center. The bus leaves at 9:45 am. Please sign up on the bulletin board for a seat on the bus.

ART NIGHT – Thursday, October 25: Art Night is at 3:30 p.m. this month in the Auditorium! Come on by for a new art project every month. Materials and snacks provided!

HARVEST PARTY with WHITMAN COLLEGE – Friday, October 26: Come on by the Auditorium for some fun and games with our Adopt-A-Grandparent volunteers from Whitman College. Event runs from 1:30-3:00 p.m. Treats provided!

HAUNTED HALLOWEEN HOUSE and HALLOWEEN PARTY – Wednesday, October 31: Stop by the Auditorium on Friday for some spooktacular fun! The Haunted Auditorium will be open starting at 10:00 a.m. with food and pumpkin carving in the Game Room next door. Staff will parade in costume at noon in the dining room. Come help hand out candy to our little trick or treaters from 3:00 p.m. to 5 p.m. in the main lobby!

October 2018 - TLC Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
(AD)=Auditorium (WC)=Wellness Center (GR)=Game Room (LB)=Library (ACT)=Activity Room (LO)=Lobby	1 9:00 Chair Exercise(AD) 9:30 Trivial Pursuit(AD) 10:00 Sing A Long(AD) 10:00 Balance Class(WC) 10:00 Hobby Lobby-Travel 1:30 Bingo(GR) 1:30 Pinochle(LB) 2:45 Wheel of Fortune(AD)	2 9:00 Chair Exercise(AD) 9:30 Brain Bytes 9:45 Art Gallery Travel 9:45 Bocce 2 on 2 1:00 Movie 1:30 Bocce 2 on 2 2:00 Narcissa Lodge(AD)	3 9:00 Chair Exercise(AD) 9:30 Travel Video 9:45 Bocce 2 on 2 10:00 Bookworm Club (LIB) 1:00 Movie 1:30 Bocce 2 on 2	4 9:00 Chair Exercise(AD) 9:30 Fumble Fingers(AD) 9:45 Bocce 2 on 2 10:00 TV Movie 10:00 Roundtable Readers(LB) 10:00 Balance Class 1:00 Movie 1:30 Bocce 2 on 2	5 Seahawk Friday 9:00 Chair Exercise(AD) 9:15 Men's Coffee 9:30 Board Games 10:00 Women to Weston 1:30 Ice Cream Social Game Room	6 1:30 Bingo 3:00 Hymn Sing A Long Auditorium
7 2:30 Church: Trinity Baptist	8 Columbus Day 9:00 Chair Exercise 9:30 Trivial Pursuit 10:00 Sing A Long 12:00 KFC(GR) 1:30 Bingo 1:30 Pinochle 2:45 Resident Council(GR) 3:15 Wheel of Fortune	9 9:00 Chair Exercise(AD) 9:30 Brain Bytes 9:45 Bocce 2 on 2 Make Ups 10:00 FLU Vaccine Clinic Game Room 3:15 Humane Society Visit(AD) 7:00 Beehive Lodge(AD)	10 9:00 Chair Exercise(AD) 9:30 Travel Video 9:45 Bocce 2 on 2 Make Ups 10:00 Bookworm Club (LIB) 1:00 Movie 1:30 Bocce 2 on 2 Make Ups	11 9:00 Chair Exercise(AD) 9:30 Fumble Fingers(AD) 10:00 Brain Games 10:00 Roundtable Readers 10:00 Balance Class 1:00 Movie 1:30 Shuffleboard	12 Seahawk Friday 9:00 Chair Exercise(AD) 9:30 Cooking Club(ACT) 9:30 Board Games 10:00 Catholic Mass(LB) 1:30 Ice Cream Social Game Room	13 1:30 Bingo 3:00 Hymn Sing A Long Auditorium
14 2:30 Church: WW First Presbyterian	15 9:00 Chair Exercise(AD) 9:30 Trivial Pursuit 10:00 Sing A Long 1:30 Bingo 1:30 Pinochle	16 9:00 Chair Exercise(AD) 9:30 Brain Bytes 9:30 Board Games 1:00 Movie 2:00 Narcissa Lodge(AD)	17 9:00 Tie Dye T-shirt Party Auditorium Walla Walla College Students 1:30 TLC FOOT CLINIC Auditorium	18 9:00 Chair Exercise(AD) 9:30 Fumble Fingers(AD) 10:00 Roundtable Readers 10:00 Balance Class 1:00 Movie 2:30 Craft Activity	19 Seahawk Friday 9:00 Chair Exercise(AD) 9:00 Walmart Shopping 9:30 Cooking Club(ACT) 9:30 Board Games 1:30 Ice Cream Social	20 1:30 Bingo 3:00 Hymn Sing A Long Auditorium
21 2:30 Church: Pioneer Methodist Church	22 9:00 Chair Exercise 9:30 Trivial Pursuit 10:00 Sing A Long 10:00 Balance Class 1:30 Bingo 1:30 Pinochle 2:45 Wheel of Fortune	23 9:00 Chair Exercise(AD) 9:30 Brain Bytes 9:30 Board Games 10:00 Jeopardy 1:00 ODDSTOCK by the Fountain 3:15 Humane Society Visit(AD) 7:00 Beehive Lodge(AD)	24 9:00 Chair Exercise(AD) 9:30 Travel Video 9:30 Food Committee(LB) 9:45 Columbia Center-Travel 10:00 Bookworm Club (LIB) 1:00 Movie Baseball World Series begins On FOX!	25 9:00 Chair Exercise(AD) 9:30 Fumble Fingers(AD) 10:00 Roundtable Readers 10:00 Balance Class 10:00 Brain Games 1:00 Movie 1:30 Shuffleboard 3:30 Art Night	26 Seahawk Friday 9:00 Chair Exercise(AD) 9:30 Cooking Club(ACT) 9:30 Board Games 1:30 Harvest Party with the Adopt of Grandparent Program - Auditorium	27 1:30 Bingo 3:00 Hymn Sing A Long Auditorium
28 2:30 Church: College Place Presbyterian	29 9:00 Chair Exercise(GR) 9:30 Trivial Pursuit 10:00 Sing A Long 10:00 Balance Class 1:30 Pumpkin Bingo Bash 1:30 Pinochle	30 9:00 Chair Exercise(GR) 9:30 Brain Bytes(ACT) 9:30 Board Games 10:00 Jeopardy 1:00 Movie	31 Halloween 9:00 Chair Exercise(GR) 10:00 Pumpkin Party in the Game Room 12:00 Employee Costume Parade 3:00 Hand out Candy in the Main Lobby	Shopping Schedule <u>Albertsons/Safeway</u> <u>K-Mart/Rite Aid</u> <u>Dollar Store</u> 1:00 p.m. Thursday	<u>Activities Subject to Change. Check Reader Board by Dining Room or Reader Board by Activity Room on 2nd Floor.</u>	

WELLNESS Programs at ODD Fellows October 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:00 Chair Exercise(AD) 10:00 Balance Class(WC)	2 9:00 Chair Exercise 1:00 Water Therapy	3 9:00 Chair Exercise 1:00 Water Therapy	4 9:00 Chair Exercise(AD) 9:30 Fumble Fingers(GR) 10:00 Balance Class(WC) 1:00 Water Therapy	5 Seahawk Friday 9:00 Chair Exercise	6 
7	8 9:00 Chair Exercise(AD) 10:00 Balance Class(WC)	9 9:00 Chair Exercise 1:00 Water Therapy	10 9:00 Chair Exercise 1:00 Water Therapy	11 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Balance Class 1:00 Water Therapy	12 Seahawk Friday 9:00 Chair Exercise	13
14	15 9:00 Chair Exercise(AD) 10:00 Balance Class(WC)	16 9:00 Chair Exercise 1:00 Water Therapy	17 1:00 Water Therapy	18 9:00 Chair Exercise(AD) 9:30 Fumble Fingers(AD) 10:00 Balance Class 1:00 Water Therapy	19 Seahawk Friday 9:00 Chair Exercise	20
21	22 9:00 Chair Exercise 10:00 Balance Class(WC)	23 9:00 Chair Exercise 1:00 Water Therapy	24 9:00 Chair Exercise 1:00 Water Therapy	25 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Balance Class 1:00 Water Therapy	26 Seahawk Friday 9:00 Chair Exercise	27
28	29 9:00 Chair Exercise(GR) 10:00 Balance Class(WC)	30 9:00 Chair Exercise(GR) 1:00 Water Therapy	31 Halloween 9:00 Chair Exercise Game Room 1:00 Water Therapy		AD – Auditorium WC – Wellness Center GR – Game Room LO – Front Lobby	

East Care Center

October 2018

Odd Fellows Home

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 News of Day 10:30 Exercise 1:30 Men's Poker 3:00 Make Autumn Leaves Décor for Rooms and Hallway	2 Weather Report 10:30 Exercise 11:00 Resident Council 2:30 Bingo 3:30 Book Club	3 Weather Report 10:30 Fumble Fingers 1:30 Men's Poker 3:00 Cook: Make Vanilla Pumpkin Spice Milkshakes 4:00 Gaither Spiritual Hour	4 Weather Report 10:30 Exercise 11:00 Maple Tree School 2:30 Bingo 3:30 Book Club	5 Morn Coffee Chat 10:30 KARAOKE Party 11:00 Bob Lewis on Piano 1:30 Men's Poker 3:00 Ice Cream & Game Hr	6 SPORTS TV 10:00 Morning Movie 2:00 Visit Hr & Games 3:00 VIOLIN with Basil Vender
7 10:30 Beach Ball with Renn 2:30 Church 2 nd	8 News of Day 10:30 Exercise 1:30 Men's Poker 2:30 Afternoon Movie	9 Weather Report 10:30 Exercise 11:00 Nostalgia Guitars 2:30 Bingo 3:30 Book Club	10 Weather Report 10:30 Fumble Fingers 1:30 Men's Poker 3:00 Natl Geographic Hour 4:00 Gaither Spiritual Hour	11 Weather Report 10:30 Exercise 11:15 Maple Tree School 2:30 Bingo - Diagonals 3:30 Book Club -	12 Morn Coffee Chat 9:30 Crafts: Pumpkin Faces 10:30 Beach Ball w/Bella 11:00 Bob Lewis on Piano 1:30 Men's Poker 3:00 ECC PIZZA PARTY	13 SPORTS TV 10:00 Morning Movie 2:00 Visiting Hour, Games & Crafts
14 10:30 Beach Ball with Renn 2:30 Church 2 nd	15 News of the Day 10:30 Exercise 1:30 Men's Poker 3:00 NATIONAL POETRY DAY: Bring your favorite poems	16 Weather Report 10:30 Exercise 11:00 Jan Williams Sing 2:30 Bingo 3:30 Book Club: NATL DICTIONARY DAY ~~ Look up words	17 10:30 Fumble Finger 9-12:00 Fall Service Day: Tie Dye Shirts – 2nd Floor 1:30 Men's Poker 3:00 Cooking: Choc Wafer Whip Cream Refrig Cake 4:00 Gaither Spiritual Hour	18 Weather Report 10:30 Exercise 11:15 Maple Tree School Children Visit & Sing 2:30 Bingo 3:30 Book Club	19 Morn Coffee Chat 9:30 Crafts: Halloween 10:30 Beach Ball w/Bella 11:00 Bob Lewis on Piano 1:30 Men's Poker 1:30 OFH BirthdayCake-2 nd Fl 3:00 ECC Ice Cream & Games	20 SPORTS TV 10:00 Morning Movie 2:00 Visiting Hour, Games & Crafts
21 10:30 Beach Ball with Renn 2:30 Church	22 News of the Day 10:30 Exercise 1:30 Men's Poker 3:00 Sewing Club: Make Gifts for the Holidays	23 Weather Report 10:30 Exercise 11:00 Nostalgia Guitars 1:00 ODDSTOCK OUTDOOR FESTIVAL: Music, Food, Frivolity	24 News of the Day 10:30 Fumble Fingers 1:30 Men's Poker 3:00 Cooking: Make Pumpkin Spice Quickbread 4:00 Gaither Spiritual Hour	25 Weather Report 10:30 Exercise 11:15 Maple Tree School 2:30 Bingo – Lucky # 3:30 Book Club 6:00 Art Night	26 Morn Coffee Chat 10:00 KARAOKE Party! Sing the "Monster Mash" 11:00 Bob Lewis on Piano 1:30 Men's Poker 3:00 Ice Cream & Game Hour	27 SPORTS TV 10:00 Morning Movie 2:00 Visiting Hour, Games & I-pad avail
28 10:30 Beach Ball with Renn 2:30 Church	29 News of the Day 10:30 Exercise 1:30 Men's Poker 3:00 Make Turkey Decorations for Thanksgiving	30 Weather Report 10:30 Exercise 2:30 Halloween Bingo with Tricks & Treats 3:30 Book Club	31 9:00 Halloween Jokes HALLOWEEN PARTY All Day: ECC & upstairs TLC – 2 nd Flr 12:00 Employee Costume Parade: Dining Room 3:00 Children's Trick or Treat		SPECIAL IN OCTOBER: 17 Tie Dye Shirts – 2nd Flr 23 Oddstock Outdoor Party 26 ECC Halloween Karaoke 31 Halloween Party All Day	

OCTOBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
West Care Center All Activities subject to change daily	1 9:30 Sittercise 10:45 Pastor Terry 1:00 Stitch Nitche 2:00 Exercise! 2:30 Monday Sundaes	2 9:15 Book Nook 10:00 Left-Right- Center 2:00 Exercise! 3:00 Pinochle 4:00 Uno!	3 9:30 Group Trivia 10:30 Nail Salon 2:00 Exercise! 2:30 Halloween Art  3:30 Yarn Work	4 9:30 Go Fish 10:00 Exercise! 2:30 Dominoes <i>3:45 Act. Staff Mtg</i> 3:30 Gaithers Gospel Music	5 9:15 Game Table w/Community Friends 10:00 Bread Baking 2:30 Nostalgic Guitar Men 1:30-3:00 Ice Cream Upstairs 3:30 Word Searches and "World of Color"	6 9:30 Table Projects w/Renn 10:30 Bingo! <u>Afternoon:</u> 3:00 Gospel Sing Along (2 nd fl)
7 10:00 NFL Football 1:25 Seahawk Football!! 1:30 Game Hour 3:00 Fun Fitness	8 9:30 Sittercise 10:45 Pastor Terry 1:00 Stitch Nitche 2:00 Exercise! 2:30 Monday Sundaes	9 9:15 Book Nook 10:00 Left-Right- Center 10:30 Homemade Cookie Baking 2:00 Exercise! 3:00 Pinochle 4:00 Uno!	10 9:30 Group Trivia 10:30 Nail Salon 2:00 Exercise! 2:30 Pizza Social 3:30 Yarn Work	11 9:30 Bunco 10:00 Exercise! 10:30 Indoor Bocce 11:00 Church Service w/Pastor Skip 1:30 Sweet Bingo! 2:30 Dominoes 3:45 Gaithers Gospel Music	12 9:15 Game Table w/Community Friends 10:00 Bread Baking 1:30-3:00 Ice Cream Upstairs 3:30 Word Searches and "World of Color"	13 9:30 Table Projects w/Renn 10:30 Bingo! <u>Afternoon:</u> 3:00 Gospel Sing Along (2 nd fl)
14 10:00 Seahawk Football! 1:30 Game Hour 3:00 Fun Fitness 	15 9:30 Sittercise 10:45 Pastor Terry 2:00 Exercise! 2:30 Monday Sundaes	16 9:15 Book Nook 10:00 Left-Right- Center 11:00 Resident Council Mtg. 2:00 Exercise! 3:00 Pinochle 4:00 Uno!	17 9:30 Fall Service Day w/College Kids! *Tye-Dye! 1:30 Salsa Contest! 2:00 Exercise! 2:30 Halloween Art 3:30 Yarn Work	18 9:30 Go Fish 10:00 Exercise! 10:30 Indoor Bocce 1:30 Sweet Bingo! 2:30 Oktoberfest in WCC!!! 3:45 Gaithers Gospel Music	19 9:15 Game Table w/Community Friends 10:00 Piano w/Bob Lewis 1:30-3:00 Ice Cream Upstairs 3:30 Word Searches and "World of Color"	20 9:30 Table Projects w/Renn 10:30 Bingo! <u>Afternoon:</u> 3:00 Gospel Sing Along (2 nd fl)
21 10:00 NFL Football 1:30 Game Hour 3:00 Fun Fitness 	22 9:30 Sittercise 10:45 Pastor Terry 1:00 Stitch Nitche 2:00 Exercise! 2:30 Monday Sundaes	23 9:15 Book Nook 10:00 Left-Right- Center 10:30 Halloween kitchen Creations 1:00 Oddstock 2:00 Exercise! 3:00 Pinochle 4:00 Uno!	24 9:30 Group Trivia 10:30 Nail Salon 11:30 KFC \$4 Special Luncheon 2:00 Exercise! 2:30 Autumn Desserts 3:30 Yarn Work	25 9:30 Bunco 10:00 Exercise! 10:30 Indoor Bocce 1:30 Sweet Bingo! 2:30 Dominoes 3:45 Gaithers Gospel Music 3:30 p.m. Art Night *Quilling 2 nd fl.	26 9:15 Game Table w/Community Friends 10:00 Piano w/Bob Lewis 1:30 Autumn Ice Cream Social presented by AAG 3:30 Word Searches and "World of Color"	27 9:30 Table Projects w/Renn 10:30 Bingo! <u>Afternoon:</u> 3:00 Gospel Sing Along (2 nd fl)