

PAINT ODD FELLOWS PINK BREAST CANCER FUNDRAISER – Friday, Oct. 6: We are kicking off the month of October with our annual Pink Breast Cancer Fundraiser event. As is tradition, the PINK bake sale will run all day. Grab some delicious goodies in the main lobby from 9:00 am to noon. PINK vendors, musicians, entertainment, and bake sale goodies can be found upstairs in the Auditorium from noon to 6:30 p.m. The Pink event will be in collaboration with the Oktoberfest Family Dinner Night (see details below). All proceeds benefit the Breast Cancer Awareness Foundation. Don't forget to wear your PINK!

OKTOBERFEST FAMILY FUNDRAISER DINNER! – Friday, Oct. 6: INVITE YOUR FAMILY!! In collaboration with the Paint Odd Fellows Pink Event, we will be hosting a free Oktoberfest-themed Dinner for all Odd Fellows residents and their family members. This event will run from 4:30 p.m. to 6:30 p.m. during the Paint Odd Fellows Pink Event. While there is no charge for the dinner, we will be accepting donations to benefit J.U.G.S., a Walla Walla non-profit with the goal to meet the unexpected needs of local cancer patients. Come on over for a fun evening with bratwursts, chili, cornbread, and good entertainment!

DIETARY STAFF APPRECIATION PARTY – Thursday, October 12: Let's celebrate the hard work of our dietary staff with a fun, food-themed party! Everyone is welcome! Stop by the Auditorium starting at 2:00 p.m.

THE GREAT WASHINGTON SHAKE OUT – Thursday, Oct. 19: We will be participating in an earthquake preparedness drill on Oct. 19 at 10:19 a.m. More details to come!

WILDHORSE CASINO – Friday, October 20: Take a trip to the Wildhorse Casino! The bus leaves at 9:45 am. Please sign up on the bulletin board for a seat on the bus. Don't forget to bring a valid identification card and some money to spend!

HALLOWEEN SOCIAL with Whitman College – Friday, October 27: Stop by the Auditorium anytime on Friday for some spooktacular fun! The Halloween Social is being put on by our lovely Whitman students in the Adopt-A-Grandparent Program!

HAUNTED AUDITORIUM – Tuesday, October 31: Dress up and come to the Auditorium at 1:30 for some Halloween fun!



October is Breast Cancer Awareness Month!



Wear your PINK every Wednesday, all month long!

October 2017 - TLC Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 2:30 Church: Trinity Baptist	2 9:00 Chair Exercise 9:30 Travel Video 9:30 Ceramics 9:45 Bocce 2 on 2 10:00 Balance Class 1:30 Bingo 1:30 Pinochle 2:45 Wheel of Fortune	3 9:00 Chair Exercise(AD) 9:30 Movie 9:45 Bocce 2 on 2 1:00 Water Therapy 1:00 Crafts(ACT) 1:30 National Geographic 2:00 Narcissa Lodge (AD) 2:30 Dominoes	4 9:00 Chair Exercise 9:30 Brain Games 10:00 Reminisce 10:00 Bookworm Club 1:00 Water Therapy 1:00 Ceramics (Mud Hut) 1:00 Movie(GR) 1:00 Baking for the Bake Sale!	5 9:00 Chair Exercise 9:30 Fumble Fingers 9:45 Bocce 2 on 2 10:00 Balance Class 1:00 Water Therapy 1:00 Downton Abbey(GR) 1:00 Bible DVD(AD) 1:00 Baking for the Bake Sale!	6 Paint Odd Fellows PINK Friday 9 – 12 Pink Bake Sale-Lobby 1 – 4:30 Vendors (AD) 1:00 Walmart Shopping 1:30 Ice Cream Social (AD) 4:30 – 6:30 Family Dinner Auditorium	7 1:30 Bingo 2:30 Bible Study(LB) 3:00 Hymn Sing-A-Long
8 2:30 Church: Walla Walla First Presbyterian	9 National 9:00 Chair Exercise 9:30 TLC Residents Council 9:30 Ceramics 10:00 Balance Class 12:00 KFC 1:30 Bingo(GR) 1:30 Pinochle 2:45 Wheel of Fortune	10 Healthcare 9:00 Chair Exercise(AD) 9:30 Movie(AD) 9:45 Bocce 2 on 2 1:00 Water Therapy 1:00 Crafts 1:30 National Geographic 2:30 Board Game 3:15 Humane Society Visit 7:00 Beehive Lodge	11 Food Service 9:00 Chair Exercise 9:30 Brain Games 10:00 Reminisce 10:00 Bookworm Club 1:00 Water Therapy 1:00 Ceramics (Mud Hut) 1:00 Movie(GR)	12 Week 9:00 Chair Exercise 9:30 Fumble Fingers 9:45 Bocce 2 on 2 10:00 Balance Class 1:00 Water Therapy 2:00 Healthcare/Food Service Appreciation Party Auditorium	13 Seahawk Friday 8:00 Men's Breakfast 9:00 Chair Exercise 9:30 Baking Club 9:30 Board Games 10:00 Catholic Mass 1:30 Ice Cream Social 3:30 Wellness Center Help	14 1:30 Bingo 2:30 Bible Study(LB) 3:00 Hymn Sing-A-Long
15 2:30 Church: WW Pioneer Methodist	16 9:00 Chair Exercise 9:30 Stamp Camp 9:30 Ceramics 9:30 Wii Jeopardy 10:00 Balance Class 1:30 Bingo 1:30 Pinochle 2:45 Wheel of Fortune	17 9:00 Chair Exercise 9:30 Sing-A-Long 1:00 Water Therapy 1:00 Crafts 1:30 National Geographic 2:00 Narcissa Lodge	18 9:00 Chair Exercise 9:30 Brainstorm 10:00 Wheel of Fortune 10:00 Bookworm Club 1:00 Water Therapy 1:00 Ceramics 1:00 Movie 2:00 Walking Club	19 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Board Games 10:00 Balance Class 10:19 WA Shake Out 1:00 Water Therapy 1:00 Downton Abbey 1:00 Bible DVD	20 Seahawk Friday 9:00 Chair Exercise 9:30 Baking Club 9:45 Wildhorse - Travel 1:30 Ice Cream Social	21 1:30 Bingo 2:30 Bible Study(LB) 3:00 Hymn Sing-A-Long
22 2:30 Church: College Place Presbyterian	23 9:00 Chair Exercise 9:30 Ceramics 9:30 Wii Jeopardy 10:00 Balance Class 1:30 Bingo 1:30 Pinochle 2:45 Wheel of Fortune	24 9:00 Chair Exercise 9:30 Sing-A-Long 1:00 Water Therapy 1:00 Crafts 1:30 National Geographic 3:15 Humane Society Visit 7:00 Beehive Lodge	25 9:00 Chair Exercise 9:30 TV Movie 9:30 Food Committee(LB) 10:00 Bookworm Club 11:00 Lunch Bunch 1:00 Water Therapy 1:00 Ceramics 1:00 Movie	26 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Balance Class 1:00 Water Therapy 1:00 Downton Abbey 1:00 Bible DVD(ACT)	27 Seahawk Friday 9:00 Chair Exercise 9:30 Baking Club 1:30 AAG Ice Cream Party Little Pumpkins and Crafts (AD)	28 1:30 Bingo 2:30 Bible Study(LB) 3:00 Hymn Sing-A-Long
29 2:30 Church: Community Church	30 9:00 Chair Exercise(GR) 9:30 Ceramics 9:30 Wii Jeopardy(ACT) 10:00 Balance Class 1:30 Scary Bingo Bash 1:30 Pinochle 3:00 Wheel of Fortune(ACT)	31 Halloween 9:00 Chair Exercise(GR) 9:30 Sing-A-Long 12:00 Employee Costume Parade 1:00 Water Therapy 1:30 Halloween Party (AD) 3:00 Handout Candy in Lobby	Lunch Bunch to La Casita FLU SHOTS! TBD!	Shopping Schedule <u>Albertsons/Safeway</u> <u>K-Mart/Rite Aid</u> 9:00 a.m.	<u>Activities Subject to Change. Check Reader Board by Dining Room or Reader Board by Activity Room on 2nd Floor.</u>	(AD)=Auditorium (WC)=Wellness Center (GR)=Game Room (LB)=Library (ACT)=Activity Room

WELLNESS Programs at ODD Fellows October 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Mariners 12:07 Seahawks 5:30	2 9:00 Chair Exercise 10:00 Balance Class	3 9:00 Chair Exercise 9:45 Bocce 2 on 2 1:00 Water Therapy	4 9:00 Chair Exercise 1:00 Water Therapy	5 9:00 Chair Exercise 9:30 Fumble Fingers 9:45 Bocce 2 on 2 10:00 Balance Class 1:00 Water Therapy	6 Seahawk Friday Paint Oddfellows Pink Event	7
8 Seahawks 1:05	9 9:00 Chair Exercise 10:00 Balance Class	10 9:00 Chair Exercise 9:45 Bocce 2 on 2 1:00 Water Therapy	11 9:00 Chair Exercise	12 9:00 Chair Exercise 9:30 Fumble Fingers 9:45 Bocce 2 on 2 10:00 Balance Class 1:00 Water Therapy	13 9:00 Chair Exercise 3:30 Wellness Center Help	14
15 Seahawks Bye Week	16 9:00 Chair Exercise 10:00 Balance Class	17 9:00 Chair Exercise 1:00 Water Therapy	18 9:00 Chair Exercise 9:30 Brain Games 1:00 Water Therapy 2:00 Walking Club	19 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Balance Class 1:00 Water Therapy	20 9:00 Chair Exercise	21
22 Seahawks 1:25	23 9:00 Chair Exercise 10:00 Balance Class	24 9:00 Chair Exercise 1:00 Water Therapy	25 9:00 Chair Exercise 1:00 Water Therapy	26 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Balance Class 1:00 Water Therapy	27 9:00 Chair Exercise	28
29 Seahawks 1:05	30 9:00 Chair Exercise(GR) 10:00 Balance Class	31 9:00 Chair Exercise(GR) 1:00 Water Therapy				AD – Auditorium WC – Wellness Center GR – Game Room LB – Library ACT – Activity Room

East Care Center

October 2017

Odd Fellows Home

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>1 10:30 Beach Ball with Mika 11:00 Activities</p>	<p>2 Doggie Day Bella 10:30 Exercise 11:00 Hymns w/Barb 1:30 Men's Poker</p>	<p>3 10:30 Exercise 11:00 Resident Council 2:30 Bingo 3:30 Book Club</p>	<p>4 10:30 Fumble Finger Follies 1:30 Men's Poker 3:00 Baking for Bake Sale 4:00 Gaither Spiritual Hr</p>	<p>5 9:30 Bake for Bake Sale 10:30 Exercise 11:00 Maple Tree School 2:30 Bingo - Diagonals 3:30 Book Club</p>	<p>6 9:00 JUGS Bake Sale-Lobby 11:00 Piano with Bob Lewis 1:30 Paint Oddfellows Pink – Ice Cream, Pie Throw – 2nd Fl 4:30 Oktoberfest Family Night Dinner – 2nd Floor</p>	<p>7 SPORTS TV 10:00 Morn Movie 1:30 Bingo – 2nd Fl 2:00 Activities 1-on-1 3:30 Games w/Mika</p>
<p>8 10:30 Beach Ball with Mika 11:00 Activities 2:30 Church2nd</p>	<p>9 Doggie Day Bella 10:30 Exercise 11:00 Hymns w/Barb 1:30 Men's Poker 3:30 Service Club</p>	<p>10 10:00 Reminisce 10:30 Exercise 11:00 Nostalgia Guitars 2:30 Bingo 3:30 Book Club</p>	<p>11 Current Events 10:30 Fumble Finger Follies 1:30 Men's Poker 3:00 Craft Hour: Autumn Gifts for Preschool Children 4:00 Gaither Spiritual Hour</p>	<p>12 10:30 Exercise 11:15 Maple Tree School 2:00 Food Service Appreciation Day – 2nd Fl 3:30 Book Club</p>	<p>13 Seahawk Friday Shirt 10:00 Beach Ball w/Bella 11:00 Piano with Bob Lewis & Natl Poetry Day -Limericks 1:30 Men's Poker 3:00 Ice Cream & Game Hr</p>	<p>14 SPORTS TV 10:00 Morn Movies 1:30 Bingo – 2nd Fl 2:30 Activities 1-on-1 3:30 Games w/Mika</p>
<p>15 10:30 Beach Ball with Mika 11:00 Activities 2:30 Church 2nd</p>	<p>16 Doggie Day Bella 10:30 Exercise 11:00 Hymns w/ Barb 1:30 Men's Poker 3:30 Garden Club</p>	<p>17 10:30 Exercise 11:00 Jan Williams Sing 2:30 Bingo 3:30 Book Club: Author Bios & Photos</p>	<p>18 Current Events 10:30 Fumble Finger Follies 1:30 Men's Poker 3:00 Craft Hour : Halloween Decorations & Costumes 4:00 Gaither Spiritual Hour</p>	<p>19 10:19 The Great Shake Drill 10:30 Exercise 11:00 Maple Tree School 2:30 Bingo 3:30 Book Club</p>	<p>20 Seahawk Friday 10:00 Price Is Right -Chl 2 11:00 Piano with Bob Lewis & Name That Tune 1:30 Men's Poker 3:00 Ice Cream & Game Hr</p>	<p>21 SPORTS TV 10:00 Morn Movie 1:30 Bingo – 2ndFlr 2:30 Activities 1-on-1 3:30 Games w/ Mika</p>
<p>22 10:30 Beach Ball with Mika 11:00 Activities 2:30 Church</p>	<p>23 Doggie Day Bella 10:30 Exercise 11:00 Hymns w/Barb 1:30 Men's Poker 3:30 Service Club</p>	<p>24 10:00 Reminisce 10:30 Exercise 11:00 Nostalgia Guitars 2:30 Bingo 3:30 Book</p>	<p>25 Current Events 10:30 Fumble Finger Follies 1:30 Men's Poker 3:00 Crafts: Make Thanksgivng Decorations & Cards 4:00 Gaither Spiritual Hour</p>	<p>26 10:30 Exercise Group 11:15 Maple Tree Preschool Children 2:30 Bingo – Lucky # 3:30 Book Club</p>	<p>27 Seahawk Friday 10:00 Bake Pumpkin Cookies 11:00 Piano w/ Bob Lewis 1:30 AAG Ice Cream Outside 1:30 Men's Poker 3:00 Ice Cream & Game Hr</p>	<p>28 SPORTS TV 10:00 Morn Movie 2:30 Activities 1-on-1 3:30 Boards Games w/Mika 1:30 Bingo – 2nd Fl</p>
<p>29 10:30 Beach Ball with Mika 11:00 Activities 2:30 Church-2nd</p>	<p>30 DoggieDayBella 10:30 Exercise 11:00 Hymns w/Barb 1:30 Scary Bingo Bash – 2nd Floor 1:30 Men's Poker</p>	<p>31 HALLOWEEN PARTIES All Day: ECC & 2nd – Refreshments 10:30 Exercise 2:30 BOO Bingo 3:30 Book Club</p>			<p>6 JUGS Bake Sale & Paint Oddfellows Pink Day 6 Family Night Oktoberfest 12 Food Service Appreciation 13 Natl Poetry Day Reading 31 Halloween Party All Day</p>	

 **OCTOBER 2017** 

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <u>All morning:</u> Independent projects 10:00 NFL Football 1:30 Card Game 3:00 Fun fitness w/Mika	2 9:30 Seasonal Crafts 10:45 Pastor Terry 1:00 Sewing Basket w/Glenda 2:00 Exercise 2:30 Monday Sundaes 3:30 Uno!	3 10:30 Indoor Bocce w/Ben 1:00 Arts w/Lucy 2:00 Exercise 2:30 Chase the Ace 3:30 Book Corner	4 10:00 Faith Finders 1:00 Baking for Pink Bake Sale 2:00 Exercise 3:30 Soothing music hour 3:00 Pinochle	5 9:45 Coffee, crumbs and Current Events 10:30 Sweet Bingo w/Amara 11:00 Pastor Skip 2:00 Exercise 2:30 Dominoes 3:30 Trivia & word games	6 9:00 Uno! 10:00 Pampered Nails 2:30 Nostalgic Guitar Music 3:30 Yarn & Chat <i>Paint Oddfellows Pink Event all day</i> Fundraiser Family Dinner 4:30-6:30	7 Western Favorites All morning on AMC! 9:30 Time w/Mika 10:30 BINGO! <u>All Afternoon:</u> TV Favorites And Mail delivery
8 <u>All morning:</u> Independent projects 10:00 NFL Football 1:30 Card Game 3:00 Fun fitness w/Mika	9 9:30 Seasonal Crafts 10:45 Pastor Terry 1:00 Sewing Basket w/Glenda 2:00 Exercise 2:30 Monday Sundaes 3:30 Uno!	10 9:30 Book Nook 10:30 Indoor Bocce w/Ben 1:00 Arts w/Lucy 2:00 Exercise 2:30 Chase the Ace 3:30 Book Corner	11 9:00 Bread Baking 10:00 Faith Finders 1:00 Table games 2:00 Exercise 3:00 Pinochle 3:30 Soothing music hour	12 9:45 Coffee, crumbs and Current Events 10:30 Sweet Bingo w/Amara 2:00 Dietary Appreciation Party 2:00 Exercise 2:30 Dominoes	13 9:30 Harp w/Julianna 10:00 Pampered Nails 2:30 Community Cross Word Puzzle 3:30 Yarn & Chat	14 Western Favorites All morning on AMC! 9:30 Time w/Mika 10:30 BINGO! <u>All Afternoon:</u> TV Favorites And Mail delivery
15 <u>All morning:</u> Independent projects 10:00 NFL Football 1:30 Card Game 3:00 Fun fitness w/Mika	16 9:30 Seasonal Crafts 10:45 Pastor Terry 1:00 Sewing Basket w/Glenda 2:00 Exercise 2:30 Monday Sundaes 3:30 Uno!	17 9:30 Book Nook 10:30 Indoor Bocce w/Ben 11:00 Res. Cnsl. 1:00 Arts w/Lucy 2:00 Exercise 2:30 Chase the Ace 3:30 Book Corner	18 9:00 Bread Baking 10:00 Faith Finders 1:00 Table games 2:00 Exercise 3:00 Pinochle 3:30 Soothing music hour	19 9:45 Coffee & Current Events 10:19 Great Shake Out 10:30 Sweet Bingo w/Amara 2:00 Exercise 2:30 Dominoes 3:30 Trivia & word games	20 9:00 Uno! 10:00 Piano w/Bob 2:30 Community Cross Word Puzzle 3:30 Yarn & Chat	21 Western Favorites All morning on AMC! 9:30 Time w/Mika 10:30 BINGO! <u>All Afternoon:</u> TV Favorites And Mail delivery
22 <u>All morning:</u> Independent projects 10:00 NFL Football 1:30 Card Game 3:00 Fun fitness w/Mika	23 9:30 Seasonal Crafts 10:45 Pastor Terry 1:00 Sewing Basket w/Glenda 2:00 Exercise w/Keith 2:30 Monday Sundaes 3:30 Uno!	24 9:30 Book Nook 10:30 Indoor Bocce w/Ben 1:00 Arts w/Lucy 2:00 Exercise 2:30 Chase the Ace 3:30 Book Corner	25 9:00 Bread Baking 10:00 Faith Finders 10:30 Scary Boo-Bingo! 1:00 Table games 2:00 Exercise 3:00 Pinochle 3:30 Soothing music hour <u>Lunch Bunch:</u> <u>La Casita</u>	26 9:45 Coffee, crumbs and Current Events 10:30 Bingo w/Amara 2:00 Exercise 2:30 Dominoes 3:30 Trivia & word games	27 9:30 Harp w/Julianna 10:00 Piano w/Bob 1:30 Ice cream Social with our College Students! 2 nd floor 3:30 Yarn & Chat	28 Western Favorites All morning on AMC! 9:30 Time w/Mika 10:30 BINGO! <u>All Afternoon:</u> TV Favorites And Mail delivery
29 1:30 Card Game 3:00 Fun fitness w/Mika	30 9:30 Cider Social 10:45 Pastor Terry 1:00 Sewing Club! 2:00 Exercise 2:30 Monday Sundaes & Uno!	31 <i>Halloween</i> 10:00 Halloween Party! 1:30 Arts w/Lucy 2:00 Exercise 2:30 Cards			Odd Fellows Home... WEST CARE CENTER	All Activities subject to change daily