






November 2021 - TLC Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Memory Games</u> <u>10:00 Balance Class (WC)</u> <u>10:00 Drums (AD)</u> <u>10:30 Yarn and Chat</u> <u>1:15 and 2:15 Bingo (GR)</u> <u>1:15 Trivia (AD)</u>	2 Election Day <u>9:00 Chair Exercise (AD)</u> <u>9:30 Dominoes (AD)</u> <u>10:15 Wheel of Fortune (AD)</u> <u>1:00 Kings Corner (GR)</u> <u>1:00 Skip Bo (AD)</u> <u>2:00 Wii Bowling (AD)</u> <u>2:00 Chase the Ace (GR)</u>	3 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Ship, Captain, Crew</u> <u>10:00 Reminisce (AD)</u> <u>10:30 Pinochle (ACT)</u> <u>1:00 Sing Along (AD)</u> <u>2:00 The Chosen (AD)</u> <u>3:00 Drums (AD)</u>	4 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Memory Games</u> <u>10:00 Balance Class (WC)</u> <u>10:00 Current Events (AD)</u> <u>1:00 Yahtzee (ACT)</u> <u>1:00 Kings Corner (AD)</u> <u>1:15 and 2:15 Bingo (GR)</u>	5 <u>9:45 Chase the Ace (AD)</u> <u>10:30 Pinochle (ACT)</u> <u>1:15 Ice Cream (AD)</u> <u>2:30 - 3:30 Happy Hour</u> Game Room	6 
7 Daylight Saving Time 7:30 Meditation Music (AD) <u>A.M. Devotions</u> Room to Room 10:30 Hymn Sing (AD) 1:30 The Message (AD)	8 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Memory Games</u> <u>10:00 Balance Class (WC)</u> <u>10:00 Drums (AD)</u> <u>10:30 Yarn and Chat</u> <u>1:15 and 2:15 Bingo (GR)</u> <u>1:15 Trivia (AD)</u>	9 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Dominoes (AD)</u> <u>10:15 Wheel of Fortune (AD)</u> <u>1:00 Kings Corner (GR)</u> <u>1:00 Skip Bo (AD)</u> <u>2:00 Wii Bowling (AD)</u> <u>2:00 Chase the Ace (GR)</u>	10 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Ship, Captain, Crew</u> <u>10:00 Reminisce (AD)</u> <u>10:30 Pinochle (ACT)</u> <u>1:00 Sing Along (AD)</u> <u>2:00 The Chosen (AD)</u> <u>3:00 Drums (AD)</u>	11 Veterans Day <u>9:00 Chair Exercise (AD)</u> <u>9:30 Memory Games</u> <u>10:00 Balance Class (WC)</u> <u>10:00 Current Events (AD)</u> <u>1:00 Yahtzee (ACT)</u> <u>1:00 Kings Corner (AD)</u> <u>1:15 and 2:15 Bingo (GR)</u>	12 <u>9:45 Chase the Ace (AD)</u> <u>10:30 Pinochle (ACT)</u> <u>1:15 Ice Cream (AD)</u> <u>2:30 - 3:30 Happy Hour</u> Game Room	13 
14 Seahawks at 1:25 7:30 Meditation Music (AD) <u>A.M. Devotions</u> Room to Room 10:30 Hymn Sing (AD) 1:30 The Message (AD)	15 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Memory Games</u> <u>10:00 Balance Class (WC)</u> <u>10:00 Drums (AD)</u> <u>10:30 Yarn and Chat</u> <u>1:15 and 2:15 Bingo (GR)</u> <u>1:15 Trivia (AD)</u>	16 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Dominoes (AD)</u> <u>10:15 Wheel of Fortune (AD)</u> <u>1:00 Kings Corner (GR)</u> <u>1:00 Skip Bo (AD)</u> <u>2:00 Crazy Bunco (AD)</u>	17 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Ship, Captain, Crew</u> <u>10:00 Reminisce (AD)</u> <u>10:30 Pinochle (ACT)</u> <u>1:00 Sing Along (AD)</u> <u>2:00 The Chosen (AD)</u> <u>3:00 Drums (AD)</u>	18 <u>10:00 Balance Class (WC)</u> <u>10:00 Current Events (AD)</u> <u>1:00 Yahtzee (ACT)</u> <u>1:00 Kings Corner (AD)</u>	19 <u>9:45 Chase the Ace (AD)</u> <u>10:30 Pinochle (ACT)</u> <u>1:15 Ice Cream (AD)</u> <u>2:30 - 3:30 Happy Hour</u> Game Room	20 
21 Seahawks at 1:25 7:30 Meditation Music (AD) <u>A.M. Devotions</u> Room to Room 10:30 Hymn Sing (AD) 1:30 The Message (AD)	22 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Memory Games</u> <u>10:00 Balance Class (WC)</u> <u>10:00 Drums (AD)</u> <u>10:30 Yarn and Chat</u> <u>1:15 Trivia (GR)</u> <u>1:30 TURKEY BINGO (AD)</u>	23 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Dominoes (AD)</u> <u>10:15 Wheel of Fortune (AD)</u> <u>1:00 Kings Corner (GR)</u> <u>2:00 Chase the Ace (GR)</u> <u>2:30 Thanksgiving Tea</u> Auditorium	24 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Ship, Captain, Crew</u> <u>10:00 Reminisce (AD)</u> <u>10:30 Pinochle (ACT)</u> <u>1:00 Sing Along (AD)</u> <u>2:00 The Chosen (AD)</u> <u>3:00 Drums (AD)</u>	25 Thanksgiving Day 	26 <u>9:45 Chase the Ace (AD)</u> <u>10:30 Pinochle (ACT)</u> <u>1:15 Ice Cream (AD)</u> <u>2:30 - 3:30 Happy Hour</u> Game Room	27 
28 7:30 Meditation Music (AD) <u>A.M. Devotions</u> Room to Room 10:30 Hymn Sing (AD) 1:30 The Message (AD)	29 Seahawks at 5:15 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Memory Games</u> <u>10:00 Balance Class (WC)</u> <u>10:00 Drums (AD)</u> <u>10:30 Yarn and Chat</u> <u>1:15 and 2:15 Bingo (GR)</u> <u>1:15 Trivia (AD)</u>	30 <u>9:00 Chair Exercise (AD)</u> <u>9:30 Dominoes (AD)</u> <u>10:15 Wheel of Fortune (AD)</u> <u>1:00 Kings Corner (GR)</u> <u>1:00 Skip Bo (AD)</u> <u>2:00 Wii Bowling (AD)</u> <u>2:00 Chase the Ace (GR)</u>	Chair Exercise will be in Game Room the Month of December!		(AD)=Auditorium (WC)=Wellness Center (GR)=Game Room (LB)=Library (AT)=Activity Room (LO)=Lobby (EL)=Elevator (MH)=Mud Hut	Activities Subject to Change. Check Reader Board by Dining Room or Reader Board by Activity Room on 2nd Floor.

November 2021

May You Be Showered with Blessings All month!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>November Birthdays: Tiny Cunnington- Nov 12,2021 Donna McDonnell- Nov 29,2021</p>	1	2	3	4	5	6
	<p>10:30 Creative Group 11:00 Resident Council Meeting 11:30 left/right Dice 2:30 what's the scoop? Ice cream Social 3:00 <u>Movie Cinema</u> 4:00 Natalia's Charting Time</p>	<p>9:30 Skip Bo 10:00 Sit and be fit w/Natalia 11:00 Masked Book Club 1:30 <u>Dining Room Bingo</u> 2:00 Care Conference Meeting for Natalia 4:00 Natalia's charting time</p>	<p>9:30 Making music w/pipes 10:00 Nail Salon 11:30 Chair Yoga 1:30 Triominos 2:30 Poker game 4:00 Natalia's Charting time</p>	<p>10:30 Sit and be fit w/Natalia 11:00 Art/Craft 1:30 <u>Dining Room Bingo</u> 2:00 Care Conference Meeting 3:00 Movie Cinema 4:00 Natalia's charting time</p>	<p>9:30 Bible Study 10:30 Nail salon 11:00 Swat the balloon 1:30 Kings Corner 2:30 What's the scoop? Ice Cream Social 4:00 Natalia Charting time</p>	<p>Morning: Books, Magazines, T.V. Coloring, Puzzles</p> <p>Afternoon: 2:00 Masked Book Club 3:00 Residents choice of game</p>
7	8	9	10	11	12	13
<p>10:00 Art/Crafts w/Nick 11:30 Bingo</p> <p>Afternoon: Books, Magazines, T.V. Coloring, Puzzles, Wordsearch</p>	<p>9:30 Gardening Class 11:00 Skip Bo 1:00 Crafts 2:30 What's the scoop?? Ice Cream Social 3:00 <u>Movie Cinema</u> 4:00 Natalia Charting Time</p>	<p>9:30 Tennis Dart 10:00 Sit and be fit w/Natalia 11:00 "Keep the ball in the middle" 1:30 <u>Dining Room Bingo</u> 2:00 Care Conference Meeting for Natalia 4:00 Natalia Charting Time</p>	<p>9:30 "Uno" card game 10:00 Coffee/Hot Coco time 11:30 Make homemade Ice Cream 1:30 Puzzle Time 2:30 Trivia 4:00 Natalia's Charting Time</p>	<p>9:30 Tennis Dart 10:00 Sit and be fit w/Natalia 1:30 <u>Dining Room Bingo</u> 2:00 Care Conference Meeting for Natalia 4:00 Natalia Charting Time</p>	<p>9:30 Bible Study 10:00 ElderGrow Class 11:00 Chair Yoga 1:30 "Go fish" card game 2:30 What's the scoop? Ice Cream Social 4:00 Natalia Charting time</p>	<p>Morning: Books, Magazines, T.V. Coloring, Puzzles</p> <p>Afternoon: 2:00 "Sorry" game 3:00 Coffee/hot chocolate trivia</p>
14	15	16	17	18	19	20
<p>10:00 Triominos 11:30 Bingo</p> <p>Afternoon: Books, Magazines, T.V. Coloring, Puzzles</p>	<p>10:30 Thanksgiving memories 11:00 Yahtzee 11:30 left/right Dice 2:30 what's the scoop? Ice cream Social 3:00 <u>Movie Cinema</u> 4:00 Natalia's Charting Time</p>	<p>9:30 Feed the squirrels 10:00 Sit and be fit w/Natalia 11:00 Masked Book Club 1:30 <u>Dining Room Bingo</u> 2:00 Care Conference Meeting for Natalia 4:00 Natalia's charting time</p>	<p>9:30 Making music w/pipes 10:00 Nail Salon 11:30 Chair Yoga 1:30 Walla Walla Monopoly 2:30 Poker game 4:00 Natalia's Charting time</p>	<p>9:30 Kick Ball 10:00 Sit and be fit w/Natalia 1:30 <u>Dining Room Bingo</u> 2:00 Care Conference Meeting for Natalia 4:00 Natalia Charting Time</p>	<p>9:30 Bible Study 10:30 Nail salon 11:00 Chair Yoga 1:30 Reminiscing 2:30 What's the scoop? Ice Cream Social 4:00 Natalia Charting time</p>	<p>Morning: Books, Magazines, T.V. Coloring, Puzzles</p> <p>Afternoon: 2:00 Masked Book Club 3:00 Board Game</p>
21	22	23	24	25	26	27
<p>10:00 Help Your Neighbor 11:30 Bingo</p> <p>Afternoon: Books, Magazines, T.V. Coloring, Puzzles</p>	<p>9:30 Triominos 11:00 Turkey Craft 1:00 Bowling 2:30 What's the scoop?? Ice Cream Social 3:00 <u>Movie Cinema</u> 4:00 Natalia Charting Time</p>	<p>9:30 Travel Video 10:00 Sit and be fit w/Natalia 11:00 Jenga 1:30 <u>Dining Room Bingo</u> 2:00 Care Conference Meeting for Natalia 4:00 Natalia's charting time</p>	<p>Independent Activities: Puzzles, Art, TV, Coloring, Wordsearch</p> <p><u>Natalia's Out of Town</u></p>	 <p>Activities Day Off!</p>	<p>10:00 ElderGrow Class 11:00 Triominos 1:00 Connect 4 2:00 What's the scoop? Ice Cream Social 3:00 Resident Trivia <u>Natalia's Out of Town</u></p>	<p>Morning: Books, Magazines, T.V. Coloring, Puzzles</p> <p>Afternoon: 2:00 Art/Crafts 3:00 Board Game</p>
28	29	30				
<p>10:00 "Uno" 11:30 Bingo</p> <p>Afternoon: Books, Magazines, T.V. Coloring, Puzzles</p>	<p>9:30 Gardening Class 11:00 Skip Bo 1:00 Crafts 2:30 What's the scoop?? Ice Cream Social 3:00 <u>Movie Cinema</u> 4:00 Natalia Charting Time</p>	<p>10:00 Sit and be fit w/Natalia 11:00 Masked Book Club 1:30 <u>Dining Room Bingo</u> 2:00 Care Conference Meeting for Natalia 4:00 Natalia's charting time</p>		<p>All Small group programs: limited attendance, masks required & 6-foot Distancing</p>		<p>Activities subject to change daily</p>

November 2021

West care

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Subject to Change Daily	1 9:30 Ship, Captain & Crew 10:00 Cart art 1:00 Painting Canvas 2:30 Monday Sundaes 3:30 GAMES	2 9:30 S. Hall Bingo *Activity Rm 10:15 North/T-Hall Bingo *Activity Rm 11:15 coloring 2:30 Movie and POPCORN 4:00 Charting time	3 9:00 Greetings, News & Cocoa 9:30 Uno! Easy, 10:30 coloring 1:00 Nail Salon 2:15 Virtual Dice w/Sheri 3:30 Bible Readings	4 8:30 staff meeting 9:30 S. Hall Bingo *Activity Rm 10:15 North/T-Hall Bingo *Activity Rm 1:00 funniest videos 2:30 Exercise w/ Patty 3:00 Dominoes	5 9:30 Sing-Along Choir 10:00 UNO 1:00 Cooking Club 2:00 Snack Cart 3:30 Little House on The Prairie	6 9:30 S. Hall Bingo *Activity Rm 10:15 North/T-Hall Bingo *Activity Rm <u>All Afternoon:</u> Books, TV, magazines, puzzles, color-Art, word-searches
	7 <u>All Morning:</u> Books, TV, magazines, puzzles, color-Art, word-searches 1:15 Reminisce 3:15 Afternoon Dice:	8 9:30 Ship, Captain & Crew 10:00 Cart art 1:00 Painting Canvas 2:30 Monday Sundaes 3:30 GAMES	9 9:30 S. Hall Bingo *Activity Rm 10:15 North/T-Hall Bingo *Activity Rm 11:15 coloring 2:30 Movie and POPCORN 4:00 Charting time	10 9:00 Greetings, News & Cocoa 9:30 Uno! Easy, 10:30 coloring 1:00 Nail Salon 2:15 Virtual Dice w/Sheri 3:30 Bible Readings	11 8:30 staff meeting 9:30 S. Hall Bingo *Activity Rm 10:15 North/T-Hall Bingo *Activity Rm 1:00 funniest videos 2:30 Exercise w/ Patty 3:00 Dominoes	12 9:30 Sing-Along Choir 10:00 UNO 1:00 Cooking Club 2:00 Snack Cart 3:30 Little House on The Prairie
14 <u>All Morning:</u> Books, TV, magazines, puzzles, color-Art, word-searches 1:15 Reminisce 3:15 Afternoon Dice:	15 9:30 Ship, Captain & Crew 10:00 Cart art 1:00 Painting Canvas 2:30 Monday Sundaes 3:30 GAMES	16 9:30 S. Hall Bingo *Activity Rm 10:15 North/T-Hall Bingo *Activity Rm 11:15 coloring 2:30 Movie and POPCORN 4:00 Charting time	17 9:00 Greetings, News & Cocoa 9:30 Uno! Easy, 10:30 coloring 1:00 Nail Salon 2:15 Virtual Dice w/Sheri 3:30 Bible Readings	18 8:30 staff meeting 9:30 S. Hall Bingo *Activity Rm 10:15 North/T-Hall Bingo *Activity Rm 1:00 funniest videos 2:30 Exercise w/ Patty 3:00 Dominoes	19 9:30 Sing-Along Choir 10:00 Uno 1:00 Cooking Club 2:00 Snack Cart 3:30 let have some Pumpkin Pie	20 9:30 S. Hall Bingo *Activity Rm 10:15 North/T-Hall Bingo *Activity Rm <u>All Afternoon:</u> Books, TV, magazines, puzzles, color-Art, word-searches
21 <u>All Morning:</u> Books, TV, magazines, puzzles, color-Art, word-searches 1:15 Reminisce 3:15 Afternoon Dice:	22 9:30 Ship, Captain & Crew 10:00 Cart art 1:00 Painting Canvas 2:30 Monday Sundaes 3:30 GAMES	23 Turkey trot Quarter Bingo 9:30 South 10:15 North/T-Hall Bingo 11:15 coloring 2:30 Movie and POPCORN 4:00 Charting time	24 9:00 Greetings, News & Cocoa 9:30 Uno! Easy, 10:30 Birthday bash 1:00 Nail Salon 2:15 Virtual Dice w/Sheri 3:30 Bible Readings	25 	26 9:30 Sing-Along Choir 10:00 UNO 1:00 Cooking Club 2:00 Snack Cart 3:30 Little House on The Prairie	27 9:30 S. Hall Bingo *Activity Rm 10:15 North/T-Hall Bingo *Activity Rm <u>All Afternoon:</u> Books, TV, magazines, puzzles, color-Art, word-searches
28 <u>All Morning:</u> Books, TV, magazines, puzzles, color-Art, word-searches 1:15 Reminisce 3:15 Afternoon Dice:	29 9:30 Ship, Captain & Crew 10:00 Pumpkin Decorating 1:00 Painting Canvas 2:30 Monday Sundaes 3:30 GAMES	30 9:30 S. Hall Bingo *Activity Rm 10:15 North/T-Hall Bingo *Activity Rm 11:15 coloring 2:30 Movie and POPCORN 4:00 Charting time				Subject to Change Daily