

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Apple Juice	Cranberry Juice	Grape Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice
	Cream of Rice	Oatmeal	Cream of Wheat	Malt-O-Meal	Cream of Rice	Oatmeal	Cream of Wheat
	Poached Egg	Fried Egg	Scrambled Egg	Baked Ham	Sausage Link	Poached Egg	Scrambled Egg
	Morning Glory Muffin	Buttered Wheat Bread	Hot Spiced Apples	Scrambled Egg	Strawberries &	Fresh Grapes	Bacon Strips
	Coffee	Chilled Fruit Cocktail	Coffee	Toasted Bagel	Topping	Buttered Wheat	Cinnamon Roll
	2% Milk	Coffee	2% Milk	Coffee	Belgian Waffle	Bread	Coffee
	-----	2% Milk	-----	2% Milk	2% Milk	Coffee	2% Milk
	Oatmeal	-----	Oatmeal	-----	Coffee	2% Milk	-----
	Scrambled Egg	Cream of Wheat		Oatmeal	-----	-----	Oatmeal
				Oatmeal	Cream of Wheat		
				Scrambled Egg	Scrambled Egg		
L U N C H	Polish Sausage	Breaded Pork Chop	Beef Tips in Gravy	Chicken Breast on	Salmon Alfredo	Meatloaf & Gravy	Herb Baked Chicken
	Parslied Potatoes	Brown Gravy	Seasoned Egg	Bun	Broccoli Spears	Mashed Potatoes	Au Gratin Potatoes
	Sauerkraut	Bread Dressing	Noodles	French Fried	Tomato Cucumber	Green Beans Oregano	Peas & Onions
	Gel Lime w/Pears	Parsley Cauliflower	Seasoned Green	Potatoes	Salad	Chilled Pineapple	Chilled Pear Halves
	Creamy	Chilled Applesauce	Peas	Coleslaw	Cherries in Gelatin	Ice Cream Bar	Wheat Dinner Roll
	Pina Colada Cake	Vanilla Pudding	Fruit & Gelatin Cup	Pudding Parfait	2% Milk	Coffee	Orange Pound Cake
	Coffee	w/Topping	Cheesecake	Lettuce Tomato	Coffee	2% Milk	Margarine
	2% Milk	Coffee	Coffee	Pickle Onion	-----	-----	Coffee
	-----	2% Milk	2% Milk	Coffee	Honey Chicken	Ginger Apple Pork	2% Milk
Beef Pot Pie	-----	-----	2% Milk	Seasoned Carrots	Whole Kernel Corn	-----	
Steamed Beets	Turkey Hash	Saucy Fish	-----			Crumb Top Baked	
	Lyonnaise Carrots	Green and Gold	Pepper Steak &			Fish	
		Beans	Gravy			Winter Mix	
			Fluffy Rice			Vegetable Duet	
D I N N E R	Shrimp Creole Over	Corn Chowder	Cheese Baked Potato	Turkey Salad on	Navy Bean & Ham	Turkey Tetrazzini	Pulled Pork on Bun
	Rice	Three Bean Salad	Baked Beans	Wheat	Soup	Marinated Tomato	Confetti Coleslaw
	Sauteed Spinach	Chilled Pineapple	Seasoned Broccoli	Vegetable Soup	Potatoes & Baby	Salad	Apple Crisp
	Banana Half	Garlic Bread	Florets	Chilled Fruit Cocktail	Carrots	Garlic Bread	Coffee
	Cinnamon Sugar	Carrot Cake Frosting	Peach Crisp	Pumpkin Pie	Wheat Dinner Roll	Oatmeal Chocolate	2% Milk
	Donut	Coffee	Coffee	Coffee	Margarine Cup	Chip Cookies	-----
	Coffee	2% Milk	2% Milk	2% Milk	Banana Split Dessert	Coffee	Franks & Beans
	2% Milk	-----	-----	-----	2% Milk	2% Milk	
	-----	Vegetable Lasagna	Grilled Chicken on	Bean Burrito	Coffee	-----	
Pork Roast Sndw on		Bun	Salsa	-----	Cottage Cheese &		
Wheat		Lettuce Tomato	Guacamole	Beef Stew	Fruit		
		Pickle Onion					