

<b>MONDAY</b>	<b>OCT 18</b>	<b>TUESDAY</b>	<b>OCT 19</b>	<b>WEDNESDAY</b>	<b>OCT 20</b>	<b>THURSDAY</b>	<b>OCT 21</b>	<b>FRIDAY</b>	<b>OCT 22</b>	<b>SATURDAY</b>	<b>OCT 23</b>	<b>SUNDAY</b>	<b>OCT 24</b>
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**BREAKFAST**

<b>Apple Oatmeal</b>	<b>Cream of Wheat</b>	<b>Oatmeal</b>	<b>Cream of Wheat</b>	<b>Cinnamon Oatmeal</b>	<b>Cream of Wheat</b>	<b>Oatmeal</b>
<b>Biscuit &amp; Gravy</b>	<b>Egg Omelet</b>	<b>Bacon Strips</b>	<b>Poached Egg</b>	<b>Fried Egg</b>	<b>Poached Egg</b>	<b>Scrambled Egg &amp; Cheese</b>
<b>Dry Wheat Toast</b>	<b>Dry Raisin Toast</b>	<b>Pancakes</b>	<b>Cinnamon Toast</b>	<b>Orange Cranberry Muffin</b>	<b>Sausage Link</b>	<b>Fruit Danish</b>
Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	<b>Dry Wheat Toast</b>	Cream of Wheat
Scrambled Egg	Scrambled Egg	Scrambled Egg	Scrambled Egg	Scrambled Egg	Oatmeal	Poached Egg
Dry White Toast	Dry Wheat Toast	Dry Wheat Toast	Dry Wheat Toast	Dry Wheat Toast	Scrambled Egg	Dry Wheat Toast
					Dry White Toast	

**LUNCH**

<b>Baked Cod w/Garlic Butter</b>	<b>Beef Burgundy</b>	<b>Pesto Turkey</b>	<b>Herbed Pork Loin</b>	<b>Salisbury Steak &amp; Gravy</b>	<b>Cardamom Chicken</b>	<b>Maple Glazed Ham</b>
<b>Fluffy Rice</b>	<b>Garlic Mashed Potatoes</b>	<b>Herb Seasoned Orzo Pasta</b>	<b>Pumpkin Macaroni &amp; Cheese</b>	<b>Mashed Potatoes</b>	<b>Wild Rice Pilaf</b>	<b>Warm Sweet Potato &amp; Apple Salad</b>
<b>Franciscan Vegetable Blend</b>	<b>Parsley Cauliflower</b>	<b>Lemon Asparagus</b>	<b>Seasoned Broccoli Florets</b>	<b>Caribbean Vegetables</b>	<b>Steamed Spinach</b>	<b>Sauteed Mushrooms</b>
<b>Frosted Marble Cake</b>	<b>Wheat Dinner Roll</b>	<b>Breadstick</b>	<b>Maple Spice Cake</b>	<b>Wheat Dinner Roll</b>	<b>Apple Pie</b>	<b>Wheat Dinner Roll</b>
Roast Turkey & Gravy	<b>Black Forest Pudding</b>	<b>Apricot Cobbler</b>	Chicken Strips	<b>Sugar Cookies</b>	Seasoned Pork Cubes & Onion	<b>Cherry Tart w/Topping</b>
Creamed Spinach	Honey Roast Pork Chop	Cheese Crumb Fish	Waffle Fries	Vegetable Lasagna	Honey Glazed Baby Carrots	Rotisserie Chicken
	Broccoli w/Onions & Peppers	Seasoned Green Beans		California Blend Vegetables		Creamed Vegetables

**DINNER**

<b>Carnitas</b>	<b>Clam Chowder</b>	<b>White Chili Bean Soup</b>	<b>Hot Roast Beef on Wheat</b>	<b>Turkey &amp; Dressing Casserole</b>	<b>Saltine Crackers</b>	<b>Beef Goulash Hungarian</b>
<b>Black Beans</b>	<b>Caribbean Vegetable Blend</b>	<b>Chicken Breast on Bun</b>	<b>Mashed Potatoes</b>	<b>Squash Medley</b>	<b>Cheeseburger Chowder</b>	<b>Seasoned Egg Noodles</b>
<b>Corn Cobbette</b>	<b>Cheese Biscuit</b>	<b>Saltine Crackers</b>	<b>Romaine &amp; Onion Salad w/Dressing</b>	<b>Tapioca Pudding</b>	<b>Cauliflower &amp; Red Pepper</b>	<b>Seasoned Beets</b>
<b>Bread Pudding</b>	<b>Peanut Butter Cookies</b>	<b>Lettuce Tomato Pickle Onion</b>	<b>Strawberry Tart w/Topping</b>	Ham Sandwich on Wheat	<b>Wheat Dinner Roll</b>	<b>Rhubarb Pie</b>
Chicken Fruit Salad	Manicotti In Sauce	<b>Pina Colada Cake</b>	Cheesy Rice Casserole	Cabbage & Apple Slaw	<b>Chocolate Chip Cookie</b>	Tuna Salad On Croissant
Carrot Sticks	Zucchini Parmesan	Stuffed Bell Pepper	Seasoned Green Beans	Lettuce Onion	Loaded Turkey Sandwich on Hoagie	Plain Potato Chips
		Steamed Corn			Pea & Cheese Salad	