

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Grape Juice	Orange Juice	Cranberry Juice
	Oatmeal	Cream of Wheat	Malt-O-Meal	Cream of Rice	Oatmeal	Cream of Wheat	Malt-O-Meal
	Scrambled Egg	Fried Egg	Biscuit & Gravy	Scrambled Egg	Fried Egg	Poached Egg	Scrambled Egg &
	Grapefruit Sections	Banana Half	Yogurt & Blueberries	Sausage Link	Banana Half	Peach Yogurt PC	Ham
	Wheat Toast	Wheat Toast	Coffee	Cinnamon Raisin	Croissant	Wheat Toast	Seasonal Fresh Fruit
	Coffee	Coffee	2% Milk	Toast	Coffee	2% Milk	Donut
	2% Milk	2% Milk	-----	Coffee	2% Milk	Coffee	Coffee
	-----	-----	Oatmeal	2% Milk	-----	-----	2% Milk
Cream of Wheat	Oatmeal	Scrambled Egg	-----	Cream of Wheat	Oatmeal	-----	
Hard Boiled Egg	Scrambled Egg		Cream of Wheat	Scrambled Egg	Scrambled Egg	Oatmeal	
			Hard Boiled Egg			Hard Boiled Egg	
L U N C H	Meatloaf	Country Steak &	Beef Pot Roast	Stir Fry Pork	Chicken Fricassee	Baked Fish & Dill	Roast Turkey &
	Baked Potato	Gravy	Homemade	Steamed Rice	Garlic Noodles	Sauce	Gravy
	Creamy Coleslaw	Mashed Potatoes	Oven-Browned	Seasoned Broccoli	Lemon Asparagus	Buttered Red	Mashed Sweet
	Chilled Pears	Seasoned Green	Potatoes	Florets	Chilled Apricots	Potatoes	Potatoes
	Frosted Spice Cake	Beans	Calico Corn	Chilled Peaches	Red Velvet Cake	Baked Winter Squash	Green Bean
	Coffee	Tossed Salad	Cranberry Pineapple	Pistachio Pudding	Coffee	Bananas & Pineapples	Casserole
	2% Milk	w/Dressing	Gelatin	Coffee	2% Milk	Angel Cake	Chilled Applesauce
	-----	Cherry Crisp	Chocolate Chip	2% Milk	-----	w/Strawberries	German Chocolate
	Fish & Newburg	Coffee	Cookies	-----	Beef Burgundy	Coffee	Cake
	Sauce	2% Milk	Coffee	Cabbage Roll	Glazed Carrots	2% Milk	Coffee
Broccoli Normandy	-----	2% Milk	Seasoned Zucchini		-----	2% Milk	
	Rosemary Chicken	-----			Hot Dog on Bun	-----	
	Steamed Corn	Veggie Gratin			Baked Beans	Vegetable Lasagna	
		Frittata				Parsley Cauliflower	
		Stewed Tomatoes					
D I N N E R	Chili with Beans	Chicken Velvet Soup	Chicken Pot Pie	Beef Lasagna	Grilled Cheese Sndw	Hamburger on Bun	Loaded Turkey
	Chilled Fruit Cocktail	Cold Cut Sandwich	Garden Salad	Peas with Fresh Dill	on White	Oven Baked Fries	Sandwich on Hoagie
	Corn Muffin	Chilled Fruit Salad	Mandarin Oranges	Romaine & Onion	Cream of Tomato	Chilled Peaches	Broccoli Cheese
	Lemon Cookies	Toffee Bar	Strawberry Ice	Salad w/Dressing	Soup	Ketchup Packet	Soup
	Coffee	Coffee	Cream	Apple Cobbler	Tossed Salad	Lettuce Tomato	Banana Cream Pie
	2% Milk	2% Milk	Coffee	Coffee	w/Dressing	Onion	Coffee
	-----	-----	2% Milk	2% Milk	Chilled Pears	Tapioca Pudding	2% Milk
	Turkey Sandwich on	Cheesy Rice	-----	-----	Brownie	2% Milk	-----
	Wheat	Casserole	Tuna Salad On	Egg Salad Sndw on	Coffee	Coffee	Beef-a-roni
	Minestrone Soup	Pickled Beets	Croissant	Wheat	2% Milk	-----	Brussels Sprouts
		Cream Asparagus	Fresh Grapes	-----	BLT Sandwich on WW		
		Soup		Italian Deli Wrap	Vegetable Soup		