

MONDAY	OCT 11	TUESDAY	OCT 12	WEDNESDAY	OCT 13	THURSDAY	OCT 14	FRIDAY	OCT 15	SATURDAY	OCT 16	SUNDAY	OCT 17
BREAKFAST													
Maple Sugar Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Cinnamon Oatmeal			
Bacon Strips	Fried Egg	Western Omelet	Pumpkin French Toast	Scrambled Egg & Cheese	Poached Egg	Cinnamon Toast	Dry Wheat Toast	Dry Wheat Toast	Dry Wheat Toast	Fried Egg			
Scrambled Egg	Dry Wheat Toast	Dry Wheat Toast	Oatmeal	Cinnamon Toast	Dry Wheat Toast	Cinnamon Toast	Oatmeal	Dry Wheat Toast	Dry Wheat Toast	Hash Browns			
Dry Raisin Toast	Oatmeal	Cream of Wheat	Scrambled Egg	Cream of Wheat	Scrambled Egg	Cream of Wheat	Scrambled Egg	Cream of Wheat	Scrambled Egg	Cream of Wheat			
Cream of Wheat	Scrambled Egg	Scrambled Egg	Dry Wheat Toast	Dry Wheat Toast	Dry Wheat Toast	Dry Wheat Toast	Dry Wheat Toast	Dry Wheat Toast	Dry Wheat Toast	Scrambled Egg			
Dry Wheat Toast	Dry White Toast	Dry White Toast								Dry Wheat Toast			
LUNCH													
Beef Pot Roast	Parmesan Chicken	Balsamic Salmon	Cranberry Pork Loin	Roasted Greek Chicken	Wiener Schnitzel	Cranberry Sauce							
Chive Mashed Potatoes	Marinara Sauce	Baked Sweet Potato Half	Wild Rice	Fluffy Rice	Mashed Potatoes	Herb Roasted Turkey							
Candied Carrots	Seasoned Egg Noodles	Squash Medley	Garden Blend Vegetables	Zucchini with Oregano	Mixed Field Greens w/Drsg	Sage Bread Dressing							
Peach Crisp	Sicilian Blend Vegetables	Pineapple Upside-down Cake	Wheat Dinner Roll	Lemon Cake	Molasses Cookies	Brussels Sprouts							
Mushroom Quiche	Italian Bread	Chicken Drumsticks	Oatmeal Cookies	Creole Baked Fish	Braised Beef Cubes	Wheat Dinner Roll							
Seasoned Green Peas	Frosted Brownie	Garlic Mashed Potatoes	Chicken Spaghetti	Pepper Medley	Scandinavian Blend Vegetables	Pumpkin Pie							
	Veal Paprika		Parmesan Broccoli			Southwest Veg & Pasta							
	Italian Beets					Seasoned Green Beans							
DINNER													
Supreme Pizza Casserole	Grilled Cheese Sndw on Wheat	Beef & Cider Stew	Beef Brisket	Split Pea Soup Hmd	Chicken Curry	Cheesy Baked Ziti							
Seasoned Zucchini	Saltine Crackers	Winter Blend Vegetables	Harvest Hash	Saltine Crackers	Fluffy Rice	Garden Salad							
Breadstick	Tomato Basil Soup	Wheat Dinner Roll	Parslied Carrots	Ham & Swiss Melt	Steamed Spinach	Garlic Bread							
Choc Caramel Cheesecake	Lettuce & Tomato Salad	Red Velvet Cake	Coconut Cake	California Blend Vegetables	Breadstick	Citrus Gelatin Poke Cake							
Philly Cheese Chicken Sandwich	Key Lime Bar	Popcorn Shrimp	Macaroni & Cheese	Carrot Cake	Banana Bread	Shaker Pork Sandwich							
Green and Gold Beans	Tater Tot Casserole	Carrot Pineapple Salad	Stewed Tomatoes	Shepherd's Pie	Hot Turkey & Swiss	Corn Chowder							
	Seasoned Broccoli Florets	Cornbread		Seasoned Beets	Cream of Celery Soup								