

MONDAY	NOV 08	TUESDAY	NOV 09	WEDNESDAY	NOV 10	THURSDAY	NOV 11	FRIDAY	NOV 12	SATURDAY	NOV 13	SUNDAY	NOV 14
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**BREAKFAST**

<b>Maple Sugar Oatmeal</b>	<b>Cream of Wheat</b>	<b>Oatmeal</b>	<b>Cream of Wheat</b>	<b>Oatmeal</b>	<b>Cream of Wheat</b>	<b>Cinnamon Oatmeal</b>
<b>Bacon Strips</b>	<b>Fried Egg</b>	<b>Western Omelet</b>	<b>Pumpkin French Toast</b>	<b>Scrambled Egg &amp; Cheese</b>	<b>Poached Egg</b>	<b>Fried Egg</b>
<b>Scrambled Egg</b>	<b>Dry Wheat Toast</b>	<b>Dry Wheat Toast</b>	Oatmeal	<b>Cinnamon Toast</b>	<b>Dry Wheat Toast</b>	<b>Hash Browns</b>
<b>Dry Raisin Toast</b>	Oatmeal	Cream of Wheat	Scrambled Egg	Cream of Wheat	Oatmeal	Cream of Wheat
Cream of Wheat	Scrambled Egg	Scrambled Egg	Dry Wheat Toast	Dry Wheat Toast	Scrambled Egg	Scrambled Egg
Dry Wheat Toast	Dry White Toast	Dry White Toast			Dry White Toast	Dry Wheat Toast

**LUNCH**

<b>Beef Pot Roast</b>	<b>Parmesan Chicken</b>	<b>Balsamic Salmon</b>	<b>Cranberry Pork Loin</b>	<b>Roasted Greek Chicken</b>	<b>Wiener Schnitzel</b>	<b>Cranberry Sauce</b>
<b>Chive Mashed Potatoes</b>	<b>Marinara Sauce</b>	<b>Baked Sweet Potato Half</b>	<b>Wild Rice</b>	<b>Fluffy Rice</b>	<b>Mashed Potatoes</b>	<b>Herb Roasted Turkey</b>
<b>Candied Carrots</b>	<b>Seasoned Egg Noodles</b>	<b>Squash Medley</b>	<b>Garden Blend Vegetables</b>	<b>Zucchini with Oregano</b>	<b>Mixed Field Greens w/Drsg</b>	<b>Sage Bread Dressing</b>
<b>Peach Crisp</b>	<b>Sicilian Blend Vegetables</b>	<b>Pineapple Upside-down Cake</b>	<b>Wheat Dinner Roll</b>	<b>Lemon Cake</b>	<b>Molasses Cookies</b>	<b>Brussels Sprouts</b>
Mushroom Quiche	<b>Italian Bread</b>	Chicken Drumsticks	<b>Oatmeal Cookies</b>	Creole Baked Fish	Braised Beef Cubes	<b>Wheat Dinner Roll</b>
Seasoned Green Peas	<b>Frosted Brownie</b>	Garlic Mashed Potatoes	Chicken Spaghetti	Pepper Medley	Scandinavian Blend Vegetables	<b>Pumpkin Pie</b>
	Veal Paprika		Parmesan Broccoli			Southwest Veg & Pasta
	Italian Beets					Seasoned Green Beans

**DINNER**

<b>Supreme Pizza Casserole</b>	<b>Grilled Cheese Sndw on Wheat</b>	<b>Beef &amp; Cider Stew</b>	<b>Beef Brisket</b>	<b>Split Pea Soup Hmd</b>	<b>Chicken Curry</b>	<b>Cheesy Baked Ziti</b>
<b>Seasoned Zucchini</b>	<b>Saltine Crackers</b>	<b>Winter Blend Vegetables</b>	<b>Scalloped Potatoes</b>	<b>Saltine Crackers</b>	<b>Fluffy Rice</b>	<b>Garden Salad</b>
<b>Breadstick</b>	<b>Tomato Basil Soup</b>	<b>Red Velvet Cake</b>	<b>Parslied Carrots</b>	<b>Ham &amp; Swiss Melt</b>	<b>Steamed Spinach</b>	<b>Garlic Bread</b>
<b>Choc Caramel Cheesecake</b>	<b>Lettuce &amp; Tomato Salad</b>	Popcorn Shrimp	<b>Coconut Cake</b>	<b>California Blend Vegetables</b>	<b>Breadstick</b>	<b>Citrus Gelatin Poke Cake</b>
Philly Cheese Chicken Sandwich	<b>Key Lime Bar</b>	Carrot Pineapple Salad	Macaroni & Cheese	<b>Carrot Cake</b>	<b>Banana Bread</b>	Shaker Pork Sandwich
Green and Gold Beans	Tater Tot Casserole	Cornbread	Stewed Tomatoes	Shepherd's Pie	Cream of Celery Soup	Corn Chowder
	Seasoned Broccoli Florets			Seasoned Beets	Italian Deli Wrap	