

MONDAY	NOV 15	TUESDAY	NOV 16	WEDNESDAY	NOV 17	THURSDAY	NOV 18	FRIDAY	NOV 19	SATURDAY	NOV 20	SUNDAY	NOV 21
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BREAKFAST

Apple Oatmeal Biscuit & Gravy Dry Wheat Toast Cream of Wheat Scrambled Egg Dry White Toast	Cream of Wheat Egg Omelet Dry Raisin Toast Oatmeal Scrambled Egg Dry Wheat Toast	Oatmeal Bacon Strips Pancakes Cream of Wheat Scrambled Egg Dry Wheat Toast	Cream of Wheat Poached Egg Cinnamon Toast Oatmeal Scrambled Egg Dry Wheat Toast	Cinnamon Oatmeal Fried Egg Orange Cranberry Muffin Cream of Wheat Scrambled Egg Dry Wheat Toast	Cream of Wheat Poached Egg Sausage Link Dry Wheat Toast Oatmeal Scrambled Egg Dry White Toast	Oatmeal Scrambled Egg & Cheese Fruit Danish Cream of Wheat Poached Egg Dry Wheat Toast
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LUNCH

Baked Cod w/Garlic Butter Fluffy Rice Franciscan Vegetable Blend Frosted Marble Cake Swiss Steak Creamed Spinach	Beef Burgundy Garlic Mashed Potatoes Parsley Cauliflower Black Forest Pudding Honey Roast Pork Chop Broccoli w/Onions & Peppers	Pesto Turkey Herb Seasoned Orzo Pasta Lemon Asparagus Breadstick Apricot Cobbler Cheese Crumb Fish Stir Fry Vegetable Mix	Herbed Pork Loin Pumpkin Macaroni & Cheese Seasoned Broccoli Florets Maple Spice Cake Chicken Strips Waffle Fries	Salisbury Steak & Gravy Mashed Potatoes Caribbean Vegetables Wheat Dinner Roll Sugar Cookies Vegetable Lasagna California Blend Vegetables	Cardamom Chicken Wild Rice Pilaf Steamed Spinach Apple Pie Seasoned Pork Cubes & Onion Honey Glazed Baby Carrots	Maple Glazed Ham Warm Sweet Potato & Apple Salad Sautéed Mushrooms Wheat Dinner Roll Cherry Tart w/Topping Rotisserie Chicken Creamed Vegetables
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DINNER

Carnitas Black Beans Corn Cobbette Bread Pudding Chicken Enchilada Casserole Mixed Vegetables	Clam Chowder Caribbean Vegetable Blend Cheese Biscuit Peanut Butter Cookies Manicotti In Sauce Zucchini Parmesan	White Chili Bean Soup Chicken Breast on Bun Saltine Crackers Lettuce Tomato Pickle Onion Pina Colada Cake Stuffed Bell Pepper Steamed Corn	Hot Roast Beef on Wheat Mashed Potatoes Romaine & Onion Salad w/Dressing Strawberry Tart w/Topping Cheesy Rice Casserole Seasoned Green Beans	Turkey Hash Squash Medley Tapioca Pudding Ham Sandwich on Wheat Tomato Bisque Soup Lettuce Onion	Saltine Crackers Cheeseburger Chowder Cauliflower & Red Pepper Wheat Dinner Roll Chocolate Chip Cookie Loaded Turkey Sandwich on Hoagie Pea & Cheese Salad	Beef Goulash Hungarian Seasoned Egg Noodles Seasoned Beets Rhubarb Pie Tuna Salad On Croissant Plain Potato Chips
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