

<b>MONDAY</b>	<b>NOV 01</b>	<b>TUESDAY</b>	<b>NOV 02</b>	<b>WEDNESDAY</b>	<b>NOV 03</b>	<b>THURSDAY</b>	<b>NOV 04</b>	<b>FRIDAY</b>	<b>NOV 05</b>	<b>SATURDAY</b>	<b>NOV 06</b>	<b>SUNDAY</b>	<b>NOV 07</b>
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**BREAKFAST**

<b>Cream of Wheat</b>	<b>Apple Oatmeal</b>	<b>Cream of Wheat</b>	<b>Oatmeal</b>	<b>Cream of Wheat</b>	<b>Cinnamon Oatmeal</b>	<b>Cream of Wheat</b>
<b>Poached Egg</b>	<b>Egg &amp; Sausage Sandwich</b>	<b>Poached Egg</b>	<b>Ham Omelet</b>	<b>Bacon Strips</b>	<b>Scrambled Egg &amp; Cheese</b>	<b>Fried Egg</b>
<b>Dry Wheat Toast</b>	Cream of Wheat	<b>Cinnamon Toast</b>	<b>Dry Raisin Toast</b>	<b>Pancakes</b>	<b>Cinnamon Roll</b>	<b>Sweet Belgian Waffle</b>
Oatmeal	Scrambled Egg	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal
Scrambled Egg	Dry Wheat Toast	Scrambled Egg	Scrambled Egg	Scrambled Egg	Scrambled Egg	Scrambled Egg
Dry White Toast		Dry Wheat Toast	Dry Wheat Toast	Dry Wheat Toast	Dry Wheat Toast	Dry Wheat Toast

**LUNCH**

<b>Blackened Fish</b>	<b>Garlic &amp; Sage Chicken Thighs</b>	<b>Pork Sweet Potato Stew</b>	<b>New England Beef</b>	<b>Turkey Breast in Apple Cider Sauce</b>	<b>Chicken Marsala</b>	<b>Sweet &amp; Savory Apple Pork</b>
<b>Cheddar Mashed Potatoes</b>	<b>Cider Spiced Pilaf</b>	<b>French Cut Green Beans</b>	<b>Roasted Red Potatoes</b>	<b>Whipped Sweet Potato</b>	<b>Buttered Spaghetti</b>	<b>Au Gratin Potatoes</b>
<b>Succotash</b>	<b>Creamed Spinach</b>	<b>Wheat Dinner Roll</b>	<b>Seasoned Beets</b>	<b>California Blend Vegetables</b>	<b>Zucchini Parmesan</b>	<b>Franciscan Vegetable Blend</b>
<b>Wheat Dinner Roll</b>	<b>Gingerbread &amp; Fruit</b>	<b>Peach Cobbler</b>	<b>Wheat Dinner Roll</b>	<b>Raspberry Brownie</b>	<b>Chocolate Mocha Cake</b>	<b>Frosted Pumpkin Bar</b>
<b>S'mores Pudding</b>	Stuffed Mushrooms	Turkey Cutlet & Gravy	<b>Orange Pineapple Gelatin</b>	<b>Black Bean Enchiladas</b>	Garlic Shrimp	Spinach Lasagna
Picadillo	Parsley Cauliflower	Capri Blend Vegetables	Poached Fish	Peppers & Onions	Creamed Vegetables	Seasoned Broccoli Florets
Squash Medley			Caribbean Vegetable Blend			

**DINNER**

<b>Chicken Salad Croissant</b>	<b>Tuscan Sausage Potato Soup</b>	<b>Manicotti In Sauce</b>	<b>Chicken &amp; Sausage Gumbo</b>	<b>French Dip Sandwich</b>	<b>Carrot &amp; Pumpkin Soup</b>	<b>Chili Colorado</b>
<b>Cream of Broccoli Soup</b>	<b>Cheese Tomato Basil Sandwich</b>	<b>Garden Salad</b>	<b>Fluffy Rice</b>	<b>Hearty Vegetable Soup</b>	<b>Turkey Burger</b>	<b>Corn O'Brien</b>
<b>Saltine Crackers</b>	<b>Saltine Crackers</b>	<b>Garlic Bread</b>	<b>Seasoned Broccoli Cuts</b>	<b>Parslied Carrots</b>	<b>Waffle Fries</b>	<b>Wheat Dinner Roll</b>
<b>Green Bean Salad</b>	<b>Pumpkin Cheesecake</b>	<b>Chocolate Cream Pie</b>	<b>Toffee Bar</b>	<b>Apple Tart</b>	<b>Lettuce Tomato Onion Topping</b>	<b>Golden Harvest Cake</b>
<b>Rice Krispies Treat Bar</b>	Turkey Pot Pie	Chicken Noodle Casserole	Veggie Gratin Frittata	Cali Chicken Caesar Wrap	<b>Fruit Cocktail in Whip Topping</b>	Veggie Wrap
Braised Beef Cubes	Brussels Sprouts	Steamed Corn			Hot Dog on Bun	Carrot Sticks
Steamed Beets					Potato Chips	