

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Grape Juice	Orange Juice	Cranberry Juice
	Oatmeal	Cream of Wheat	Malt-O-Meal	Cream of Rice	Oatmeal	Cream of Wheat	Malt-O-Meal
	Scrambled Egg	Fried Egg	Biscuit & Gravy	Scrambled Egg	Fried Egg	Poached Egg	Scrambled Egg &
	Grapefruit Sections	Banana Half	Yogurt & Blueberries	Sausage Link	Banana Half	Peach Yogurt PC	Ham
	Wheat Toast	Wheat Toast	Coffee	Cinnamon Raisin	Croissant	Wheat Toast	Seasonal Fresh Fruit
	Coffee	Coffee	2% Milk	Toast	Coffee	2% Milk	Donut
	2% Milk	2% Milk	-----	Coffee	2% Milk	Coffee	Coffee
	-----	-----	Oatmeal	2% Milk	-----	-----	2% Milk
Cream of Wheat	Oatmeal	Scrambled Egg	-----	Cream of Wheat	Oatmeal	-----	
Hard Boiled Egg	Scrambled Egg		Cream of Wheat	Scrambled Egg	Scrambled Egg	Oatmeal	
			Hard Boiled Egg				Hard Boiled Egg
L U N C H	Meatloaf	Country Steak &	Salmon Loaf	Stir Fry Pork	Chicken Fricassee	Baked Fish & Dill	Roast Turkey &
	Baked Potato	Gravy	Oven-Browned	Steamed Rice	Garlic Noodles	Sauce	Gravy
	Creamy Coleslaw	Mashed Potatoes	Potatoes	Seasoned Broccoli	Lemon Asparagus	Buttered Red	Mashed Sweet
	Chilled Pears	Seasoned Green	Calico Corn	Florets	Chilled Apricots	Potatoes	Potatoes
	Frosted Spice Cake	Beans	Cranberry Pineapple	Chilled Peaches	Red Velvet Cake	Baked Winter Squash	Green Bean
	Coffee	Tossed Salad	Gelatin	Pistachio Pudding	Coffee	Bananas & Pineapples	Casserole
	2% Milk	w/Dressing	Chocolate Chip	Coffee	2% Milk	Ice Cream Bar	Chilled Applesauce
	-----	Cherry Crisp	Cookies	2% Milk	-----	Coffee	German Chocolate
	Fish & Newburg	Coffee	Tartar Sauce	-----	Beef Burgundy	2% Milk	Cake
	Sauce	2% Milk	Lemon Wedge	Cabbage Roll	Glazed Carrots	-----	Coffee
Broccoli Normandy	-----	Coffee	Seasoned Zucchini		Hot Dog on Bun	2% Milk	
	Rosemary Chicken	2% Milk			Baked Beans	-----	
	Steamed Corn	-----				Vegetable Lasagna	
		Veggie Gratin				Parsley Cauliflower	
		Frittata					
		Stewed Tomatoes					
D I N N E R	Chili with Beans	Chicken Velvet Soup	Chicken Pot Pie	Beef Lasagna	Grilled Cheese Sndw	Hamburger on Bun	Broccoli Cheese
	Chilled Fruit Cocktail	Cold Cut Sandwich	Garden Salad	Peas with Fresh Dill	on White	Oven Baked Fries	Soup
	Corn Muffin	Chilled Fruit Salad	Mandarin Oranges	Romaine & Onion	Cream of Tomato	Chilled Peaches	Ham Salad on
	Lemon Cookies	Toffee Bar	Strawberry Ice	Salad w/Dressing	Soup	Ketchup Packet	Croissant
	Coffee	Coffee	Cream	Garlic Bread	Tossed Salad	Lettuce Tomato	Seasonal Fresh Fruit
	2% Milk	2% Milk	Coffee	Apple Cobbler	w/Dressing	Onion	Banana Cream Pie
	-----	-----	2% Milk	Coffee	Chilled Pears	Tapioca Pudding	Coffee
	Turkey Sandwich on	Cheesy Rice	-----	2% Milk	Brownie	2% Milk	2% Milk
	Wheat	Casserole	Tuna Salad On	-----	Coffee	Coffee	-----
	Minestrone Soup	Pickled Beets	Croissant	Egg Salad Sndw on	2% Milk	-----	Beef-a-roni
		Cream Asparagus	Wheat	-----	BLT Sandwich on WW	Brussels Sprouts	
		Soup	Fresh Grapes	Italian Deli Wrap	Vegetable Soup		