

WA-HI MUSICAL – Wednesday, May 2: Walla Walla High School has invited us to their dress rehearsal of “Bells are Ringing!” If you would like to attend, please sign up at the bulletin board in the main lobby. The bus leaves at 3:30 p.m.

CINCO DE MAYO FAMILY FIESTA NIGHT – Friday, May 4: Bring your family and come eat a delicious FREE dinner, 2nd Floor Auditorium from 4:30-6:30 p.m. Menu includes: Tamales, ceviche, rice, beans, horchata, Agua de Jamaica, and Sangria! There will be live performances by the Chiquillas Ballet, So Dance, Octavio, and Blue Mountain Spanish Sound! **All donations benefit the Blue Mountain Humane Society.**

MOTHER’S DAY TEA PARTY – Wednesday, May 9: Join us in the Auditorium at 9:45 a.m. for a hot cup of tea, goodies, music and poetry in celebration of Mother’s Day.

FISHING TRIP AND PICNIC AT TUCANNON – Wednesday, May 9: Sign up for a trip up to the Tucannon lakes for some fishing, picnicking and good ol’ sunbathing by the lake. The bus leaves at 8 a.m.! Gear and food will be provided. Hoping to catch some fish to eat as well!!

WOMEN TO WESTON – Friday, May 11: This is a women-only brunch outing to Long Branch Café. Space is limited; sign up on the bulletin board for a seat. Bus loads at 10:00 a.m. \$10 provided for each person; must supplement with own money.

MOTHER’S DAY CAR SHOW – Sunday, May 13: For all the amazing mothers and grandmothers at Odd Fellows, this day is for you!! Join us outside by the fountain at 1:30 p.m. for the annual antique car show and some yummy treats! Everyone welcome!

PALLIATIVE CARE FORUM – Wednesday, May 23: Come learn about palliative care and ways of coping with symptoms and stress related to serious illness. This is an educational forum provided by St. Mary’s Medical Center. The forum will start at 1:30 p.m. in the Auditorium.

ART NIGHT! – Thursday, May 31: This will be our third Art/Paint Night of the year! We’ll be creating a seasonal art project with step by step tutorial. More details to come!! Event starts at 6 p.m. in the Auditorium.




Starting May 1! Games at 10:00 & 10:30 a.m. Tuesdays & Thursdays!

WELLNESS Programs at ODD Fellows May 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 8:15 Wii Bowling(GR) 9:00 Chair Exercise(AD) 10:00 Bocce League Play 1:00 Water Therapy 1:15 Walking Club(LO) 3:00 Shuffleboard(GR)	2 9:00 Chair Exercise(AD) 1:00 Water Therapy 1:15 Bocce Free Play	3 8:15 Wii Bowling 9:00 Chair Exercise(AD) 9:30 Fumble Fingers(AD) 10:00 Balance Class(WC) 10:00 Bocce League Play 1:00 Water Therapy 1:15 Game Room Tournaments	4 9:00 Chair Exercise (AD)	5
6	7 9:00 Chair Exercise(AD) 10:00 Balance Class(WC)	8 8:15 Wii Bowling(GR) 9:00 Chair Exercise(AD) 10:00 Bocce League Play 1:00 Water Therapy 1:15 Walking Club(LO)	9 9:00 Chair Exercise(AD) 1:00 Water Therapy 1:15 Bocce Free Play	10 8:15 Wii Bowling 9:00 Chair Exercise(AD) 9:30 Fumble Fingers(AD) 10:00 Balance Class(WC) 10:00 Bocce League Play 1:00 Water Therapy 1:15 Game Room Tournaments	11 9:00 Chair Exercise	12
13	14 9:00 Chair Exercise(AD) 10:00 Balance Class(WC)	15 8:15 Wii Bowling(GR) 9:00 Chair Exercise(AD) 10:00 Bocce League Play 1:00 Water Therapy 1:15 Walking Club(LO) 3:00 Shuffleboard(GR)	16 9:00 Chair Exercise(AD) 1:00 Water Therapy 1:15 Bocce Free Play	17 8:15 Wii Bowling 9:00 Chair Exercise(AD) 9:30 Fumble Fingers(AD) 10:00 Balance Class(WC) 10:00 Bocce League Play 1:00 Water Therapy 1:15 Game Room Tournaments	18 9:00 Chair Exercise	19
20	21 9:00 Chair Exercise(AD) 10:00 Balance Class(WC)	22 8:15 Wii Bowling(GR) 9:00 Chair Exercise(AD) 10:00 Bocce League Play 1:00 Water Therapy 1:15 Walking Club(LO)	23 9:00 Chair Exercise(AD) 1:00 Water Therapy	24 8:15 Wii Bowling 9:00 Chair Exercise(AD) 9:30 Fumble Fingers(AD) 10:00 Balance Class(WC) 10:00 Bocce League Play 1:00 Water Therapy 2:00 Game Room Tournaments	25 9:00 Chair Exercise	26
27	28 Memorial Day	29 8:15 Wii Bowling(GR) 9:00 Chair Exercise(AD) 10:00 Bocce League Play 1:00 Water Therapy 1:15 Walking Club(LO) 3:00 Shuffleboard(GR)	30 9:00 Chair Exercise(AD) 1:00 Water Therapy 1:15 Bocce Free Play	31 8:15 Wii Bowling 9:00 Chair Exercise(AD) 9:30 Fumble Fingers(AD) 10:00 Balance Class(WC) 10:00 Bocce League Play 1:00 Water Therapy 1:15 Game Room Tournaments		AD – Auditorium WC – Wellness Center GR – Game Room

May 2018 - TLC Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Courtyard Hours 10:30 – 12:30 Monday - Friday</p>	<p>Shopping Schedule <u>Albertsons/Safeway</u> <u>K-Mart/Rite Aid</u> 1:00 <u>Thursday</u> <u>Dinner Dash</u> Applebee's</p>	<p>1 8:15 Wii Bowling(GR) 9:00 Chair Exercise(AD) 9:30 Travel Video(AD) 10:00 Bocce League 1:00 Famous People DVD 1:15 Walking Club(LO) 2:00 Narcissa Lodge(AD) 3:00 Shuffleboard(GR)</p>	<p>2 9:00 Chair Exercise 9:30 Memory Games 10:00 Sing A Long 10:00 Book Club(LB) 1:00 Ceramics 1:30 TLC Foot Clinic(AD) 3:30 Wa-Hi Dress Rehearsal Travel</p>	<p>3 8:15 Wii Bowling 9:00 Chair Exercise 9:30 Fumble Fingers(AD) 10:00 Bocce League 10:00 Balance Class(WC) 1:00 Downton Abbey(AD) 1:15 Game Room Tournaments</p>	<p>4 9:00 Chair Exercise(AD) 9:30 Baking Club(ACT) 9:30 Board Game(LB) 1:00 Wal-Mart Shopping 1:30 AAG Outdoor Event 4:30 – 6:30 Family Fiesta Night</p>	<p>5 1:30 Bingo (Game Room) 3:00 Hymn Sing-A-Long Auditorium</p>
<p>6 2:30 Church: Trinity Baptist Auditorium</p>	<p>7 9:00 Chair Exercise(AD) 9:30 Ceramics(MH) 9:30 Ship, Captain, Crew 10:00 Sing A Long 10:00 Balance Class(WC) 1:30 Bingo(GR) 1:30 Pinochle(LB) 2:45 Wheel of Fortune(AD)</p>	<p>8 8:15 Wii Bowling 9:00 Chair Exercise 9:30 Travel Video 10:00 Bocce League 1:00 Famous People DVD 1:15 Walking Club 3:15 Humane Society 7:00 Beehive Lodge</p>	<p>9 8:00 Fishing/Picnic 9:00 Chair Exercise 9:45 Mother's Day Tea(AD) 10:00 Bookworm Club 1:00 Ceramics 1:00 Movie 1:15 Bocce Free Play</p>	<p>10 8:15 Wii Bowling 9:00 Chair Exercise 9:30 Fumble Fingers(AD) 10:00 Bocce League 10:00 Balance Class 1:00 Downton Abbey 1:15 Game Room Tournaments</p>	<p>11 9:00 Chair Exercise 9:30 Board Games 10:00 Women to Weston 10:00 Catholic Mass(LB) 1:30 Ice Cream Social</p>	<p>12 1:30 Bingo (Game Room) 3:00 Hymn Sing-A-Long Auditorium</p>
<p>13 Mother's Day 1:30 Antique Car Show 2:30 Church: <u>Walla Walla</u> <u>Presbyterian</u> Auditorium</p>	<p>14 9:00 Chair Exercise(AD) 9:30 Ceramics(MH) 9:30 Residents Council(AD) 10:00 Sing A Long 10:00 Balance Class(WC) 12:00 KFC 1:30 Bingo(GR) 1:30 Pinochle(LB) 2:45 Wheel of Fortune(Act)</p>	<p>15 8:15 Wii Bowling 9:00 Chair Exercise 9:30 Travel Video 10:00 Bocce League 1:00 Famous People DVD 1:15 Walking Club 2:00 Narcissa Lodge 3:00 Shuffleboard</p>	<p>16 9:00 Chair Exercise 9:30 Memory Game 10:00 Sing A Long 10:00 Wii Family Feud 10:00 Bookworm Club 1:00 Ceramics 1:00 Movie 1:15 Bocce Free Play</p>	<p>17 8:15 Wii Bowling 9:00 Chair Exercise 9:30 Fumble Fingers(AD) 10:00 Bocce League 10:00 Balance Class 1:00 Anne of Green Gables 1:15 Game Room Tournaments</p>	<p>18 9:00 Wal-Mart Shopping 9:00 Chair Exercise 9:30 Baking Club 9:30 Board Games 1:30 Ice Cream Social and Birthday Bash</p>	<p>19 Armed Forces Day 1:30 Bingo (Game Room) 3:00 Hymn Sing-A-Long Auditorium</p>
<p>20 2:30 Church: <u>Pioneer Methodist</u> Auditorium</p>	<p>21 9:00 Chair Exercise 9:30 Stamp Camp (ACT) 9:30 Ceramics 10:00 Sing A Long 10:00 Balance Class 1:30 Bingo 1:30 Pinochle 2:45 Wheel of Fortune</p>	<p>22 8:15 Wii Bowling 9:00 Chair Exercise 9:30 Travel Video 10:00 Bocce League 1:00 Famous People DVD 1:15 Walking Club 3:15 Humane Society 7:00 Beehive Lodge</p>	<p>23 9:00 Chair Exercise 9:30 Memory Game 9:30 Food Committee(LB) 10:00 Bookworm Club 1:00 Ceramics 1:30 Palliative Care Forum Meeting (AD) 3:30 Dinner Dash</p>	<p>24 8:15 Wii Bowling 9:00 Chair Exercise 9:30 Fumble Fingers(AD) 10:00 Bocce League 10:00 Balance Class 1:00 Youth Concert (AD) Pioneer and Lincoln Choirs 2:00 Game Room Tournaments</p>	<p>25 9:00 Chair Exercise 9:30 Board Games 9:30 Baking Club 1:30 Ice Cream Social</p>	<p>26 1:30 Bingo (Game Room) 3:00 Hymn Sing-A-Long Auditorium</p>
<p>27 2:30 Church: <u>College Place</u> <u>Presbyterian</u> Auditorium</p>	<p>28 Memorial Day  1:30 Bingo(GR)</p>	<p>29 8:15 Wii Bowling 9:00 Chair Exercise 9:30 Travel Video 10:00 Bocce Make Up 1:00 Famous People DVD 1:15 Walking Club 3:00 Shuffleboard</p>	<p>30 9:00 Chair Exercise 9:30 Memory Game 10:00 Sing A Long 10:00 Wii Family Feud 10:00 Bookworm Club 1:00 Ceramics 1:00 Movie 1:15 Bocce Free Play</p>	<p>31 8:15 Wii Bowling 9:00 Chair Exercise 9:30 Fumble Fingers(AD) 10:00 Bocce League 10:00 Balance Class 1:00 Anne of Green Gables 1:15 Game Room Tournaments 6:00 Art Night</p>	<p><u>Activities Subject to</u> <u>Change! Check Reader</u> <u>Board by Dining Room and</u> <u>Activity Board by Activity</u> <u>Room on 2nd Floor for</u> <u>Changes and updates!</u></p>	<p>(AD)=Auditorium (WC)=Wellness Center (GR)=Game Room (LB)=Library (ACT)=Activity Room (LO)=Lobby (MH)=Mud Hut</p>

East Care Center

May 2018

Odd Fellows Home

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>STAFF & RESIDENT KARAOKE! Fri 11th</p>		<p>1 Weather Report 10:30 Exercise 11:00 Resident Council: All Residents Welcome 2:30 Bingo 3:30 Book Club</p>	<p>2 Weather Report 9:30 Natl Geographic Hr 10:30 Fumble Fingers 1:30 Men's Poker 3:00 (Cooking Class rescheduled to Fri 10:45)</p>	<p>3 Weather Report 10:30 Exercise 11:15 Maple Tree School Children visit 1:30 Book Club (EARLY) 2:30 Bingo</p>	<p>4 10:15 Julia on HARP 10:45 Cooking: Make Fresh Guacamole & Salsa w/Chips 1:30 Men's Poker 4:30 FAMILY FIESTA – 2nd Fl Dinner, Beverage & Music</p>	<p>5 SPORTS TV 10:00 Morn Movie 1:30 Bingo – 2nd Fl 2:00 Activities 1-on-1 3:00 Board Games & Patio Time</p>
<p>6 10: Ball w/Mika 11:00 Activities 2:30 Church 4:10 Mariners</p>	<p>7 Current Events 10:30 Exercise 1:30 Men's Poker 3:00 Movie: GREASE w/John Travolta 4:00 Visit w/Jazmine</p>	<p>8 Weather Report 10:30 Exercise 11:00 Nostalgia Guitars 2:30 Bingo 3:30 Book Club & 1920's Photographs</p>	<p>9 9:30 Natl Geographic Hr 10:30 Fumble Fingers 1:30 Men's Poker 3:00 ECC Mother's Day Tea Cup Party w/Chocolates 4:00 Gaither Spiritual Hour</p>	<p>10 Weather Report 10:30 Exercise 11:15 Maple Tree School Children Visit 2:30 Bingo - Diagonals 3:30 Book Club</p>	<p>11 9:30 Craft, Weave, Sew 10:15 Julia on Harp 11:00 KARAOKE-Staff & Res 1:30 Men's Poker 3:00 Ice Cream Social and I-pad Game Hour</p>	<p>12 SPORTS TV 10:00 Morn Movie 1:30 Bingo – 2nd Fl 2:00 Activities 1 on 1 3:30 BASIL Vender Plays Violin</p>
<p>13 HAPPY MOTHERS DAY 1:30 Antique Auto Show Front Lawn</p>	<p>14 Current Events 10:30 Exercise 1:30 Men's Poker 3:00 ECC Garden: Plant Geraniums, Petunias, Marigolds</p>	<p>15 Weather Report 10:30 Exercise 11:00 Jan Williams Plays Guitar & Sings 2:30 Bingo 3:30 Book Club</p>	<p>16 9:30 Natl Geographic Hr 10:30 Fumble Fingers 1:30 Men's Poker 2:30 Sewing Club: Make Pillows for New Residents 4:00 Gaither Spiritual Hour</p>	<p>17 Weather Report 10:30 Exercise 11:15 Maple Tree School 2:30 Cook Craft: Make Food Art w/Fruits-Veggies 3:30 Book Club</p>	<p>18 9:30 Craft, Weave, Sew 10:15 Julia on Harp 11:00 Piano with Bob Lewis 1:30 Men's Poker 3:00 ECC Root Beer Floats! 3:00 I-pad & Game Hour</p>	<p>19 SPORTS TV 10:00 Morn Movie 10:30 Bingo – 2nd Fl 2:00 Activities 1 on 1 3:00 Board Games</p>
<p>20 2:30 Church 4:10 Mariners</p>	<p>21 Current Events 10:15 Baseball Trivia 10:30 Exercise 1:30 Men's Poker 3:00 ECC Garden: Patio Party</p>	<p>22 Weather Report 10:30 Exercise 11:00 Nostalgia Guitars 2:30 Bingo 3:30 BookClub Outside (weather permitting)</p>	<p>23 9:30 Natl Geographic Hr 10:30 Fumble Finger Follies 1:30 Men's Poker 2:45 Art Class: Painting Landscape & Flowers 4:00 Gaither Spiritual Hour</p>	<p>24 Weather Report 10:30 Exercise 11:15 Maple Tree School 2:30 Bingo – Lucky # 3:30 Book Club Outside (weather permitting)</p>	<p>25 Weather Report 10:00 Craft, Weave, Sew 11:00 Piano with Bob Lewis 1:30 Men's Poker 3:00 Ice Cream on ECC Patio 3:00 I-pad & Game Hour</p>	<p>26 SPORTS TV 10:00 Morn Movie 1:30 Bingo – 2nd Fl</p>
<p>27 2:30 Church 4:10 Mariners</p>	<p>28 Current Events 10:15 Baseball Trivia 10:30 Exercise 1:30 Men's Poker 3:00 Craft & I-pad Hr 4:00 Visit w/Jazmine</p>	<p>29 Weather Report 10:30 Exercise 11:00 Sing Hymns with Barb on Piano 2:30 Patio Party 3:30 Book Club</p>	<p>30 Natl Geographic Hr 10:30 Fumble Finger Follies 1:30 Men's Poker 3:00 Cooking: Make and Shape White Dinner Mints 4:00 Gaither Spiritual Hour</p>	<p>31 Weather Report 10:30 Exercise 11:15 Maple Tree School 2:30 Bingo 3:30 Book Club 6:00 Art Night – 2nd Fl</p>		<p>OUTSIDE: Garden Club Patio Parties Book Club</p>

**West Care Center
Odd Fellows Home**

May 2018

The world's favorite season is the spring. All things seem possible in May.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	West Care Center	1 9:15 "Front Porch" 10:00 Side-line Bocce 2:00 Fumble Fingers Class 3:00 Pinochle 3:30 Peace & Tranquility Hour -Activity Room	2 9:15 "Front Porch" 10:00 Faith Finders 1:00 BINGO w/Nick 2:00 Exercise 2:30 Game Hour w/Anthony 3:30 Bus Trip to Wa-Hi Theater: "Bells are Ringing"	3 9:15 "Front Porch" 10:00 Music 'n movement 2:30 Dominoes! 4:00 Activity Mtg.	4 9:15 Uno w/ our Community friends 10:30 WCC Cinco De Mayo Fiesta! 1:00 Indoor Bocce w/Jonathon 1:30 Outdoors w/AAG 2:30 Guitar Guys 2:30 Sweet Bingo 4:30 Fiesta Night	5 <u>Mornings w/Mika:</u> 9:30 Patio Chat 10:30 BINGO! <u>Afternoon:</u> Garden strolls with family & friends
6 11:00 Cocoa-Coffee Hour 1:10 Mariner Ball Game <u>Midday w/Mika:</u> 1:30 Card Game 3:00 Fun Fitness	7 9:15 "Front Porch" 10:00 Book Nook 10:45 Pastor Terry 1:00 Stitch Nitch 2:00 Exercise 2:30 Monday Sundaes 3:00 Patio Party w/Lucy	8 9:15 "Front Porch" 10:00 Side-line Bocce 1:00 Art w/Lucy 2:00 Fumble Fingers Class 2:30 Tram Rides 3:00 Pinochle 3:30 Peace & Tranquility Hour -Activity Room 4:07 Mariners	9 9:15 "Front Porch" 10:00 Faith Finders 1:00 <i>Quarter</i> BINGO w/Nick! 2:00 Exercise 2:30 Game Hour w/Anthony 4:07 Mariners	10 9:15 "Front Porch" 10:00 Music 'n movement 11:00 Pastor Skip 2:30 Mother's Day Social 4:07 Mariners	11 9:15 Uno w/ our Community friends 10:00 <i>Ladies to Weston</i> luncheon 1:30 Indoor Bocce Fun w/Jonathon 2:30 Sweet Bingo, Hats 'n Strawberry Lemonade 3:30 Matinee 4:10 Mariners	12 <u>Mornings w/Mika:</u> 9:30 Patio Chat 10:30 BINGO! 1:10 Mariner Ball Game <u>Afternoon:</u> Garden strolls with family & friends
13 10:10 Mariner Ball Game 11:00 Cocoa-Coffee Hour 1:15 Car Show outdoors 3:00 Fun Fitness	14 9:15 "Front Porch" 10:00 Book Nook 10:45 Pastor Terry 1:00 Stitch Nitch 2:00 Exercise 2:30 Monday Sundaes 4:10 Mariner Ball Game	15 9:15 "Front Porch" 10:00 Side-line Bocce 11:00 Res. Cnsl. 1:00 knitting 101 2:00 Fumble Fingers Class 2:30 Tram Rides 3:00 Pinochle 3:30 Peace & Tranquility Hour -Activity Room	16 9:15 "Front Porch" 10:00 Faith Finders <u>Noon:</u> KFC Luncheon 12:40 Mariner Ball Game 1:15 Bingo 2:00 Exercise 2:30 Game Hour w/Anthony	17 9:15 "Front Porch" 10:00 Music 'n movement 2:30 Dominoes! 3:30 <i>Bridge The Gap</i> w/ College Place High School	18 9:15 Uno w/ our Community friends 10:00 Piano w/Bob Lewis 1:00 Nail Salon 3:30 Matinee	19 <u>All Morning:</u> Westerns on AMC-ch.60 <u>Afternoon:</u> Garden strolls with family & friends
20 11:00 Cocoa-Coffee Hour 1:10 Mariner Ball Game <u>Afternoon:</u> Garden strolls with family & friends	21 9:15 "Front Porch" 10:00 Book Nook 10:45 Pastor Terry 1:00 Stitch Nitch 2:00 Exercise 2:30 Monday Sundaes	22 9:15 "Front Porch" 10:00 Side-line Bocce 1:00 knitting 101 2:00 Fumble Fingers Class 2:30 Tram Rides 3:00 Pinochle 3:30 Peace & Tranquility Hour -Activity Room	23 9:15 "Front Porch" 10:00 Faith Finders 1:15 Bingo 2:00 Exercise 2:30 Game Hour w/Anthony	24 9:15 "Front Porch" 10:00 Music 'n movement 12:35 Mariner Ball Game 2:30 Dominoes! 3:30 Youth Piano Concert	25 9:15 Uno w/ our Community friends 10:00 Piano w/Bob Lewis 1:00 Nail Salon 3:30 Matinee	26 <u>All Morning:</u> Westerns on AMC-ch.60 <u>Afternoon:</u> Garden strolls with family & friends
27 11:00 Cocoa-Coffee Hour 1:10 Mariner Ball Game	28 Memorial Day 1:10 Mariner Ball Game 2:00 Exercise	29 9:15 "Front Porch" 10:00 Bocce 2:00 Exercise 2:30 Tram Rides 3:00 Pinochle	30 9:15 "Front Porch" 10:00 FaithFinders 1:15 Bingo 2:00 Exercise 2:30 Game Hour	31 9:15 "Front Porch" 10:00 Music 'n movement 2:30 Dominoes!	All Activities subject to change daily.	