

Shuffleboard, Billiards & Wii Bowling Tournament: Sign up by March 2 on the bulletin board in the main lobby to compete in this year's shuffleboard (in pairs), billiards (individual), and/or Wii Bowling (individual).

Clothing Sale – Thursday, March 1: Come shop for that new outfit! The clothing sale will be set up in the Auditorium from 9:00 a.m. to 2:00 pm.

Kathy Sullivan Concert – Friday, March 2: Kathy Sullivan is back to sing some classics on her guitar. Join us in the Auditorium at 10 a.m. for a great musical performance!

St. Patrick's Day Party – Friday, March 16: It's time for a wee bit o' partying! Come listen to the jigs of a local Irish Pub Band and enjoy beer and treats! Party starts at 1:30 in the Auditorium.

Andy's Market Shopping Trip – Tuesday, March 20: Come join the shopping trip to Andy's Market for fresh produce and local products! The bus leaves at 2:00 p.m. Sign up on the board for a seat on the bus!

Family Paint and Pie Night! – Tuesday, March 20: Invite your family members and friends for a step-by-step painting class. Enjoy a slice or two of pie and a drink while you paint! No cost! Event starts at 6:00 p.m. in the Auditorium. Please RSVP to Mariah at 509-526-6826 by March 19.

Wildhorse Casino Trip – Wednesday, March 21: Take a trip to the Wildhorse Casino! The bus leaves at 10:30 am. Please sign up on the bulletin board for a seat on the bus. Don't forget to bring a valid identification card and some money to spend!

Maintenance, Bus Driver, & Social Worker Appreciation Party! – Wed. March 28: Let's celebrate our hard working maintenance team, bus drivers and social workers by throwing them a special thank-you party! Join in the fun and food, 2:00 p.m. in the Auditorium.

Good Friday Service – Friday, March 30: A Good Friday Service will be held at 1:00 p.m. in the Auditorium.

Egg Dyeing Party – Friday, March 30: Let's color some eggs for Easter! Join us at 1:30 p.m. on Good Friday in the Game Room. Treats available as well!





March 2018 - TLC Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Activities Subject to Change. Check Reader Board by Dining Room and Activity Board by Activity Room on 2nd Floor for Changes and updates!</u>	(AD)=Auditorium (WC)=Wellness Center (GR)=Game Room (LB)=Library (ACT)=Activity Room (LO)=Lobby (MH)=Mud Hut	Shopping Schedule <u>Albertsons/Safeway</u> <u>K-Mart/Rite Aid</u> 1:00 Thursday Lunch Bunch The Modern	Courtyard Hours 10:30 – 12:30 Monday - Friday	1 9:00 CLOTHING SALE (AD) 9:30 Fumble Fingers(GR) 10:00 Balance Class(WC) 1:00 Downton Abby(GR)	2 9:00 Chair Exercise(AD) 9:15 Men's Coffee 9:30 Baking Club 9:30 Board Game(LB) 10:00 Kathy Sullivan Concert Auditorium 1:00 Wal-Mart Shopping 1:30 Ice Cream Social(GR) 5:00 Zumba	3 1:30 Bingo (Game Room) 3:00 Hymn Sing-A-Long Auditorium
4 2:30 Church: Trinity Baptist Church Auditorium	5 9:00 Chair Exercise(AD) 9:30 Ceramics(MH) 9:30 Wii Jeopardy(AD) 10:00 Dominoes(AD) 10:00 Balance Class(WC) 1:30 Bingo(GR) 1:30 Pinochle(LB) 2:30 Wheel of Fortune(AD) 5:00 Zumba(AD)	6 9:00 Chair Exercise 9:30 Ship, Captain, Crew 10:00 Sing A Long 10:30 Wheel of Fortune 1:00 Crafts(ACT) 1:30 Famous People DVD 2:00 Narcissa Lodge(AD)	7 9:00 Chair Exercise 9:30 Memory Game 10:00 Sing A Long 10:30 Wii Family Feud 1:00 Ceramics 5:00 Zumba	8 9:00 Chair Exercise 9:30 Fumble Fingers 9:30 Wii Bowling Singles Tournament 10:00 Balance Class 12:30 Wii Bowling, Shuffleboard and Billiards Tournament 1:00 Downton Abby(ACT)	9 9:00 Chair Exercise 9:30 Board Games 9:30 Wii Bowling 10:00 Catholic Mass(LB) 1:30 Ice Cream Social 5:00 Zumba	10 1:30 Bingo (Game Room) 3:00 Hymn Sing-A-Long Auditorium
11 Daylight Savings Time Begins (Spring Ahead) 2:30 Church: WW First Presbyterian	12 9:00 Chair Exercise 9:30 Residents Council(AD) 9:30 Ceramics 10:00 Dominoes 10:00 Balance Class 12:00 KFC 1:30 Bingo 1:30 Pinochle 2:30 Wheel of Fortune 5:00 Zumba	13 9:00 Chair Exercise 9:30 Ship, Captain, Crew 10:00 Sing A Long 10:30 Wheel of Fortune 1:00 Crafts 1:30 Famous People DVD 3:15 Humane Society 7:00 Beehive Lodge	14 9:00 Chair Exercise 9:30 Memory Game 10:00 Sing A Long 10:00 Bookworm Club 10:30 Wii Family Feud 1:00 Ceramics 1:00 Wii Bowling, Shuffleboard and Billiards Tournaments 5:00 Zumba	15 9:00 Chair Exercise 9:30 Fumble Fingers(AD) 10:00 Balance Class 1:00 Downton Abby 3:00 TLC Neighbor Social All Floors Welcome Auditorium March Madness NCAA Basketball Games Begin!	16 9:00 Chair Exercise 9:30 Baking Club 9:30 Board Games 1:30 St. Patrick's Party Wear your Green! Auditorium 5:00 Zumba	17 Saint Patrick's Day 1:30 Bingo (Game Room) 3:00 Hymn Sing-A-Long Auditorium
18 2:30 Church: Pioneer Methodist	19 9:00 Chair Exercise 9:30 Ceramics 9:30 Stamp Camp(ACT) 10:00 Balance Class 10:00 Brain Games 1:30 Bingo 1:30 Pinochle 2:30 Wheel of Fortune 5:00 Zumba	20 Spring Begins 9:00 Chair Exercise 9:30 Ship, Captain, Crew 10:00 Sing A Long 1:30 Famous People DVD 2:00 Narcissa Lodge 2:00 Andy's Market Celebrate Spring 6:00 Paint and Pie Family Night!	21 9:00 Chair Exercise 9:30 Memory 9:45 Movie 10:30 Wildhorse-Travel 1:00 TV Movie (AD) 1:00 Ceramics 5:00 Zumba	22 9:00 Chair Exercise 9:30 Fumble Fingers 9:30 Wii Bowling Tournament 10:00 Balance Class 12:30 Wii Bowling, Shuffleboard and Billiards Tournament 1:00 Downton Abby(ACT)	23 9:00 Chair Exercise 9:30 Board Games 9:30 Baking Club 9:30 Wii Bowling Lunch Bunch 1:30 Ice Cream Social and Birthday Bash Party 5:00 Zumba	24 1:30 Bingo (Game Room) 3:00 Hymn Sing-A-Long Auditorium
25 Palm Sunday 2:30 Church: C.P. Presbyterian	26 9:00 Chair Exercise 9:30 Ceramics 9:30 Wii Jeopardy 10:00 Balance Class 10:00 Brain Games 1:30 Bingo 1:30 Pinochle 2:30 Wheel of Fortune 5:00 Zumba	27 9:00 Chair Exercise 9:30 Ship, Captain, Crew 10:00 Sing A Long 10:30 Travel Video 1:00 Crafts 1:30 Famous People DVD 3:15 Humane Society 7:00 Beehive Lodge	28 9:00 Chair Exercise 9:30 Memory Game 9:30 Food Committee(LB) 10:00 Sing A Long 10:00 Bookworm Club 1:00 Ceramics 2:00 Staff Appreciation Party	29 9:00 Chair Exercise 9:30 Fumble Fingers 9:30 Eye Glass Clinic(ACT) 9:30 Wii Bowling 10:00 Balance Class 12:30 Wii Bowling, Shuffleboard and Billiards Tournament 1:00 Downton Abby(ACT)	30 Good Friday 9:00 Chair Exercise 9:30 Board Games 9:30 Baking Club 9:30 Wii Bowling 1:00 Good Friday Service Auditorium 1:30 Egg Decorating and Ice Cream	31 :30 Bingo (Game Room) 3:00 Hymn Sing-A-Long Auditorium

WELLNESS Programs at ODD Fellows March 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	AD – Auditorium WC – Wellness Center GR – Game Room			1 9:30 Fumble Fingers(GR) 10:00 Balance Class(WC) 1:00 Water Therapy	2 9:00 Chair Exercise (AD) 5:00 Zumba	3
4	5 9:00 Chair Exercise(AD) 10:00 Balance Class(WC) 5:00 Zumba(AD)	6 9:00 Chair Exercise(AD) 1:00 Water Therapy	7 9:00 Chair Exercise(AD) 1:00 Water Therapy 5:00 Zumba (AD)	8 9:00 Chair Exercise 9:30 Fumble Fingers 9:30/12:30 Wii Bowling, Shuffleboard and Billiards Tournament 10:00 Balance Class 1:00 Water Therapy	9 9:00 Chair Exercise 9:30 Wii Bowling 5:00 Zumba	10
11 Daylight Savings Time (Spring Ahead)	12 9:00 Chair Exercise(AD) 10:00 Balance Class(WC) 5:00 Zumba(AD)	13 9:00 Chair Exercise(AD) 1:00 Water Therapy	14 9:00 Chair Exercise(AD) 1:00 Water Therapy 1:15 Wii Bowling, Shuffleboard and Billiards Tournaments 5:00 Zumba (AD)	15 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Balance Class 1:00 Water Therapy March Madness Begins! NCAA Basketball!	16 9:00 Chair Exercise 5:00 Zumba	17
18	19 9:00 Chair Exercise(AD) 10:00 Balance Class(WC) 5:00 Zumba(AD)	20 9:00 Chair Exercise(AD) 1:00 Water Therapy	21 9:00 Chair Exercise(AD) 1:00 Water Therapy 5:00 Zumba (AD)	22 9:00 Chair Exercise 9:30 Fumble Fingers 9:30/12:30 Wii Bowling, Shuffleboard and Billiards Tournament 10:00 Balance Class 1:00 Water Therapy	23 9:00 Chair Exercise 9:30 Wii Bowling 5:00 Zumba	24
25 Palm Sunday	26 9:00 Chair Exercise(AD) 10:00 Balance Class(WC) 5:00 Zumba(AD)	27 9:00 Chair Exercise(AD) 1:00 Water Therapy	28 9:00 Chair Exercise(AD) 1:00 Water Therapy 5:00 Zumba (AD)	29 9:00 Chair Exercise 9:30 Fumble Fingers 9:30/12:30 Wii Bowling, Shuffleboard and Billiards Tournament 10:00 Balance Class 1:00 Water Therapy	30 Good Friday 9:00 Chair Exercise 9:30 Wii Bowling 5:00 Zumba	31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Cook Irish: Potato Pancakes & Reuben Cheese Dip</p>	<p>* Irish Parties all day on the 16th</p>	<p>ECC St. Patrick's Day Party 3/17 Chris, Jim & Friends – Singing Irish Live!</p>		<p>1 Weather Report 9:00-2:00 CLOTHING SALE 10:30 Exercise 11:15 Maple Tree School Children visit 2:30 Bingo</p>	<p>2 Current Events 10:00 Kathy Sullivan – 2nd Fl 10:15 Julia on Harp 11:00 Piano w/ Bob Lewis & Men's Poker 3:15 I-Pad, Games, Ice Cream</p>	<p>3 SPORTS TV 10:00 Morn Movie 1:30 Bingo – 2nd Fl 2:00 Activities 1-on-1 3:00 Board Games</p>
<p>4 10:30 Beach Ball /Mika 11:00 Activities 2:30 Church – 2nd Floor</p>	<p>5 Current Events Doggie Daze - Bella 10:30 Exercise 11:00 Irish Trivia 1:30 Men's Poker 3:00 I-pad Hour: Music & Games</p>	<p>6 National Oreo Day Oreos & Milk Served All Day in Act Room 10:30 Exercise 11:00 Resident Council 2:30 Bingo 3:30 Book Club</p>	<p>7 Current Events 9:30 Irish Tenor Video 10:30 Fumble Fingers 1:30 Men's Poker 3:00 Cooking: Reuben Cheese Dip with Rye Bread 4:00 Gaither Spiritual Hour</p>	<p>8 Weather Report 10:00 10:30 Exercise 11:15 Maple Tree School Children Visit 2:30 Bingo - Diagonals 3:30 Book Club: Starting New Book</p>	<p>9 Current Events 9:30 Nature Crafts: Bell Pepper Stamp - Shamrocks 10:15 Julia on Harp 11:00 Piano with Bob Lewis 1:30 Men's Poker 3:15 I-Pad, Games, Ice Cream</p>	<p>10 SPORTS TV 10:00 Morn Movies 1:30 Bingo – 2nd Fl 3:30 BASIL Plays Violin – Irish Songs</p>
<p>11 Daylight Savings 2:30 Church 2nd Games, Crafts Activity Room</p>	<p>12 Current Events Doggie Daze- Bella 10:30 Exercise 1:30 Men's Poker 3:00 Travel Video: Ireland in Song</p>	<p>13 Weather Report 10:00 UNO Card Game 10:30 Exercise 11:00 Nostalgia Guitars 2:30 Bingo 3:30 Book Club</p>	<p>14 Current Events 10:00 Irish Folklore 10:30 Fumble Fingers 1:30 Men's Poker 3:00 Cook: Potato Pancakes w/Sour Cream & Applesauce</p>	<p>15 Weather Report 10:30 Exercise 11:15 Maple Tree School Children Visit 2:30 Irish Bingo -Prizes 3:30 Book Club</p>	<p>16 9:30 Craft, Weave, Sew 10:30 ECC St. Patrick's Party & Birthdays w/Irish Toasts 11:00 Piano with Bob Lewis 1:30 OFH ST. PATRICK'S DAY PARTY & Birthday Bash</p>	<p>17 * ST. PATRICK'S DAY 1:30 Bingo – 2ndFl 3:30 St. Patrick's Party w/Chris, Jim & Friends Singing Irish Live</p>
<p>18 2:30 Church Games, Crafts Available in Activity Room</p>	<p>19 Current Events 10:30 Exercise 11:00 Hymns w/Barb 1:30 Men's Poker 3:00 I-pad Hour 3:00 Art Class: Paint Large Flowers</p>	<p>20 Weather Report 10:30 Exercise 11:00 Jan Williams Sings 2:30 Bingo 3:30 Book Club 6:00 Family Paint & Pie Night – 2nd Floor</p>	<p>21 Current Events 10:30 Fumble Finger Follies 1:30 Men's Poker 3:00 Irish Movie: "The Quiet Man" w/John Wayne and Maureen O'Hara 4:00 Gaither Spiritual Hour</p>	<p>22 Weather Report 10:00 March Trivia 10:30 Exercise 11:15 Maple Tree School Children Visit 2:30 Bingo – Lucky # 3:30 Book Club</p>	<p>23 Current Events 9:30 Crafts: Decorate for Spring and Easter 11:00 Piano with Bob Lewis 1:30 Men's Poker 3:00 Ice Cream Social, I-pad & Game Hour</p>	<p>24 SPORTS TV 10:00 Morn Movie 1:30 Bingo – 2nd Fl 2:00 Activities 1-on-1 3:00 Board Games</p>
<p>25 10:30 Beach Ball w/Mika 11:00 Activities 2:30 Church</p>	<p>26 Current Events Doggie Daze – Bella 10:30 Exercise 1:30 Men's Poker 3:00 I-pad Hour: Music & Games I-pad</p>	<p>27 Weather Report 10:30 Exercise 11:00 Nostalgia Guitars 2:30 Bingo 3:30 Book Club</p>	<p>28 Current Events 10:30 Fumble Fingers 1:30 Men's Poker 2:00 Dept Appreciation -2nd 4:00 Gaithers Spiritual Hour</p>	<p>29 9:30 Nielsen Eyecare 10:30 Exercise 11:15 Maple Tree School 2:30 Bingo 3:30 Book Club</p>	<p>30 9:30 Craft, Weave, Sew 10:15 Julia on Harp 11:00 Piano with Bob Lewis 1:00 Good Friday Service - 2nd 1:30 Men's Poker 1:30 Easter Egg Dyeing -2nd Fl</p>	<p>31 SPORTS TV 10:00 Morn Movie 1:30 Bingo – 2nd Fl 2:00 Activities 1-on-1 3:00 Board Games</p>

MARCH 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Activities subject to change daily</p>		<p>West Care Center</p> <p>SPRING IS IN THE AIR!</p> 		<p>1</p> <p>National Peanut Butter Lovers' Day</p> <p>9:30 Peanut Butter Creations</p> <p>1:00 TV Concert</p> <p>2:00 Exercise</p> <p>2:30 Dominoes & Peanut Butter Celebration</p> <p>Clothing Sale 9-2</p>	<p>2</p> <p>9:15 Card Clubs</p> <p>10:30 Brain Games & Trivia</p> <p>1:00 Indoor Bocce with Jonathon</p> <p>2:30 Nostalgic Guitar Music</p> <p>2:30 Sweet Bingo w/Amara!</p>	<p>3</p> <p>9:30 Greetings and such w/Mika</p> <p>10:30 Bingo!</p> <p>3:30 Coffee/Cocoa Hour</p> <p>*dining room</p>
<p>4</p> <p>All day: Independent activities as you please.</p> <p>1:30 Game Hour</p> <p>3:00 Fun Fitness</p>	<p>5</p> <p>9:30 Book Nook</p> <p>10:45 Pastor Terry</p> <p>1:00 Stitch Nitch</p> <p>2:00 Exercise</p> <p>2:30 Monday Sundaes!</p> <p>3:00 Left-Right-Center w/Lucy</p>	<p>6</p> <p>9:30 Sittercise</p> <p>10:00 Creative Baking</p> <p>1:00 Art w/Lucy</p> <p>2:00 Exercise</p> <p>2:30 Chase The Ace!</p> <p>3:30 The Living Word</p>	<p>7</p> <p>9:15 Nail Salon</p> <p>10:00 Faith Finders</p> <p>10:30 Yarners</p> <p>1:00 BINGO!</p> <p>2:00 Exercise</p> <p>2:30 Matinee</p> <p>3:00 Pinochle</p>	<p>8</p> <p>9:30 Ipad Fun</p> <p>11:00 Worship Service w/Skip</p> <p>1:00 TV Concert</p> <p>2:00 Exercise</p> <p>2:30 Dominoes w/ Sheri</p>	<p>9</p> <p>9:15 Card Clubs</p> <p>1:00 Indoor Bocce with Jonathon</p> <p>2:30 Sweet Bingo w/Amara!</p>	<p>10</p> <p>(No Bingo today)</p> <p>3:30 Coffee/Cocoa Hour</p> <p>*dining room</p> 
<p>11</p> <p>No Fun Fitness Today</p>  <p>Daylight Savings Time</p> <p>All Day: Independent activities</p>	<p>12</p> <p>9:30 Book Nook</p> <p>10:45 Pastor Terry</p> <p>1:00 Stitch Nitch</p> <p>2:00 Exercise</p> <p>2:30 Monday Sundaes!</p> <p>3:00 Left-Right-Center w/Lucy</p>	<p>13</p> <p>9:30 Sittercise</p> <p>10:00 Creative Baking</p> <p>1:00 Art w/Lucy</p> <p>2:00 Exercise</p> <p>2:30 Chase The Ace!</p> <p>3:30 The Living Word</p>	<p>14</p> <p>9:15 Nail Salon</p> <p>10:00 Faith Finders</p> <p>10:30 Yarners</p> <p>1:00 BINGO!</p> <p>2:00 Exercise</p> <p>2:30 Matinee</p> <p>3:00 Pinochle</p>	<p>15</p> <p>9:30 Nostalgic Walla Walla</p> <p>10:30 Ipad Fun</p> <p>1:00 TV Concert</p> <p>2:00 Exercise</p> <p>2:30 St. Paddy's Day Party~</p> 	<p>16</p> <p>10:00 Piano w/Bob</p> <p>1:00 Indoor Bocce with Jonathon</p> <p>1:30 St. Patrick's Day Party 2nd fl.</p> <p>2:30 Sweet Bingo w/Amara!</p> 	<p>17</p> <p>9:30 Greetings and such w/Mariah</p> <p>10:30 Bingo!</p> <p>3:30 Coffee/Cocoa Hour</p> <p>*dining room</p>
<p>18</p> <p>All day: Independent activities as you please.</p> <p>1:30 Game Hour</p> <p>3:00 Fun Fitness</p>	<p>19</p> <p>9:30 Book Nook</p> <p>10:45 Pastor Terry</p> <p>1:00 Stitch Nitch</p> <p>2:00 Exercise</p> <p>2:30 Monday Sundaes!</p> <p>3:00 Left-Right-Center w/Lucy</p>	<p>20</p> <p>Spring Has Sprung!</p>  <p>9:30 Sittercise</p> <p>10:00 Creative Baking</p> <p>11:00 Res. Cnsl.</p> <p>1:00 Art w/Lucy</p> <p>2:00 Exercise</p> <p>2:30 Spring Fling Social!</p> <p>Family Paint & Pie Night</p> <p>1st Day of Spring!</p>	<p>21</p> <p>9:15 Nail Salon</p> <p>10:00 Faith Finders</p> <p>10:30 Yarners</p> <p>1:00 BINGO!</p> <p>2:00 Exercise</p> <p>3:00 Pinochle</p>	<p>22</p> <p>9:30 Nostalgic Walla Walla</p> <p>10:30 Ipad Fun</p> <p>1:00 TV Concert</p> <p>2:00 Exercise</p> <p>2:30 Dominoes w/ Sheri</p>	<p>23</p> <p>9:15 Card Clubs</p> <p>10:00 Piano w/Bob</p> <p>1:00 Indoor Bocce with Jonathon</p> <p>2:30 Sweet Bingo w/Amara!</p> <p>3:30 Chip and Dip Social</p> <p>Nat. Chip 'n Dip Day</p>	<p>24</p> <p>9:30 Greetings and such w/Mika</p> <p>10:30 Bingo!</p> <p>3:30 Coffee/Cocoa Hour</p> <p>*dining room</p> 
<p>25</p> <p>All day: Independent activities as you please.</p> <p>1:30 Game Hour</p> <p>3:00 Fun Fitness</p>	<p>26</p> <p>9:30 Book Nook</p> <p>10:45 Pastor Terry</p> <p>1:00 Stitch Nitch</p> <p>2:00 Exercise</p> <p>2:30 Monday Sundaes!</p> <p>3:00 Left-Right-Center w/Lucy</p>	<p>27</p> <p>9:30 Sittercise</p> <p>10:00 Creative Baking</p> <p>Noon: El Sombrero Special luncheon</p> <p>1:00 Art w/Lucy</p> <p>2:00 Exercise</p> <p>2:30 Chase The Ace!</p> <p>3:30 The Living Word</p>	<p>28</p> <p>9:30 TV Concert</p> <p>10:00 Faith Finders</p> <p>10:30 Yarners</p> <p>1:00 BINGO!</p> <p>2:00 Exercise</p> <p>Also: Appreciation Party for: Maintenance Transportation Social Workers</p>	<p>29</p> <p>10:00 Egg Dying!</p> <p>1:00 TV Concert</p> <p>2:00 Exercise</p> <p>2:30 Dominoes & Lemon Chiffon Cake Social</p> <p>Nat. Lemon Chiffon Cake Day</p>	<p>30</p> <p>10:00 Easter Fun!</p> <p>1:00 Good Friday Service 2nd floor</p> <p>1:30 Egg Dying 2nd floor</p> <p>2:30 Sweet Bingo w/Amara!</p>	<p>31</p> <p>9:30 Greetings and such w/Mika</p> <p>10:30 Bingo!</p> <p>3:30 Coffee/Cocoa Hour</p> <p>*dining room</p>