


July 2019 - TLC Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
(AD)=Auditorium (WC)=Wellness Center (GR)=Game Room (LB)=Library (ACT)=Activity Room (LO)=Lobby (EL)=Elevator (MH)=Mud Hut	1 9:00 Chair Exercise (AD) 9:30 Trivial Pursuit (AD) 9:30 Ceramics (MH) 10:00 Outdoor Dominoes 10:00 Balance Class (WC) 1:00 Pinochle (LB) 1:30 Bingo (GR) 2:45 Wheel of Fortune (AD)	2 9:00 Chair Exercise(AD) 9:30 Board Games(GR) 9:30 Travel Video(AD) 9:40 Tram Ride(LO) 1:00 Movie(AD) 2:30 Lemonade in the Lobby	3 9:00 Chair Exercise(AD) 9:30 Board Game(GR) 9:30 Reminisce(AD) 10:00 Wheel of Fortune(AD) 1:00 Ceramics(MH) 1:00 Movie(AD)	4 Fourth of July! 	5 9:00 Chair Exercise(AD) 9:30 Board Games(GR) 9:30 Travel Video(AD) 10:45 America's Got Talent Recap (AD) 1:00 Wal-Mart 1:30 Ice Cream Social(GR)	6 9:00 – 1:30 Brunch in the Well 1:30 Bingo 3:00 Hymn Sing A Long Auditorium
7 2:30 Church: Trinity Baptist(AD)	8 9:00 Chair Exercise 9:30 Trivial Pursuit 9:30 Ceramics 10:00 Outdoor Dominoes 10:00 Balance Class 11:30 KFC 1:00 Pinochle 1:30 Bingo 5:00 MLB Home Run Derby Game Room	9 6:45 Walking Club 9:00 Chair Exercise 9:30 Travel Video 9:30 Board Games 10:00 Bocce League Play 1:00 Movie 3:15 Humane Society	10 9:00 Chair Exercise 9:30 Board Game 9:30 Reminisce 10:00 Wheel of Fortune 1:00 Ceramics 1:00 Movie(AD) 2:00 Board Games	11 9:00 Chair Exercise 9:30 Fumble Fingers(AD) 10:00 Balance Class(WC) 10:00 Bocce League Play 1:00 Movie(AD) 2:00 Board Games(GR)	12 9:00 Chair Exercise 9:15 Men's Coffee 9:30 Board Games 9:40 Tram Ride 10:00 Catholic Mass(LB) 10:45 America's Got Talent 1:30 Ice Cream Social	13 1:30 Bingo 3:00 Hymn Sing A Long Auditorium
14 2:30 Church: WW First Presbyterian	15 9:00 Chair Exercise 9:30 Trivial Pursuit 9:30 Ceramics 10:00 Outdoor Dominoes 10:00 Balance Class 1:00 Pinochle 1:30 Bingo 2:45 Wheel of Fortune	16 6:45 Walking Club 9:00 Chair Exercise 9:30 Travel Video 9:30 Board Games 10:00 Bocce League Play 1:00 Movie 2:30 Lemonade in the Lobby	17 9:00 Chair Exercise 9:30 Board Games 9:30 Reminisce 10:00 Wheel of Fortune 1:00 Ceramics 1:00 Movie 3:45 Dinner Dash	18 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Balance Class 10:00 Bocce League Play 1:00 Movie 2:00 Board Games 3:00 Afternoon Art Class Auditorium	19 9:00 Chair Exercise 9:00 Wal-Mart 9:40 Tram Rides 9:30 Board Games 10:45 America's Got Talent 1:30 Ice Cream Social	20 1:30 Bingo 3:00 Hymn Sing A Long Auditorium
21 2:30 Church: Pioneer Methodist Church	22 9:00 Chair Exercise 9:30 Trivial Pursuit 9:30 Ceramics 10:00 Outdoor Dominoes 10:00 Balance Class 1:00 Pinochle 1:30 Bingo 2:45 Wheel of Fortune	23 6:45 Walking Club 9:00 Chair Exercise 9:30 Travel Video 9:30 Board Games 10:00 Bocce League Play 1:00 Movie 3:15 Humane Society	24 9:00 Chair Exercise 9:30 Board Games 9:30 Reminisce 9:30 Food Committee(LB) 10:00 Wheel of Fortune 1:00 Ceramics 1:00 Movie	25 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Balance Class 10:00 Bocce League Play 1:00 Movie 2:00 Board Games	26 9:00 Chair Exercise 9:40 Tram Rides 9:30 Board Games 10:45 America's Got Talent 1:30 Ice Cream Social	27 1:30 Bingo 3:00 Hymn Sing A Long Auditorium
28 2:30 Church: College Place Presbyterian	29 9:00 Chair Exercise 9:30 Trivial Pursuit 9:30 Ceramics 10:00 Travel Video 10:00 Balance Class 1:00 Pinochle 1:30 Summer Bingo Bash 2:45 Wheel of Fortune	30 6:45 Walking Club 9:00 Chair Exercise 9:30 Travel Video 9:30 Board Games 10:00 Bocce League Play 1:00 Movie 2:30 Lemonade in the Lobby	31 9:00 Chair Exercise 9:30 Board Games 10:00 Camp Fire Bingo (AD) 1:00 Ceramic 1:00 Movie	<u>Activities Subject to Change. Check Reader Board by Dining Room or Reader Board by Activity Room on 2nd Floor.</u>	Shopping Schedule <u>Albertsons/Safeway</u> <u>Rite Aid</u> <u>Dollar Tree</u> 1:00 p.m. Thursday	<u>Dinner Dash To Applebee's</u>

WELLNESS Programs - ODD Fellows July 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:00 Chair Exercise (AD) 10:00 Balance Class(WC)	2 9:00 Chair Exercise(AD) 1:00 Water Therapy	3 9:00 Chair Exercise(AD) 1:00 Water Therapy	4 HAPPY 4th of July!	5 9:00 Chair Exercise	6 Mariners 7:10
7 Mariners 1:10	8 9:00 Chair Exercise (AD) 10:00 Balance Class(WC) 5:00 MLB Home Run Derby Game Room	9 9:00 Chair Exercise(AD) 10:00 Bocce League 1:00 Water Therapy	10 9:00 Chair Exercise(AD) 1:00 Water Therapy	11 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Bocce League 10:00 Balance Class 1:00 Water Therapy	12 9:00 Chair Exercise	13 Mariners 6:07
14 Mariners 1:07	15 9:00 Chair Exercise(AD) 10:00 Balance Class(WC)	16 9:00 Chair Exercise(AD) 10:00 Bocce League 1:00 Water Therapy	17 9:00 Chair Exercise(AD) 1:00 Water Therapy	18 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Bocce League 10:00 Balance Class 1:00 Water Therapy	19 9:00 Chair Exercise	20 Mariners 6:10
21 Mariners 1:10	22 9:00 Chair Exercise(AD) 10:00 Balance Class(WC)	23 9:00 Chair Exercise(AD) 10:00 Bocce League 1:00 Water Therapy	24 9:00 Chair Exercise(AD) 1:00 Water Therapy	25 9:30 Fumble Fingers(GR) 10:00 Bocce League 10:00 Balance Class 1:00 Water Therapy	26 9:00 Chair Exercise	27 Mariners 1:10
28 Mariners 1:10	29 9:00 Chair Exercise(AD) 10:00 Balance Class(WC)	30 9:00 Chair Exercise(AD) 10:00 Bocce League 1:00 Water Therapy	31 9:00 Chair Exercise(AD) 1:00 Water Therapy		AD - Auditorium WC - Wellness Center GR - Game Room LO - Front Lobby	

East Care Center

July 2019

Odd Fellows Home

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>1 Daily News 10:00 Coffee & Cocoa on the Patio 11:00 Reminisce 1:30 Poker Club 3:00 Visiting Hour</p>	<p>2 Weather Report 10:00 Bocce 10:30 Exercise 11:00 Resident Council 2:30 Bingo 3:30 Book Club</p>	<p>3 News of the Day 10:30 Fumble Fingers 11:00 Animal Planet 1:30 Poker Club 3:00 Root Beer Floats! 4:00 Gaither's Spiritual Hr</p>	<p>4 </p>	<p>5 Weather Report 10:30 Exercise 11:00 Sam Kirtley on Piano 1:30 Poker Club 2:30 Ice Cream Social & Game Hour</p>	<p>6 SPORTS TV Daily News 10:00 Morn Movie 2:30 Visiting Hour, Games & Crafts</p>
<p>7 SPORTS TV 10:30 Beach Ball Exercise 2:30 Church – 2nd Floor</p>	<p>8 Daily News 10:00 Patio Coffee 11:00 Reminisce 1:30 Poker Club 3:00 Fresh Fruit Smoothies</p>	<p>9 Weather Report 10:00 Bocce 10:30 Exercise 11:00 Nostalgia Guitars 2:30 Bingo 3:30 Book Club</p>	<p>10 News of the Day 10:30 Fumble Fingers 11:00 Animal Planet 1:30 Poker Club 3:00 Summer Spa Day 4:00 Gaither's Spiritual Hr</p>	<p>11 Weather Report 10:00 Bocce 10:30 Music & Movement 11:30 Maple Tree School 2:30 Bingo 3:30 Book Club</p>	<p>12 Weather Report 10:30 Exercise 11:00 Sam Kirtley on Piano 1:30 Poker Club 2:30 Ice Cream Social & Game Hour</p>
<p>14 SPORTS TV 10:30 Beach Ball Exercise 2:30 Church - 2nd floor</p>	<p>15 Daily News 10:00 Patio Coffee 11:00 Reminisce 1:30 Poker Club 3:00 Photo Club: Entries for Fair</p>	<p>16 Weather Report 10:00 Bocce 10:30 Exercise 11:00 Jan Williams 2:30 Bingo 3:30 Book Club</p>	<p>17 News of the Day 10:30 Fumble Fingers 11:00 Animal Planet 1:30 Poker Club 3:00 Arts & Crafts Hr 4:00 Gaither's Spiritual Hr</p>	<p>18 Weather Report 10:00 Bocce 10:30 Music & Movement 11:30 Maple Tree School 3:00 Afternoon Art – 2nd Floor</p>	<p>19 Weather Report 10:30 Exercise 11:00 Sam Kirtley on Piano 1:30 Poker Club 3:00 ECC Pizza Party & Game Hour!</p>
<p>21 SPORTS TV 10:30 Beach Ball Exercise 2:30 Church – 2nd Floor</p>	<p>22 Daily News 10:00 Patio Coffee 11:00 Reminisce 1:30 Poker Club 3:00 Watermelon Feed</p>	<p>23 Weather Report 10:00 Bocce 10:30 Exercise 11:00 Nostalgia Guitars 2:30 Bingo 3:30 Book Club</p>	<p>24 News of the Day 10:30 Fumble Fingers 11:00 Animal Planet 1:30 Poker Club 3:00 Summer Spa Day 4:00 Gaither's Spiritual Hr</p>	<p>25 Weather Report 10:00 Bocce 10:30 Music & Movement 11:30 Maple Tree School 2:30 Bingo 3:30 Book Club</p>	<p>26 Weather Report 10:30 Exercise 11:00 Sam Kirtley on Piano 1:30 Poker Club 2:30 Ice Cream Social & Game Hour</p>
<p>28 SPORTS TV 10:30 Beach Ball Exercise 2:30 Church-2nd</p>	<p>29 10:00 Patio Coffee 1:30 Poker Club 1:30 Summer Bingo Bash! – 2nd Floor 3:00 Photo Club</p>	<p>30 10:00 Bocce 10:30 Exercise 11:00 Nostalgia Guitars 2:30 Bingo 3:30 Book Club</p>	<p>31 10:30 Fumble Fingers 11:00 Animal Planet 1:30 Poker Club 3:00 Arts & Crafts Hr 4:00 Gaither's Spiritual Hr</p>	<p></p>	<p>JULY PARTIES & EVENTS: 3rd Root Beer Floats 10th / 24th Summer Spa Day 18th Afternoon Art Class 19th ECC Pizza Party 29th Summer Bingo Bash</p> <p><i>* Activities Subject to Change</i></p> 