

Wii Bowling Tournament RESUMES! – Wednesday, January 9: Come play some wii bowling in the Game Room! See Dee for more details!

WINTER HEATWAVE WEEK AND RELAXATION PARTY -- January 22-26: We're bringing tropical paradise to Odd Fellows! Get out of the cold and snow and come warm up and relax in a nice recliner in front of a happy light, available all week long in the Auditorium. Enjoy a relaxing massage or facial at our Relaxation Party on Wednesday, January 23, 2:00 p.m. in the Auditorium!

Lunch Bunch is BACK! – Tuesday, January 29: Sign up on the bulletin board for a spot on the bus to the Modern Chinese Resident for a lunch outing. The bus leaves at 11 a.m. Bring your money!

90 PLUS BIRTHDAY PARTY! – Wednesday, January 30: This is a special party for all those 90 years and older! If you are 90 years or older, come celebrate with us in the Auditorium at 2:00 p.m.! There will be cake, ice cream, music, and good company! This year's theme is "Odd Fellows Walk of Fame!"

ART NIGHT! – Thursday, January 31: Come get your creative juices flowing! New art projects taught each month. All materials are provided! You are welcome to bring a friend!

PLEASE NOTE:

- Weekly Shopping outing: Thursdays at 1:00 p.m. – Albertsons, Kmart, Dollar Store, and Rite Aid – please be ready to go in the lobby by 1 p.m.
- Walmart Outing – Every 3rd Friday. Now at 9:00 a.m.!!
- Flu Season is upon us! Please remember to wash your hands and cover your mouth! Please refrain from visiting others if ill! Thank you!!




January 2019 - TLC Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
(AD)=Auditorium (WC)=Wellness Center (GR)=Game Room (LB)=Library (ACT)=Activity Room (LO)=Lobby (EL)=Elevator (MH)=Mud Hut	<u>Activities Subject to Change. Check Reader Board by Dining Room or Reader Board by Activity Room on 2nd Floor.</u>	1 Happy New Year 2019	2 9:00 Chair Exercise(AD) 9:30 Board Game(GR) 9:30 Travel Video(AD) 10:00 Bookworm Club (LB) 1:00 Ceramics(MH) 1:00 Movie(AD)	3 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Roundtable Readers 10:00 Balance Class(WC) 1:00 Movie	4 9:00 Chair Exercise(AD) 9:15 Men's Coffee - Travel 9:30 Cooking Club(ACT) 9:30 Board Games(GR) 1:30 Ice Cream Social(GR)	5 1:30 Bingo 3:00 Hymn Sing A Long Auditorium
6 2:30 Church: Trinity Baptist	7 9:00 Chair Exercise(AD) 9:30 Trivial Pursuit(AD) 9:30 Ceramics(MD) 10:00 Sing A Long (AD) 10:00 Balance Class(WC) 1:30 Bingo(GR) 1:30 Pinochle(LB) 2:45 Wheel of Fortune(AD)	8 9:00 Beginning Wii Bowling(GR) 9:00 Chair Exercise(AD) 9:30 Brain Bytes(AD) 9:30 Board Games(GR) 10:00 Crafts(ACT) 1:00 Movie(GR) 3:15 Humane Society(AD) 7:00 Beehive Lodge	9 9:00 Chair Exercise(AD) 9:30 Wii Bowling Tournament 9:30 Board Game(GR) 9:30 Reminisce 10:00 Bookworm Club (LB) 1:00 Ceramics(MH) 1:00 Movie(AD) 1:30 Wii Bowling Tournament	10 9:00 Chair Exercise 9:30 Fumble Fingers 9:30 Wii Bowling Tournament 10:00 Roundtable Readers 10:00 Balance Class(WC) 11:00 Current Events(GR) 1:00 Movie 1:30 Billiards and Shuffleboard	11 9:00 Chair Exercise 9:30 Cooking Club 9:30 Board Games 10:00 Catholic Mass 1:30 Ice Cream Social	12 1:30 Bingo 3:00 Hymn Sing A Long Auditorium
13 2:30 Church: WW First Presbyterian	14 9:00 Chair Exercise 9:30 Trivial Pursuit 9:30 Ceramics 10:00 Sing A Long 10:00 Balance Class 11:30 KFC 1:30 Bingo 1:30 Pinochle 2:45 Wheel of Fortune	15 9:00 Beginning Wii Bowling 9:00 Chair Exercise 9:30 Brain Bytes 9:30 Board Games 10:00 Crafts 1:00 Movie(AD) 2:00 Narcissa Lodge(AD)	16 9:00 Chair Exercise 9:30 Wii Bowling Tournament 9:30 Board Games 9:30 Reminisce 10:00 Bookworm Club 1:00 Ceramics 1:30 TLC Foot Clinic (AD) 1:30 Wii Bowling Tournament	17 9:00 Chair Exercise 9:30 Fumble Fingers 9:30 Wii Bowling Tournament 10:00 Roundtable Readers 10:00 Balance Class 11:00 Current Events 1:00 Movie(AD) 1:30 Billiards and Shuffleboard	18 9:00 Chair Exercise(AD) 9:00 Wal-Mart Shopping 9:30 Cooking Club 9:30 Board Games(GR) 1:30 Ice Cream Social	19 1:30 Bingo 3:00 Hymn Sing A Long Auditorium
20 2:30 Church: Pioneer Methodist Church	21 Martin Luther King Jr. Day 9:00 Chair Exercise 9:30 Trivial Pursuit 9:30 Ceramics 10:00 Sing A Long 10:00 Balance Class 1:30 Bingo 1:30 Pinochle 2:45 Wheel of Fortune	22 9:00 Beginning Wii Bowling 9:00 Chair Exercise 9:30 Brain Bytes 9:30 Board Games 10:00 Crafts 1:00 Movie 3:15 Humane Society 7:00 Beehive Lodge	23 9:00 Chair Exercise 9:30 Wii Bowling Tournament 9:30 Food Committee(LB) 9:30 Board Games 9:30 Reminisce 10:00 Bookworm Club 1:00 Ceramics 1:00 Movie 1:30 Wii Bowling Tournament 2:00 Relaxation Party(AD)	24 9:00 Chair Exercise 9:30 Fumble Fingers 10:00 Roundtable Readers 10:00 Balance Class 11:00 Current Events 1:00 Movie 1:30 Billiards and Shuffleboard	25 9:00 Chair Exercise(AD) 9:30 Cooking Club 9:30 Board Games(GR) 1:30 Ice Cream Social	26 1:30 Bingo 3:00 Hymn Sing A Long Auditorium
27 2:30 Church: College Place Presbyterian	28 9:00 Chair Exercise(AD) 9:30 Ceramics 9:30 Trivial Pursuit 10:00 Sing A Long 10:00 Balance Class 1:30 Bingo 1:30 Pinochle 2:45 Wheel of Fortune	29 9:00 Beginning Wii Bowling 9:00 Chair Exercise 9:30 Brain Bytes 9:30 Board Games 10:00 Crafts 11:00 Lunch Bunch 1:00 Movie	30 9:00 Chair Exercise 9:30 Wii Bowling Tournament 9:30 Board Games 9:30 Reminisce 10:00 Bookworm Club 1:00 Ceramics 1:00 Movie 1:30 Wii Bowling Tournament 2:00 90 th Plus Birthday Party	31 9:00 Chair Exercise 9:30 Fumble Fingers 9:30 Wii Bowling Tournament 10:00 Roundtable Readers 10:00 Balance Class 11:00 Current Events 1:00 Movie (GR) 3:30 Art Night(AD)	Shopping Schedule Albertsons/Safeway K-Mart/Rite Aid Dollar Store 1:00 p.m. Thursday	Lunch Bunch To The Modern

East Care Center

January 2019

Odd Fellows Home

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 	2 Weather Report 10:30 Fumble Fingers 1:30 Men's Poker 3:00 Annual Cleanup & Give-a-way Day 4:00 Gaither Spiritual Hour	3 10:00 Annual Cleanup Day 10:30 Exercise 11:00 Maple Tree School 2:30 New Year's Bingo 3:30 Book Club	4 Weather Report 10:00 Annual Cleanup & Give-a-way Day 11:00 Bob Lewis on Piano 1:30 Men's Poker 3:00 Ice Cream Social -Games	5 SPORTS TV Daily News 10:00 Morning Movie 2:30 Visiting Hour, Games & Crafts 6:00 Lawrence Welk
6 10:00 Beach Ball with Renn 2:30 Church 2 nd 3:00 Movie	7 News of Day 10:30 Exercise 11:00 Animal Planet 1:30 Men's Poker 3:00 Crafts: Collage & Recycled Art	8 10:00 ECC Library Day 10:30 Exercise 11:00 Nostalgia Guitars 2:30 Bingo – Lucky # 3:30 Book Club	9 Weather Report 10:30 Fumble Fingers 1:30 Men's Poker 3:00 Jim's Presentation on Bee Farming (honeycomb) 4:00 Gaither Spiritual Hour	10 10:30 Exercise 11:15 Maple Tree School 2:30 Bingo - Diagonals 3:30 Book Club: Start new book-last in series	11 Weather Report 10:00 Cooking: Chips and Homemade Guacamole 11:00 Bob Lewis on Piano 1:30 Men's Poker 3:00 Ice Cream Social -Games	12 SPORTS TV Daily News 10:00 Morning Movie 1:30 Visiting Hour, Games & Crafts 6:00 Lawrence Welk
13 10:00 Beach Ball w/Renn 2:30 Church 2 nd 3:00 Movie	14 News of the Day 10:30 Exercise 11:00 Animal Planet 1:30 Men's Poker 3:00 Crafts: Collage & Recycled Art	15 10:30 Exercise 11:00 Jan Williams 2:30 Bingo – Lucky # 3:30 Book Club	16 10:30 Fumble Fingers 10:30 Fumble Fingers 1:30 Men's Poker 3:00 Baking: Chocolate Wafer Refrig Cake with Whipped Cream Frosting	17 9:45 Cards w/Austin 10:30 Exercise 11:15 Maple Tree School 2:30 Bingo 3:30 Book Club	18 Weather Report 10:00 Baking: Crescent Cinnamon Rolls w/Icing 11:00 Bob Lewis on Piano 1:30 Men's Poker 3:00 ECC Pizza Party & Soda	19 SPORTS TV Daily News 10:00 Morning Movie 1:30 Visiting Hour, Games & Crafts 6:00 Lawrence Welk
20 10:30 Beach Ball w/Renn 2:30 Church 3:00 Afternoon Movie	21 10:30 Exercise 10:30 Exercise 11:00 Relaxation-2nd 1:30 Men's Poker 3:00 Crafts: White Clay Molding	22 9:30 Relaxation – 2nd Fl 10:30 Exercise 11:00 Nostalgia Guitars 2:30 Bingo –Lucky # 3:30 Book Club	23 Weather Report 10:30 Fumble Fingers 1:30 Men's Poker 2:00-4:00 RELAXATION PARTY – 2nd Floor: Heat Lamps, Massage & More!	24 9:45 Cards w/Austin 10:30 Exercise 11:00 Maple Tree School 2:30 Bingo – Lucky # 3:30 Book Club	25 Weather Report 10:00 Relaxation – 2nd Floor with overhead Heat Lamps 11:00 Bob Lewis on Piano 1:30 Men's Poker 3:00 Ice Cream Social -Games	26 SPORTS TV Morning News 10:00 Sports TV 3:00 Visiting Hour, Games & Crafts
27 10:00 Beach Ball w/Renn 2:30 Church 3:0 Afternoon Movie	28 News of the Day 10:30 Exercise 1:30 Men's Poker 3:00 Crafts: Make Valentines for Preschool Children	29 10:30 Exerercise 11:00 Piano Players 2:30 Bingo 3:30 Book Club	30 Weather Report 10:30 Fumble Fingers 1:30 Men's Poker 2:00 NINETY-PLUS PARTY: Honoring all residents 90 or over – 2nd Floor	31 9:45 Cards w/Austin 10:30 Exercise 11:15 Maple Tree School 2:30 Bingo 3:30 Art Class – 2 nd Floor	<p style="text-align: center;">~RELAXATION~ Week 21st to 25th (2nd Floor) Warm up under Heat Lamps RELAXATION PARTY 23rd Get Free Massage & Facial</p> <p style="text-align: center;">~~~~~</p> <p>90-PLUS PARTY Honoring residents 90 or over – 2nd Floor Families Welcome!</p>	

WELCOME, JANUARY!!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	West Care Center	1 HAPPY NEW YEAR! May this year bring you many blessings, friendships and much laughter 79 Days until SPRING!!	2 9:30 Pinochle Club Also: Travel and World Interest Videos 1:00 5-Card/8-Card Bingo 2:00 Exercise 2:30 Matinee Also : Lisa's Office hour	3 9:30 Donuts and De-Decorating! 10:00 Music 'n movement 2:30 Dominoes!	4 OFFICE ORGANIZING DAY 9-2:00 9:15 Uno w/ our Community friends 1:30 Ice Cream Social 2 nd floor 2:30 Guitar Guys	5 9:30 Table Time with Renn 10:30 BINGO! <u>Afternoon:</u> TV favorites 3:30 Cocoa & Coffee Bar
6 11:00 Cocoa & Coffee Bar 1:30 Game Hour 3:00 Fun Fitness	7 9:30 BINGO! 10:45 Pastor Terry 1:00 Stitch Nitch 2:00 Exercise 2:30 Monday Sundaes	8 9:30 Pinochle Club & Table Games 1:15 Elvis Social! 2:00 Fumble Fingers Class 3:00 Pinochle Elvis Presley (1935)	9 9:30 Pinochle Club Also: Travel and World Interest Videos 1:00 5-Card/8-Card Bingo 2:00 Exercise 2:30 Matinee Also : Lisa's Office hour	10 9:30 Dice Games 10:00 Music 'n movement 11:00 Pastor Skip 2:30 Dominoes!	11 9:15 Uno w/ our Community friends DE-CLUTTER DAY! 10-4 1:30 Ice Cream Social 2 nd floor	12 9:30 Table Time with Renn 10:30 BINGO! <u>Afternoon:</u> TV favorites 3:30 Cocoa & Coffee Bar
13 11:00 Cocoa & Coffee Bar 1:30 Game Hour 3:00 Fun Fitness	14 9:30 BINGO! 10:45 Pastor Terry 1:00 Stitch Nitch 2:00 Exercise 2:30 Monday Sundaes WHITMAN STUDENTS RETURN!!	15 9:30 Pinochle Club & Table Games 11:00 Res. Cnsl. 1:00 Scrabble 2:00 Fumble Fingers Class 3:00 Pinochle	16 9:30 Pinochle Club Also: Travel and World Interest Videos 1:00 5-Card/8-Card Bingo 2:00 Exercise 2:30 Matinee Also : Lisa's Office hour	17 9:30 Dice Games 10:00 Music 'n movement 11:30 Special Luncheon: Hot & Spicy Foods to sample! 2:30 Dominoes! Hot & Spicy Food International Day	18 9:15 Uno w/ our Community friends 10:00 Piano w/Bob Lewis 1:00 Nail Salon 1:30 Ice Cream Social 2 nd floor 3:30 Matinee	19 9:30 Table Time with Renn 10:30 BINGO! <u>Afternoon:</u> TV favorites 3:30 Cocoa & Coffee Bar
20 11:00 Cocoa & Coffee Bar 1:30 Game Hour 3:00 Fun Fitness	21 9:30 BINGO! 10:45 Pastor Terry 1:00 Stitch Nitch 2:00 Exercise 2:30 Monday Sundaes	22 9:30 Pinochle Club & Table Games 1:00 Scrabble 2:00 Fumble Fingers Class 3:00 Pinochle	23 9:30 Pinochle Club Also: Travel and World Interest Videos 1:00 5-Card/8-Card Bingo 2:00 REST & RELAX PARTY -2 ND FLOOR	24 9:30 Dice Games 10:00 Music 'n movement 11:30 Special Luncheon: KFC 2:30 Dominoes!	25 9:15 Uno w/ our Community friends 10:00 Piano w/Bob Lewis 1:00 Nail Salon 1:30 Ice Cream Social 2 nd floor 3:30 Matinee	26 9:30 Table Time with Renn 10:30 BINGO! <u>Afternoon:</u> TV favorites 3:30 Cocoa & Coffee Bar
27 11:00 Cocoa & Coffee Bar 1:30 Game Hour 3:00 Fun Fitness	28 9:30 Bingo! 10:45 Pastor Terry 1:00 Stitch Nitch 2:00 Exercise 2:30 Monday Sundaes Nat. Blueberry Pancake Day!	29 9:30 Pinochle Club & Table Games 1:00 Scrabble 2:00 Exercise 3:00 Pinochle Nat. Corn Chip Day	30 9:30 Pinochle Club Also: Travel Video 1:00 5-Card/8-Card Bingo 2:00 Exercise Also: OVER 90 Birthday Bash! 2 nd floor	31 9:30 Dice Games 10:00 Music 'n movement 2:30 Dominoes! 3:30 Afternoon Art- 2 nd floor		All Activities subject to change daily.