



ASSISTED LIVING FACILITIES (ALF)

Disclosure of Services Required by RCW 18.20.300

The assisted living facility licensee shall disclose to the residents, the residents' legal representative if any, and if not, the residents' representative if any, and to interested consumers upon request, the scope of care and services offered, using the form developed and provided by the department, in addition to any supplemental information that may be provided by the licensee.

This disclosure form provides initial general information about our assisted living facility, and allows you to compare care services of different assisted living facilities. Prior to moving in, you should visit an assisted living facility to ask how they will assist you with your unique needs and preferences.

Assisted living facilities may change the services that are available and the charges for these services, by providing thirty days advance notice to residents. However, an assisted living facility must give you ninety days advance notice of any voluntary decrease in services that would affect your decision as to whether you would want to move to a different location or require you to move out.

Who may live in an assisted living facility?

- No assisted living facility is permitted to provide continuing services to you if you need to have a registered nurse frequently evaluate your condition. However, **if** you require frequent nursing evaluation and we can meet your needs, you may be allowed to remain in the assisted living facility, when;
 - You have a short term illness that is expected to last less than fourteen days, or
 - You are receiving hospice services.
- The assisted living facility may not be able to serve you if you need services beyond those disclosed on this form.

You may need to move out when we cannot meet your needs and moving out is necessary for your welfare. However, each assisted living facility must attempt to "reasonably accommodate" your needs before it can require you to move out.

Per chapter 388-78A-2020, "**Reasonable accommodation**" and "**reasonably accommodate**" have the meaning given in federal and state antidiscrimination laws and regulations which include, but are not limited to, the following:

- (1) Reasonable accommodation means that the assisted living facility must:
 - (a) Not impose admission criteria that excludes individuals unless the criteria is necessary for the provision of assisted living facility services;
 - (b) Make reasonable modification to its policies, practices or procedures if the modifications are necessary to accommodate the needs of the resident;
 - (c) Provide additional aids and services to the resident.
- (2) Reasonable accommodations are not required if:
 - (a) The resident or individual applying for admission presents a significant risk to the health or safety of others that cannot be eliminated by the reasonable accommodation;
 - (b) The reasonable accommodations would fundamentally alter the nature of the services provided by the assisted living facility; or
 - (c) The reasonable accommodations would cause an undue burden, meaning a significant financial or administrative burden.

Notification of increased service which requires a 30 day notice, is waived in the event a resident has an unanticipated, unplanned, and substantial condition that requires an immediate change in care services that cannot meet the 30-day notification requirement under RCW 70.129.060(4).

1. Services / Care

All assisted living facilities must provide the care and services listed below, according to what you have agreed to in your negotiated service agreement.

A. **Activities:** All assisted living facilities must help you arrange social, recreational, religious or other activities in the assisted living facility and in the community. Washington State law, RCW 70.129.030(4), requires the assisted living facility to inform each individual, or their representative, in writing, of the services, items and activities customarily available in the facility or arranged for by the facility as permitted by the facility's license. Contact the assisted living facility for this information if not already provided.

- Additional activities / comments:

Scheduled activities are posted on the Activities Calendars and reader boards found throughout the Washington Odd Fellows Home, as well as on various posters promoting specific events.

B. **Food and Diets:** All assisted living facilities must provide three meals per day, nutritious snacks, and prescribed general low sodium diets, general diabetic diets, and mechanical soft diets. Additionally, we are not required but have chosen to provide the following diets:

- | Yes | No | |
|-------------------------------------|-------------------------------------|--|
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | 1. Calorie controlled diets for people with diabetes |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 2. Puree diets |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 3. Additional dietary services or comments: |

The Washington Odd Fellows Home provides nutritional supplements for those residents who need additional nutrition. In addition, a refrigerator or microwave oven is provided for residents who are assessed to be able to appropriately use them.

The Washington Odd Fellows Home does not provide room service meals. You must be willing and able to go to the Dining Room at least twice a day for meals.

We can provide a sick tray to your room in the event of a short illness; however, room service meals are not available on a routine basis.

C. **Arranging Health Care Appointments:** All assisted living facilities must help you arrange health care appointments and remind you of them, as necessary.

- Additionally, the facility will provide the following optional services (or clarifying comments):

The Washington Odd Fellows Home provides transportation to local medical appointments.

D. **Coordinating Health Care Services:** All assisted living facilities must coordinate services you receive from health care providers in the community with the services the assisted living facility provides to you, if you agree.

- Additionally, the facility will provide the following optional services (or clarifying comments):

The Washington Odd Fellows Home helps coordinate services such as:

Nursing care

Physical Therapy

Occupational Therapy

Speech Therapy

Mental Health and Counseling services

Hospice

Laboratory services

Podiatry

Home Health Care

X-ray

Vaccinations

Enterostomal Therapist

E. **Laundry:** All assisted living facilities must provide laundry services to keep your clothes clean and in good repair, and provide you with or ensure your towels, washcloths, and bed linens are laundered at least once per week.

- Additionally, the facility will provide the following optional services (or clarifying comments):

Washers and dryers are available at no charge on each floor. Staff is available to assist you with your laundry.

F. **Housekeeping:** All assisted living facilities must maintain your living quarters and other areas you may use in a safe, clean and comfortable condition.

- Additionally, the facility will provide the following optional services (or clarifying comments):

2. Assistance with Daily Tasks

Assisted living facilities are not required to provide assistance with activities of daily living (ADLs). If an assisted living facility chooses to provide assistance with ADLs, it must provide at least the minimum level of assistance described following each ADL listed below, consistent with your preference and with reasonable accommodation law.

Yes No

The facility will provide assistance with ADLs.

A. **Bathing:** If needed, assisted living facilities providing assistance with ADLs must occasionally remind you to wash and dry all areas of your body; provide stand-by assistance getting into and out of the tub/shower; and steady you as you bathe.

Additionally, the facility will provide the following optional services:

Yes No

- | | | |
|-------------------------------------|-------------------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 1. Physical assistance getting into / out of the bathtub or shower. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 2. Help washing areas that may be hard for you to reach, such as your back or feet. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 3. Total bathing assistance if you cannot bathe yourself. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | 4. Bed baths. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 5. Special equipment, assistance or devices to help transferring into or out of showers or bathtubs. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | 6. Other bathing services (specify) or comments: |

B. **Toileting:** If needed, assisted living facilities providing assistance with ADLs must occasionally remind you of necessary toileting activities; provide stand-by assistance while you perform them; and steady you as you use the toilet or adjust your clothing. **Note:** assisted living facilities are not required to provide incontinence products but may assist you in ordering.

Additionally, the facility will provide the following optional services:

Yes No

- | | | |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 1. Physically help you to and from the toilet or bathroom. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 2. Help you with incontinent products and occasionally help to clean you. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 3. Provide urinary catheter care (indwelling, external/condom), cleaning and changing bag. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 4. Provide routine ostomy care, site maintenance and changing bag. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 5. Provide care for bladder incontinence, including routinely cleaning you as necessary. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 6. Provide care for bowel incontinence, including routinely cleaning you as necessary. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 7. Provide other services (specify) or comments: |

Staff is available to assist you in ordering incontinence care products.

You must be willing and able to cooperate and assist if you are incontinent.

You must be willing to use incontinence products and be able to request assistance.

C. **Transferring:** If needed, assisted living facilities providing assistance with ADLs must occasionally remind or cue you, and occasionally provide stand-by assistance and steady you, while you transfer.

Additionally, the facility will provide the following optional types of services:

Yes No

- | | | |
|-------------------------------------|-------------------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 1. Routinely provide stand-by assistance while you transfer into and out of your bed or wheelchair, or onto and off of a toilet or shower chair. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | 2. One-person physical assistance with transferring. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | 3. Two-person physical assistance with transferring. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | 4. Lifting with mechanical equipment |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 5. Other transferring services (specify) or comments: |

Mechanical lift equipment is available in case of emergency, but is not available on a routine basis. In addition, one-person physical assistance with transfers can be provided intermittently.

D. **Personal Hygiene:** If needed, assisted living facilities providing assistance with ADLs must occasionally remind you to comb your hair, brush your teeth, shave, wash your face and hands and apply make-up, and occasionally provide standby assistance and steady you while you perform these activities.

Additionally, the facility will provide the following optional services:

Yes No

- | | | |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 1. Set out your personal hygiene and grooming items. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 2. Help you with grooming tasks such as brushing your hair, shaving, applying make-up or filing your nails. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 3. Help you with oral care and brushing your teeth. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 4. Help you wash and dry your face and hands. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 5. Help you wash and dry other parts of your body, as needed. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 6. Other personal hygiene services (specify) or comments: |

The Washington Odd Fellows Home has salon and spa services available on the premises. Staff is available to assist you in making beauty shop appointments as necessary.

E. **Eating:** If needed, assisted living facilities providing assistance with ADLs must occasionally remind you to eat and drink, and occasionally help you cut up your food, prepare food and beverages for you, and bring them to you.

Additionally, the facility will provide the following optional services:

Yes No

- | | | |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 1. Feed you, if you occasionally need to be fed. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | 2. Feed you on a routine basis, if you are unable to feed yourself. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 3. Other assistance with feeding and eating (specify) or comments: |

We can provide meals in your room in the event of a short term illness; however, room service meals are not available on a routine basis. We do not provide assistance with eating on more than an intermittent basis.

F. **Dressing:** If needed, assisted living facilities providing assistance with ADLs must occasionally remind and cue you to put on, take off, and lay out your clothes and necessary prostheses, when the assistance of a licensed nurse is not required, and occasionally provide stand-by assistance and steadying while you perform these activities.

Additionally, the facility will provide the following optional services:

Yes No

- | | | |
|-------------------------------------|-------------------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 1. Help you put on, take off, and button/buckle/fasten your clothes. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 2. Dress and undress you if you are not able to help with dressing yourself. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | 3. Other assistance with dressing (specify) or comments: |

G. **Mobility:** If needed, assisted living facilities providing assistance with ADLs must occasionally remind you to move between locations in the assisted living facility and occasionally provide stand-by assistance and steady you as you move about.

Additionally, the facility will provide the following optional services:

Yes No

- | | | |
|-------------------------------------|-------------------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 1. Provide stand-by assistance as you walk or move about the building. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | 2. Physically help you walk, or move about the building. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | 3. Other assistance with mobility (specify) or comments: |

The Washington Odd Fellows Home will assist in transporting you with your wheelchair if you need assistance in getting to the dining room or various activities.

In order to safely accommodate electric wheelchairs and scooters, residents must operate them according to the following guidelines:

- 1. Completion of training offered by the manufacturer or distributor when purchasing a motorized cart.**
- 2. A physician's attestation that the resident has sufficient vision acuity, depth perception, peripheral vision, hearing, and judgment to safely operate the vehicle.**
- 3. The resident must operate the cart in a safe manner, at walking speed, yielding at all times to pedestrians.**
- 4. The resident must not block hallways or egress with parked carts.**
- 5. The resident may be charged a fee for repairing damage to the facility caused by inappropriate or unsafe use of motorized carts.**
- 6. For continued use of the motorized cart after inappropriate or unsafe use is observed, the resident must consent, at their expense, to therapist administered training.**

3. Intermittent Nursing Services

Assisted living facilities may, but are not required to provide Intermittent Nursing Services

Yes No

- A. The facility will provide intermittent nursing services, including:
1. Diabetic management as specified below:
2. Non-routine ostomy care.
3. Administration of health care treatments, as specified below.
4. Tube feeding.
5. Other nursing services. Please ask the facility staff if they provide other nursing services you may need, such as care of minor non-infected wounds or preventative skin care.
- B. The facility uses nursing assistants under the delegation of a registered nurse to provide some authorized nursing services.
- C. The facility typically has a registered nurse in the building for 7 days per week totaling 192 hours per week.
- D. The facility typically has a licensed practical nurse in the building for N/A days per week; totaling N/A hours per week.
- Additional comments regarding nursing services:

Diabetic Management: The Washington Odd Fellows Home can monitor blood glucose levels and administer insulin injections as necessary.

Health Care Treatments: The Washington Odd Fellow Home can provide care for superficial wounds, as well as pre- and post-surgical care.

Wound Care: The Washington Odd Fellows Home does not accept residents with any wounds that require skilled nursing care.

4. Help with Medications

All assisted living facilities must assist you, if you want help, with taking your medications. Someone other than a licensed nurse may provide such assistance. Assistance includes reminding you to take your medications, handing to you and/or opening for you the medication container, and putting the medications in your hand.

Yes No

- A. We have a licensed nursing staff available to administer directly, or to supervise the administration of the medications listed below:
1. Administration of oral and topical medications and eye / ear / nose drops.
- a. We use nursing assistants under the delegation of a registered nurse to administer drops and oral and topical medications.
- B. Administration of injections, excluding insulin.
- C. Administration of insulin injections.
- D. Additional Comments:

The Washington Odd Fellows Home will assess your ability to safely self-administer medications.

5. Family Assistance with Medications Service

Yes No

We permit family members to provide medication services to residents under the following conditions:

6. Resident Arranged Services

We allow residents to independently arrange for outside services under the following conditions:

7. Care for Residents with Dementia, Developmental Disabilities, or Mental Illness

Assisted living facilities that choose to serve residents with dementia, developmental disabilities, or mental health issues must provide their staff with specialized training in these areas.

The facility will serve persons with the following needs:

Yes No

- Dementia
 Developmental Disabilities
 Mental Health
 Other (specify):

Residents are required to be willing and cognitively able to use the nurse call system in order to request assistance.

8. Transportation Services

Assisted living facilities are not required to provide or help with transportation.

The facility will provide the following optional services:

Yes No

- A. Provide transportation to medical appointments:
 1. With staff escorts.
 2. Without staff escorts.
 B. Help arrange transportation to medical appointments.
 C. Comments, limitations or details regarding transportation services:

We are happy to provide a ride to your local medical appointments. The hours of our transportation service are 8:00 a.m. to 4:30 p.m. If you need a ride before 8:00 a.m. or after 4:30 p.m., you will need to arrange for your own transportation.

We also have regularly scheduled trips to various shopping destinations, cultural events and other activities around town. Please check the calendar for the day and time for these trips, as well as for social events.

We do not provide private taxi service for our residents. If you would like to go somewhere not on our scheduled stops, you should make arrangements with your family, friends, taxicab, or Dial-A-Ride transportation.

9. Ancillary Services

The facility will have available either directly or by contract, the following additional ancillary services:

Yes No

- A. Social work services.
 B. Religious or spiritual support services.
 C. Other (specify) or comments:

We have very active Activities and Wellness Programs where residents can participate in activities and exercises to increase strength, agility, and balance; as well as exercises designed to maintain and improve mental acuity. In addition, we provide many opportunities for enjoying entertainment.

10. Services Related to Smoking

The facility:

Yes No

- A. Maintains a smoke-free community.
 B. Will permit smoking in designated outside areas consistent with Initiative 901 as specified in the resident's negotiated service agreement

11. Services Related to Pets

Pets allowed by the assisted living facility must have regular veterinarian examinations and immunizations, appropriate for the species, and must be free of diseases transmittable to humans.

The facility:

- A. Does not permit pets.
 B. Permit you to have pets under the following conditions.

Service animals are defined as dogs that are individually trained to do work or perform tasks for people with disabilities. Examples of such work or tasks include guiding people who are blind, alerting people who are deaf, pulling a wheelchair, alerting and protecting a person who is having a seizure, reminding a person with mental illness to take prescribed medications, calming a person with Post Traumatic Stress Disorder (PTSD) during an anxiety attack, or performing other duties. Service animals are working animals, not pets. The work or task a dog has been trained to provide must be directly related to the person's disability. Dogs whose sole function is to provide comfort or emotional support do not qualify as service animals under the ADA.

1. Under the ADA, service animals must be harnessed, leashed, or tethered, unless these devices interfere with the service animal's work or the individual's disability prevents using these devices. In that case, the individual must maintain control of the animal through voice, signal, or other effective controls.

2. A resident with a service animal will be asked to remove his service animal from the premises under the following conditions:

- the dog is out of control and the handler does not take effective action to control it
- the dog is not housebroken.

3. The required fee to be paid by residents with pets is waived for service animals. However, the resident is financially responsible for any damage caused by himself or his service animal.

4. The Washington Odd Fellows Home or its staff are not responsible for the care or food for a service animal.

12. Services Related to End-Of-Life Care

- The facility will support any advanced directives you may have or choices you may make regarding end-of-life decisions.
- The facility may not support all your advanced directives (explain):

13. Payments

Washington State law, RCW 70.129.030(4), requires the assisted living facility to inform each individual, or their representative, in writing, of the charges for services, items and activities customarily available in the facility or arranged for by the facility including charges for services, items, and activities not covered by the facility's basic per diem rate. Contact the assisted living facility for this information if not already provided.

It is important to note that because each assisted living facility structures its pricing differently, there may be additional charges associated with any service the assisted living facility provides or makes available.

14. "Bed Hold" Services

If you are a Medicaid resident and you need to be in a hospital, nursing home, or other rehabilitation facility or are otherwise away from our facility, we will hold your bed for you if you are likely to return to the facility and are eligible for a Medicaid covered bed hold for a period of up to 20 days:

If you are a private pay resident, the facility may choose whether or not to hold your bed during an absence.

When a resident is admitted to the hospital from the TLC, full rate is charged to hold their existing room. Residents or their families may elect to pay to hold the room while the resident is out of the facility.

For Medicaid residents, the State will pay to hold the room for 20 days provided the resident is able to return to the TLC after that period of time.

After the 20 days of Medicaid coverage has been exhausted, the cost of the hold-room rate becomes the obligation of the resident or family.

If residents are admitted to our Care Center during illness or injury, one-half rate of the usual rate is charged to hold their existing TLC room. A room can be held at 1/2 rate for a maximum of three months.

15. Medicaid Support

The facility:

- A. Does not accept Medicaid as a source of payment.
- B. Will accept Medicaid payments for any resident.
The facility has the following Medicaid contracts:
 - Assisted Living Services (ALS)
 - Adult Residential Care (ARC)
 - Enhanced Adult Residential Care (EARC)
- C. Will accept Medicaid payments only under the following conditions:

16. Fire Protection Services

The facility will have the following:

- A. Fire sprinklers throughout, in all resident and non-resident areas.
- B. Fire sprinklers in some, but not all areas (explain):
- C. No fire sprinklers.

17. Security Services

The facility will have the following security service to help protect residents with cognitive impairments and wandering behaviors:

Check applicable response:

- A. Restricted use of exit doors in a designated portion of the building designed to serve residents with dementia.
- B. Restricted use of exit doors throughout the building.
- C. Outside area available with restricted egress.
- D. Other protective features (explain):

The Washington Odd Fellows Home Assisted Living cannot admit or retain any resident who exhibits exit-seeking wandering behavior.

18. Scope of Licensed Services

This facility:

- Currently has an assisted living facility license for all resident rooms in the building.
- Does not currently have an assisted living facility license for all resident / tenant rooms in this building.
 - The room you will reside in is a licensed room that meets all licensing requirements.
 - The room you will reside in meets all contracted residential care services regulations.
 - The room you will reside in has exemptions to the room building requirements which include (explain approved exemption):

The number of residents receiving assisted living services cannot exceed the number of licensed beds.

- Oxygen services provided by the facility as follows (explain):
The Washington Odd Fellows Home may assist residents with coordinating and maintaining oxygen services.
- Hearing aid assistance consisting of (explain):
The Washington Odd Fellows Home may assist in coordinating and maintaining services, and may assist with managing daily wear of appliances.

Home / Provider: **Washington Odd Fellows Home**

For More Information

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For more information about -assisted living facilities in general, you may visit Aging and -Long Term Support Administration on the Internet at: <https://www.dshs.wa.gov/altsa/residential-care-services/information-assisted-living-facility-professionals>

The assisted living facility licensing rule is Washington Administrative Code 388-78A, and may be found on the Internet at: <http://www.leg.wa.gov/wac/index.cfm?fuseaction=chapterdigest&chapter=388-78A>

The assisted living facility resident' rights law is Revised Code of Washington 70.129, and may be found on the internet at: <http://www.leg.wa.gov/RCW/index.cfm?fuseaction=chapterdigest&chapter=70.129>