



## Fun Times in Assisted Living

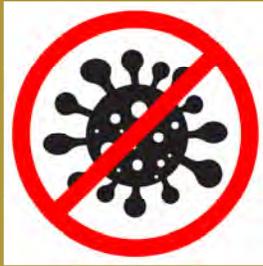
November 6, 2020 Edition

### COVID STATUS

We continue to be COVID free in Assisted Living both in our residents and staff. Our residents are healthy and well!

Please check our website for the most up-to-date information:

[www.oddfellows.com/covid-19](http://www.oddfellows.com/covid-19)



### VIRTUAL LOVE NOTES

Would you like to send a message to your Mom, Dad, Auntie, Uncle, Grandma, Grandpa? We've got an idea!! Mid-December, we will be hosting a virtual concert. Some of you may know that we changed our television provider recently. While transitions are bumpy, the new provider offers more selections, as well as a community channel where we can broadcast our own information into our resident rooms. Ergo the virtual concert that we are planning. But what we'd also like to do is broadcast some love messages from you. Just snap a picture of you holding a sign, banner, etc. with a message of love for your loved one. Send me the picture and voila, we'll provide the magic. I can't wait to hear the shrieks of laughter and love when they see your pictures come across their television screens.

### SPLISH SPLASH

When my kids were little and they would complain about the rain, I'd tell them it was just God washing the world clean again. Considering it has rained for the last 24 hours, and all that's happened in this past year, I'm wondering if that little fib I told my kids didn't have some truth in it after all.

They say it's all a matter of perspective - some people see the rain as dreary - but I happen to LOVE the rain. There are puddles to jump in, rain drops to try and catch on your tongue, mud to wiggle your toes in, and that rainbow at the end when the sun comes out again. It makes me speechless sometimes. There is beauty in all things. Even my less-than-beautiful rain-soaked hair-do today 😊

Am I rambling a bit? Probably, but I really do like rain. Don't get me started on the beauty of snow, I'll never stop typing 😊 Those moments, right after the rain, when the world is fresh and clean, it's like a do-over moment. It's a moment that lets us reframe and start fresh. After this past year, let's take that opportunity. When the rain stops, step outside and take a deep breath of that fresh, new, clean air. Then go forward with a fresh, cleanly-washed, new perspective. But until then . . . . kick off those shoes and go find a puddle, take a big jump and see who makes the best splash!

Blessings,  
Kari Randall, MSW  
Director of Assisted Living

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*“Raise your words, not your voice. It is rain that grows flowers, not thunder.”*

*~Rumi*

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## I'LL TAKE A COOKIE PLEASE

Thank you to Girl Scout Troop #492 from Dayton. They thought our residents might enjoy some of their girl scout cookies. Instead of selling them, they brought this cartload of cookies to be shared amongst our residents. The girls told their troop leader that they knew this was a difficult time for our residents. They thought the cookies might lift their spirits! I can't even tell you how much their gesture warmed my heart – especially when I saw residents munching on cookies while sipping some coffee, all while having a giant smile on their faces. If you happen to know one of the young ladies in this troop, please take a moment to shower them with gratitude! They delivered so much more than cookies that day!

## BREAKING BREAD TOGETHER

This morning we had our first cooking class in months. The smells as I walked down the hall were magnificent! Lisa, our Activities Director, has started a recipe box where the staff and residents can drop in their favorite homemade treat. This week the recipe she chose was fresh bread. That is comfort food 101 right there! If you have a recipe you'd like to share, please let Lisa or me know. Happy Cooking!!



## LAND OF THE FREE BECAUSE OF THE BRAVE

I'd like to take a moment as we close this week to remember our veterans. Next Wednesday is Veterans Day. As I've said so many times before, things are going to look a little different this year. There won't be a Veteran's Day Parade. We are blessed to have eleven veterans in our Assisted Living. Please join me in raising a salute to these fine men and women!



Jimmie Chaney  
US Army



Ben Vegors  
US Air Force



Bernice Mock  
US Navy



Stan Neitling  
US Navy



Mickey Otto  
US Navy Waves



Chuck Lenfesty  
US Army



Louis Razzolini  
US Army



Blayne Barnhart  
US Army



Helen Acock  
US Army



William Piatt  
US Army



LeRoy Wilson  
US Navy

