



## Fun Times in Assisted Living

November 13, 2020 Edition

### COVID STATUS

We continue to be COVID free in Assisted Living. Our residents remain healthy and well!

Please check our website for the most up-to-date information:

[www.oddfellows.com/covid-19](http://www.oddfellows.com/covid-19)



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*“She stood in  
the storm  
and when  
the wind did  
not blow her  
way, she  
adjusted her  
sails.”*

~

*Unknown*

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### GATHERING TOGETHER

This is a difficult letter to write to you all. It wasn't but a couple of weeks ago when I truly identified with your struggles and realized what heroes you are. Yet it feels as though what I'm telling you now is the hardest thing I've had to tell you to date.

We are approaching Thanksgiving. Some of you have called and asked if you can take your loved one's home for Thanksgiving dinner. I am **BEGGING** you not to do this! I sat on a call yesterday with our local medical community and am still sick to my stomach over the information I learned. We have facilities in this valley who are experiencing severe outbreaks, people have died in these outbreaks. Loved ones lost! Walla Walla County has the highest per capita spread of any county in the state of Washington. I am advising you to not take your loved one home for the holiday. Is one day in time worth something catastrophic?

The latest trend in infection spread appears to be coming from small social group gatherings (such as Thanksgiving dinner). Why? Because we relax. We take off our masks. We hug Grandma. We pass the mashed potatoes around the table then sit down to a game of cards. All of this spreads the virus. This virus spreads even when we don't know that we are sick. Some people who carry the virus never feel ill at all. Then what happens when dinner is over. Your loved one returns to our facility. Our sister facilities in the valley who are struggling right now are proof that even with the best infection control practices spread can still happen and people still die.

What I'm telling you is horrifically painful, but please, please, **PLEASE** don't even consider taking your loved one home for the upcoming holidays. It's not just your loved one that gets put at risk. It's also the 300 others that live on our campus as well as the 250 staff that take care of them. Please stay home. Please let's stay the course. We've come this far. Please don't stop now!

Blessings,  
Kari Randall, MSW  
Director of Assisted Living



## REMINDERS



I think I've shared with you that we have some Odd Fellows Paparazzi that wander around snapping random pics throughout the week. Without them, I'd never be able to make this newsletter happen. This week, this picture to your left showed up. This has to be my very favorite picture out of all of the newsletter pictures. How many times have you gotten to your car and had to stomp back into your house because you've forgotten your mask?? This picture speaks volumes to me. First it made me chuckle. Next it made me think. And finally, it made me sad. How did we get here? I don't know who this mask belongs to, but what I do know is that the person who wrote that on the door handle cares enough about the others in our facility to put a note on their door to remind them to make sure they have their mask. It's that spirit that will carry us through this chaos. My friends – remember your mask ❤️

## HOW DO YOU SPELL THAT??

Throughout the past months as I've shares our facility happenings with you, I've told you that bocce' ball and bingo are our two most popular activities. Coming in a VERY close second to those two activities is the Wii. Yep, we are still Wii lovers 😊 The residents love it. I had always thought the active Wii games would be of a bigger interest. Now Wii bowling is kind of a big deal, but it's the puzzles and games that draw the biggest crowds. Wheel of Fortune and Brain Games are HUGE hits around here. So, if you hear your loved one ask you if they can buy a vowel, you'll know we've been playing games 😊



## BUNDLE UP

Who turned off the heat???? I think we bypassed fall and went straight to winter this past week. It's downright crisp in the mornings. It might be getting darker a little earlier. Jack Frost might be nipping at our noses, but what hasn't changed? Our folks LOVE to go outside!! That fresh air, chatting with a friend, or just soaking up the sun. So, bundle up cause old man winter is knocking at the door.



## RANDOM BITS OF SUNSHINE

