



Fun Times in Assisted Living

March 26, 2021 Edition

COVID STATUS

We remain COVID -free in both in our Assisted Living and our Care Centers as well.

Please check our website for the most up-to-date information:

www.oddfellows.com/covid-19



“I left the light in my heart on in case you ever wanted to come back home.”

~Lennon Hodson

COMING HOME

When I was 6, we moved to Alaska. Our entire extended family lived here in the Walla Walla/Pendleton area. It was just my Dad, Mom, my dad’s best friend, my dog and me. When we left, we left our entire support system. For a six-year-old, it was an AMAZING adventure. I’m not sure my mom would describe it that way though 😊 Our family and friends would come to visit, we’d take them fishing and exploring. It was a magical time.

Then it came time to send our family and friends home again. I still remember those trips to the airport. I’d cry the whole way there, the entire time we were at the airport and the whole drive home. By the way, we lived 45 miles away from the nearest airport so we are talking about some serious tears here. But I’d cry because when whomever was visiting left I knew it would be at minimum of 6 months, most often a year, before I would see them again. I had my friends in Alaska and loved every minute of my time there. But it was hard to be away from my family for that long. Then we’d fly home or they’d come back again and we’d hug like you could never pull us apart.

If I had to guess you know where I’m going with this. What we have all been through this past year has been incredibly painful. No one envisioned it would be this long or this distant. But we’re on the plane my friends, we’re headed to that airport. It’s time to see the people we love once again. And if we can, OH THE HUGS!!

I learned at a young age not to take the time I had with the people I love for granted. That time was precious and flew by. When next week comes, just promise me you’ll soak up all the love you can and that you’ll learn something from this pandemic – never take anything for granted! Nothing, not one single second. Love the people you love like you won’t see them again for another year and savor every single second!!

Blessings,
Kari Randall, MSW
Assisted Living Director



HONEY I'M HOME!!!

Monday will be March 29. The day we promised to have our campus ready for visitation once again. It's been a busy week preparing, but we're here! Your loved ones are anxious to see you again. To hug you if they can but more than anything, just spend some real in person, face to face time with you. Because our original closure was at the direction of our Governor, our opening was contingent on his authority as well. But here we are. I honestly don't think I was this nervous when I had my children. To make this happen, we were required to establish a visitation policy that our campus could handle and to designate the quantity of visitors we have on campus at any given point in time. We've developed that and I'm sharing it with you below. PLEASE READ THIS!!! It's important and will address many of your questions. It's also imperative that you follow this policy. If any of our visitors violate it, the Governor requires that person to be suspended from visitation for 30 days. We've taken the care of your loved ones incredibly seriously in this past year. We ask that you please take your responsibilities during visitation just as serious. And as always, reach out to one of us if you have any questions.



- Regardless of vaccination status, outdoor visits are preferred and there is no limit to the number of visitors for an outdoor visit as long as social distancing requirements can be met.
- Unvaccinated residents may only visit with a vaccinated visitor; vaccinated residents may visit with an unvaccinated visitor; unvaccinated residents and unvaccinated guests may not visit indoors.
- If the visitor and the resident intended to be visited are not vaccinated, please call to schedule an outdoor visit, window visit, or a virtual visit. **It is a violation of the Governor's Proclamation for visitors to visit if they are unvaccinated and the resident is unvaccinated.**
- Well-fitting face masks are required for both visitor and resident at all times. Well-fitting face masks are defined as covering both the mouth and nose with no gapping or drooping.
- Hand hygiene is required before and after visits.
- All visitors will be screened for signs & symptoms of COVID-19, temperature check, and whether there has been close contact with a COVID positive person. Entry will be denied to those that fail screening.
- Visitors must acknowledge they have reviewed the notice about unvaccinated visitors and that it is a violation of the Governor's Proclamation to visit an unvaccinated resident if the visitor is also unvaccinated.
- Indoor visits:
 - Indoor visits can be accommodated Monday – Friday from 8:00 am until 5:00 pm, and on Saturdays from 8:00 am until 2:30 pm.
 - For residents in private rooms, indoor visits are **limited to two persons**, and should take place in the room.
 - For residents who share a room, visits will occur in the room as long as both residents are completely vaccinated, and the roommate agrees. Residents with roommates are **limited to one visitor at a time** in order to comply with infection control guidelines.
 - Visits are allowed only for residents who have been fully vaccinated, or when the visitor has been fully vaccinated.
 - Fully vaccinated means that 14 days have passed since the final vaccine dose.
 - Visitor should go directly to the visiting area for their resident.
 - Because of Social Distancing concerns, we prefer that visitors use stairs rather than elevators.
 - Visitors should go directly to the designated visiting area, limiting movement through the facility. Any questions for staff should be addressed by phone or email after the visit.
 - Indoor visits are limited to 45 minutes.



Your cooperation in maintaining infection control protocols, including handwashing, social distancing, and wearing masks is imperative. If COVID-19 finds its way into the Odd Fellows Home, residents will be subjected to quarantine, and all visitation will cease for at least one month.

BABY IT'S STILL COLD OUTSIDE

An Activities Program that was incredibly popular last year was our "Outdoor Time with Dee". Our Activities person Dee would supervise the time the residents were outside and the residents just got to go and enjoy the outdoors knowing that staff were right there if they needed anything. With the sun peeking its beautiful smile out, we restarted our Outdoor Time with Dee. But what we found is that even with that pretty sun, it's still a might chilly outside just yet.



A LITTLE OF EVERYTHING

From Hymn sing a longs to happy hour, this week has seen a little bit of everything this week. But it has been a beautiful week full of anticipation and excitement. We've done our best this past year to entertain and show love to the people you hold dear. But we're no match for the real you. They've enjoyed the activities but you can feel a buzz in the air. Hold on a couple more days! We're almost there!



CHEERS TO YOU ALL! WE'LL SEE YOU MONDAY!!

