



## Fun Times in Assisted Living

July 30, 2021 Edition

### COVID STATUS

Our residents continue to remain healthy and well. We did have another employee case of COVID this week. We have again completed 2 rounds of resident and staff testing with no further cases to date. As a result, our visitation restrictions must continue.

Please check our website for the most up-to-date information:

[www.oddfellows.com/covid-19](http://www.oddfellows.com/covid-19)



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*“I AM  
W.E.I.R.D  
Wonderful  
Exciting  
Interesting  
Real  
Different”  
~Anonymous*

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### STAY WEIRD

I am parenting teenagers. If you could see me in person, my hair is getting grayer by the second. If you parented teenagers yourself, or were once a teenager, you’ll remember the journey. I’ll admit, I’m blessed with really good kids but wowzers! It is a definite roller coaster ride.

My daughter recently purchased these shoes. They are black canvas high tops that say “Stay Weird” on the side in big white letters. I absolutely love these shoes. They are the culmination of a very bumpy road thus far in a teenage life. These shoes are the physical representation of self-acceptance. Learning to love one’s self and it being OK that you are different from the person setting next to you.

We have a friend who will randomly say “Ride your ride.” Each person’s ride in life is vastly different from the person standing next to them in line at the grocery store. We don’t know each other’s past, present or future. We don’t know their pain and sorrows, their joys and triumphs. We just see them in the right now.

I personally HATE standing in line at the grocery store, well standing in line period. I don’t hate it because I have to wait, I hate it because I’ve always thought people were staring at me. I would be happiest sitting in a closet somewhere instead of being in the public eye. Now my rational brain knows that the people in line at the grocery store don’t give two hoots about me. Well, maybe they do when I have a giant cart full and am holding up the line. But most times they couldn’t care less if I am dressed in a perfect suit or standing there in my bathing suit (OK – never go to the store in your bathing suit, trust me!)

In our current stage of life, people are sensitive, people are observant, people are opinionated. People seem incredibly entitled to share with you their opinion of you. But if their opinion is negative or maybe just different from yours – who cares? Let their words roll right off of you like they were never even said. You keep riding your ride, your way. Remember, you are the very best you that this world will ever know. And stay weird, it makes the ride a lot more fun!

Blessings,  
Kari

## UNDER CONSTRUCTION



I know it wasn't planned this way, but the timing couldn't have been better. For those of us with a window facing the Mill Creek Channel, we have been able to watch some really exciting stuff start happening this week. They are reconstructing the Mill Creek Channel to make the fish passage easier. They are adding a textured surface to slow down the movement of the water and added resting pools for the fish. It's been remarkable to watch. I will admit that concrete cutting saws are LOUD! But in the end, it will all be worth it if it makes a better environment for our fishy friends.



## PEDICURES ANYONE??

We are so fortunate to have Dr.'s Cornia and Robinson from the Walla Walla Clinic Podiatry Department come to visit us regularly. Our residents have the ability to receive top quality podiatry care in the comfort of their own homes. No long bus rides or time spent being bored in a waiting room. Here you even get entertainment while you wait. Today's special was the Little Rascal's movie. Those kids! (And I'm referring to both the young and older versions 😊)



## NEVER A DULL MOMENT

I don't know if you recall last week or not, but I mentioned the new found interest in games. Rummikub, Skip Bo, Dominoes, Trivia, Poker, etc. Well, the theme continues this week with even more games. As the weather has been so hot, we've tried to concentrate our activities more in house than outside. In the first picture below are Belle and Margaret, neighbors and friends. These two women got to giggling right after this picture was taken. I don't even remember what they found so darned funny, but what I can tell you is that these two women have the most beautiful, joy filled laughs that I have ever heard. The sound of their laughter was so beautiful! Take their lead, play a game with your family or friends. But don't take it to seriously, laugh a little 😊



## VISITATION

I'd haphazard a guess that you are all wondering when we will be able to reopen to in person visitation. Me to! With the continuation of positive employees, we are not able. We are seeing positive cases in both vaccinated and non-vaccinated staff. We are following closely with our Local Health Jurisdiction and the Washington DSHS Long Term Care Safe Start Plan. But what really needs to happen is for our county covid spread rate to lessen. We sincerely wish we could be open right this minute, but rest assured we will open as soon as we are able. Until then, thank you so much for your patience.