



Fun Times in Assisted Living

January 15, 2021 Edition

COVID STATUS

We continue to be blessed with no COVID positive residents or staff in our Assisted Living

We do have two remaining residents recovering in our Care Center and we wish them well!

Please check our website for the most up-to-date information:

www.oddfellows.com/covid-19



*“Your mind
will always
believe
everything
you tell it.
Feed it faith.
Feed it truth.
Feed it with
love.”
Unknown*

EAT YOUR VEGGIE’S

Did your Mom every say to you “Remember to eat all your veggie’s!” When I was young, there was something about green colored vegetables that like to did me in at every meal. I’d hear my mom say “Remember . . .” and involuntarily my stomach would roll. Because I didn’t like my veggies (thought in my young brain while frowning and kicking my feet under the table)!!

Fast forward a few decades and veggies are now one of my fav’s. Maybe my mom knew something I didn’t. Hmmm?? OK promise you won’t tell her she was right okay? 😊

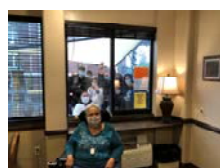
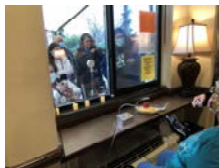
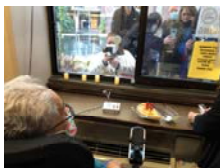
What is all my rambling getting at??? We are MEAN to ourselves. We see every single flaw and fault in ourselves. Why is that?? Our TLC Team had the sincere privilege of meeting with several people in the last two weeks who were interviewing for our recently opened Social Work position. I asked everyone the same thing – “What is your biggest weakness and your greatest strength?” Ever single person could tell us their weakness instantly but had to put some thought into it naming their strength.

Does any of that ring true to you? It does to me. I can give you a laundry list of my faults, but my good points are harder for me to name. With this new year, let’s each of us feed ourselves our veggies. Let’s tell ourselves every day good things about ourselves. Let’s feed ourselves faith, truth and love. We’re growing humans here people, let’s grow the best one’s we can!

Blessings,
Kari Randall, MSW
Director of Assisted Living

BELATED BIRTHDAY WISHES

Over the holidays, one of our own had a birthday that I missed celebrating with all of you. Happy Birthday Helen Perrin! Although the birthday wishes are a little late, they are filled with love and best wishes for the coming year!!





HAPPY NEW YEAR

Do you know what happens when you take a few vacation days around a holiday? You miss opening an email with some AMAZING pictures of our residents. OOPS!! I apologize that these are a couple of weeks late, but I'm including them now because they are ADORABLE!! Once again, the pandemic pushed us to celebrate ringing in the New Year in a little bit of a different way than we have in the past. Our creative Activities Department made a photo booth as a fun way to celebrate. Here is the result . . .



ALWAYS ABLE TO GIVE

Over the holidays, our little facility experienced the incredible generosity of our community as strangers showered our residents with gifts both big and small. We were awestruck by all the generosity. But it's also incredibly rewarding to give. Our Activities Director, Lisa, has a passion for giving back to our community. You'll see the residents helping Lisa sew fleece hats for children in our community in these pictures. The program is called "Hats for Kids" and is done in coordination with the Family Medical Center and our local W.I.C program. We are a community, we rally and take care of our own, both the small and the not so small. It is with a warm heart that I share with you our Hat's for Kids project.



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