



## Fun Times in Assisted Living

December 11, 2020 Edition

### COVID STATUS

TLC is happy to report no positive residents in our Assisted Living. We have one staff member quarantining out of caution. Our residents remain healthy and well!!

Please check our website for the most up-to-date information:

[www.oddfellows.com/covid-19](http://www.oddfellows.com/covid-19)



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*Cheer up  
Dude. It's  
Christmas!  
~ The Grinch*

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### GRINCHY

“The term Grinchy shall apply when Christmas spirit is in short supply.” At least that is according to Mayor Augustus MayWho in the movie “The Grinch”.

Feeling a little short on Christmas spirit? Christmas used to be my holiday. I celebrated the entire month. I wore ugly Christmas sweaters way back when ugly Christmas sweaters weren't a thing. I baked cookies, sang carols till I was hoarse, and drove everyone around me bonkers with Christmas cheer.

Somewhere along the line Christmas became a lot of work. You might say I developed a little Grinchiness in my soul. I sat there one Christmas a couple of years ago crying my eyes out having a good old fashioned Christmas melt-down wondering how did it go from fun and merriment to so much work???

Because I let it get there! I let it get hard! I let myself get trapped by having to make Christmas perfect for everyone around me. Christmas isn't perfect. To quote Cindy Lou Who (are you catching my theme here?) “Maybe Christmas perhaps doesn't come from a store. Maybe Christmas perhaps means a little bit more.”

Christmas does in fact mean so much more than a perfect picture on a card or perfectly wrapped presents under a perfectly decorated Christmas tree. Christmas is a feeling. It is love, kindness, gentleness, giving, help for each other and celebration. If your house is like mine, Christmas looks a little different this year. But it doesn't make it any less Christmas. Together or apart, we are all still family. We can still be together in our hearts this Christmas. Let's be like the Grinch and let our hearts grow 3 sizes this Christmas.

Blessings,  
Kari Randall, MSW  
Director of Assisted Living





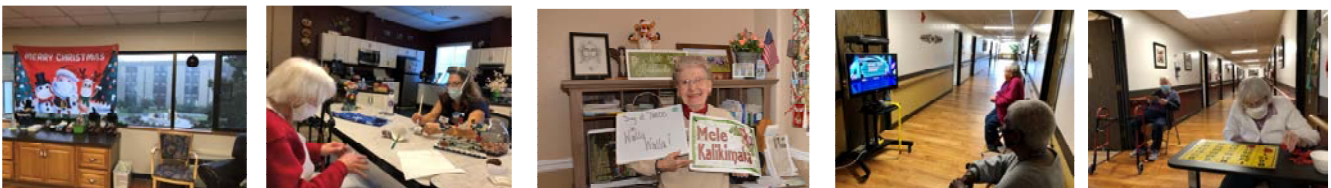
## ADVENT

It's important to meet our resident's physical needs. But what about their psychosocial and spiritual needs? Yep, equally, if not more important. As has been our theme for much of this year, a little creativity goes an awfully long way (Thank you Dee!). Out of this is born our Advent cart. Advent is an important celebration for so many of our residents. But again, we're in a time where we can't gather in groups. It might sound a little goofy, but the looks your loved one's faces when this cart wheels into their rooms, priceless!! We try to be sensitive to each of our residents, so some of your loved ones may not have experienced this cart out of their preference. And that is okay, but for those not able to attend group church this season, we wanted to bring Advent to them.



## A LITTLE TINSEL, A FEW LIGHTS, AN ORNAMENT OR TWO

As I shared with you last week, we did have a potential exposure from one of our staff members. The staff member is recovering well, and our residents have remained safe. But what this has meant is that our activities have been a little quieter this past week. So, enjoy some pictures of a little tinsel, a few lights and an ornament or two. . . .



## A CHRISTMAS MYSTERY SOLVED

Our amazing Activities Department created our own Winter Wonderland. Even though we can't go out, we can experience some of the lights and joy here. There is such a sense of peace and wonderment as you walk the lighted path. If you'd like to experience it for yourself, go to our Facebook page for a video. It is magical beyond what I could ever describe.

