



Fun Times in Assisted Living

COVID STATUS

We have three positive employees in our assisted living. One non-direct care and two direct care staff. This is unchanged from last week. All of our residents potentially exposed tested negative for COVID-19. Our employees continue to recover at home and have not returned to work.

Please check our website for the most up-to-date information:

www.oddfellows.com/covid-19



CAN YOU CONTROL IT?? 😊

I have trust issues! I've had trust issues since I was little. Turns out a trust fall activity won't always help you learn to trust. Especially when, instead of falling into the arms of the people waiting to catch you, you freak out and slide down the tree like a fire pole leaving WAY too much skin behind you. I am the helicopter mom that makes teachers cringe. I'm also the helicopter daughter of a medically fragile mom. I am THAT daughter. I swear the nurses at the hospital duck and hide when they see me coming. But I'm also that daughter that stays at the hospital all night long because I just need to lay eyes on my mom after another event to make sure she survived. Because, I don't trust that someone else will take as good of care of her as I will.

Last week I sent an email telling you about our potential COVID exposure to our residents. Instantly I received some messages back with people worried about their loved ones. I pondered for a bit. What would I do if the roles were reversed? Would I trust you to care for my mom if I couldn't lay eyes on her?? You are a brave and trusting group, my friends. It is hard to hand the people you love most in your lives over to another for care.

We have a phrase in our family. It's, "I got your six." Meaning, I've got your back. We whisper it to each other when we see that one of us is feeling a little untrusting. My friends, we here at Odd Fellows have your six!! We will love and care for your treasured family as if they were our own. We will watch over them, shower them with love, laugh with them and hold their hands until you are able to. Why? Because that's what families do! I know trusting others is hard. Believe me, I KNOW! But we'll trust you, if you'll trust us.

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"I learned that courage was not the absence of fear but the triumph over it. The brave man is not he who does not feel afraid but he who conquers that fear." – Nelson Mandela



THE FACES OF ODDFELLOWS

Along the lines of trust . . . I thought it might help if you could see some of the faces of the people caring for the people you love the most. From the unseen to the front row, we have people working at all stages to make things flow.



A LITTLE OF THIS AND A LITTLE OF THAT

We had a random smattering of different activities this week. From Bingo to chair exercise, to walks outside, to a little hallway shopping cart action. Spirits are good and people are happy. Yes, they definitely miss you!! I've said this before, but I'll say it again. This is the strongest group of human beings I have ever met. They are just digging deep and taking care of each other along this bumpy COVID road.



NEVER TOO YOUNG TO BE THE FLOWER GIRL

I'd like to introduce you to Violet. She was to be the flower girl in her granddaughter's wedding this weekend. Because of the COVID restrictions she was not able to. So she became the virtual flower girl - with a little help from technology, she will "be" at her granddaughters wedding this weekend. Violet, you are the most beautiful flower girl EVER!!!



TLC Charge Nurse Cell Phone

(509) 520-4664

This phone is manned 24hrs/day