



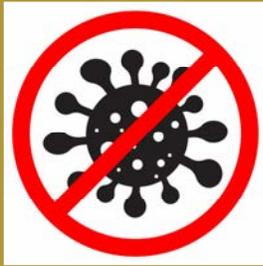
## Fun Times in Assisted Living

### COVID STATUS

Another week with good to report. We have no COVID+ cases in our ALF. All of our residents and staff remain healthy and well!

Please check our website for the most up-to-date information:

[www.oddfellows.com/covid-19](http://www.oddfellows.com/covid-19)



### HORTON AND THE GRINCH ARE ASLEEP 😊

I love Dr. Seuss's work. *Horton Hears a Who*, *The Grinch*, *The Sleep Book*, *One Fish Two Fish Red Fish Blue Fish*, *Fox in Sox*, *Green Eggs and Ham*. The list goes on. First, they are just SUPER FUN books to read! All the rhyming and tongue twisters. But somewhere in all that fun are messages of care, kindness, acceptance and being a better you. So yes, I'm a Seuss fan.

This week's quote is from Dr. Seuss. I have a shortened version of this quote directly in front of my desk. I read it daily. When something happens and I don't understand why or when I have to work through something challenging, I look up and remind myself that while I may not understand it now, someday I will. Could there be a better message for our lives today?

COVID, Hurricanes, Riots, Elections, YIKES!! There is a lot happening in our world today. I don't know about you, but somedays I handle it all better than others. In fact, this week I threw an all-out temper tantrum over some new Covid restrictions. Fortunately, no one witnessed it, because there is nothing pretty about a middle-aged woman throwing a temper tantrum 😊. But when it was over, it was time to deal with the situation. I didn't have to like it, I just had to make it work. I kind of think that's where many of us are at. We don't have to like the world right now, but we do have to live in it. So, let's take a listen to Dr. Seuss and remember that even if it doesn't make sense today, it will, in time.

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*Life's too short to wake up with regrets. So love the people who treat you right, forgive the ones who don't and believe that everything happens for a reason. If you get a chance, take it. If it changes your life, let it. Nobody said it'd be easy, they just promised it would be worth it."*

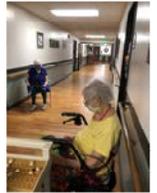
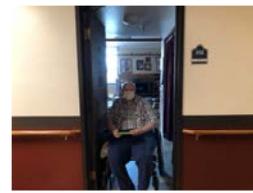
*Dr. Seuss*

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## I'VE GOT A BINGO!

Whenever we new staff orient, I tell everyone of them. “Don’t mess with BINGO!” Don’t schedule anything during BINGO times, make sure everyone is ready, shoes on, shirts button, medications given. Because under NO CIRCUMSTANCES should one interrupt BINGO. Our residents take this game seriously! Hallway BINGO has become one of our new favorites. I smile when I watch them gather in their doorways to play. But what I think I love the most about it is that hallway BINGO is softer. There’s no corrections across the room because someone marked a wrong number. It’s more fun than competitive now with people helping each other along. It’s community!



## US 😊

Here is more of us. The faces of the people keeping things rolling here in Assisted Living. These are the individuals watching over the people you love most in the world. There are some new faces and some familiar faces. There is an old Kenny Rogers song that talks about a man who made a life “out of reading people’s faces”. That is true, you can tell a lot by looking into someone’s eyes. So here are more of our faces. We’re pinch hitting for you and being the hands on for the people you hold dearest until you can lay hands on them again yourselves.



## OUTDOOR VISITS

Outdoor visitation has become a real thing! We have had a soft start on our outdoor visitation program to help us work the “kinks” out of things before we announced it to all. BEFORE YOUR RUSH HERE . . . like everything surrounding COVID, there are rules. First and foremost – these visits MUST BE SCHEDULED in advance! Visitation must be supervised by a staff member so it has to be prearranged, and there is no expectation of privacy, these visits happen outside. We have set visiting hours, a designated visiting location and a time limit as to how long the visit can last. Visits are also restricted to two visitors at a time, and at this point children aren’t able to come. We are able to provide outdoor visits Monday-Friday from 9:00am-12:00pm and 1:00pm-3:00pm. This allows us the time to be able to properly sanitize things between visits. The visitation area is set up so that there is the required amount of distance between the resident and guests. We cannot scoot tables closer or rearrange the setup. Please check out our COVID tab on our website for a full list of the requirements for a visit BEFORE you call to schedule. [www.oddfellows.com/covid-19](http://www.oddfellows.com/covid-19) If you’d like to schedule time with your family member, just give us a call at (509) 525-6463. Please know that at this time we are not able to supervise weekend visitation, visits must take place during the allotted business hours. If you find that the outdoor visitation does not work for you, we still have virtual visits and window visit options available.

## THIS AND THAT

Sometimes random things are just what the Dr. ordered. This is a collection of photos from the week that are random. But each one warms my heart a little bit more. They don't fit with a specific headline; they are just how life is being lived here at the Odd Fellows right now. It's in the moment. I hope you enjoy this little collection of "This and That" as much as I do!



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