



Fun Times in Assisted Living

COVID-19 STATUS

We remain COVID-free here in Assisted Living. We continue to be healthy and well!

Please check our website for the most up-to-date information:

www.oddfellows.com

Click on the COVID-19 tab on the right for the most recent facility updates.

Happy Friday 😊

Several years ago, my youngest decided that she wanted to try gymnastics and acrobatics. I told her if that was what she wanted she should go for it. Every parenting book tells you to encourage them to set goals, right? To my surprise, she’s done it! Who knew?! What we’ve learned along the way is that John Wooden’s quote is true. “Flexibility is the key to stability.” Early on she kept getting injured, but as she has grown in her strength and flexibility, her abilities have improved significantly and her injuries have considerably less.

There is a lesson in this for our present time. We have been forced to be flexible. Over my years in long term care, the one thing that residents abhor more than anything is change. But you know what, each resident has plowed through each and every change that has been thrown at them with both grace and determination. These beautiful residents continue to teach me every day. Be flexible, be strong, and be stable!

Kari Randall, MSW
Director of Assisted Living



“Flexibility is the key to stability.”

- John Wooden



Artwork courtesy of Margaret N.

REFEREE DAY

This Thursday we celebrated referee day. Our own official Bocce referee roamed the campus and referee’d a different kind of game. Flags were thrown on the play and some people might have been thrown in the penalty box, but a good time was had by all. It’s amazing how simple, silly things can brighten up a day. There was so much laughter as our own Dee Haun dressed in her referee costume, wandered the halls, and hosted a bingo game. There is some debate as to if there will be more dress up days in the future? Stay tuned . . .





Artwork courtesy of Bernice M.

“I OWE MY SOUL TO THE COMPANY STORE . . .”

I was reminded of Tennessee Ernie Ford song “Sixteen Tons” when I first saw our new shopping cart. Once again, “Flexibility is the key to stability.” It is much more difficult for our residents and many of our family members to make trips out to the store for needed “sundries.” That being the case, our creative and flexible Activities Team developed the Odd Fellows Shopping Cart. Loaded up with things that our residents might need, they made the rounds knocking on doors. What fun to see everyone’s surprised faces when the store came to them 😊



CHOCOLATE PLEASE!

My Grammie used to say that chocolate really does make everything better. Our transportation driver Gail visited each of our residents and found out their favorite kind of candy. After some strategic shopping, she was able to find just the right treat for each resident. So many smiles and such genuine joy was seen as they were handed out to each person. I guess my Grammie was right on this one 😊



OTHER “ODD” WAYS WE’RE PASSING THE TIME

